THE LAND OF THE MIDNIGHT SUN

Summer and Winter Journeys through
SWEDEN, NORWAY
LAPLAND AND NORTHERN FINLAND

BY

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AUTHOR OF
"EXPLORATIONS IN EQUATORIAL AFRICA" "A JOURNEY TO ASHANGO LAND"
"STORIES OF THE GORILLA COUNTRY" ETC.

WITH MAP AND 233 ILLUSTRATIONS

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THE LAND OF THE MIDNIGHT SUN.

CHAPTER I.


How great the contrast between summer and winter in the beautiful peninsula of Scandinavia — "the Land of the Midnight Sun!" In December, in the far North, a sunless sky hangs over the country; for the days of continuous sunshine in summer there are as many without the sun appearing above the horizon in winter. During that time, even at the end of December, which is the darkest period, when the weather is clear one can read from eleven A.M. to one P.M. without artificial light; but if it is cloudy, or snow is falling, lamps must be used. The moon takes the place of the sun, the stars shine brightly, the atmosphere is pure and clear, and the sky very blue. The aurora borealis sends its flashes and streamers of light high up towards the zenith; and there are days when the electric storm culminates in a corona of gorgeous color, presenting a spectacle never to be forgotten. I have travelled in many lands, and within the tropics, but I have never seen such glorious nights as those of winter in "the Land of the Midnight Sun." The long twilights which, farther south, make the evening and morning blend into one, are here succeeded by long dark nights and short days.

All nature seems to be in deep repose; the gurgling brook is silent; the turbulent streams are frozen; the waves of the lakes, upon which the rays of the summer sun played, strike...
no more on the pebbled shores; long crystal icicles hang from the mountain-sides and ravines; the rocks upon which the water dripped in summer appear like sheets of glass. The land is clad in a mantle of snow, and the pines are the winter jewels of the landscape. Day after day the atmosphere is so still that not a breath of wind seems to pass over the hills; but suddenly these periods of repose are succeeded by dark and threatening skies, and violent tempests. On the Norwegian coast fearful and terrific storms lash the sea with fury, breaking the waves into a thousand fragments on the ragged and rocky shores. Under the fierce winds the pines bend their heads, and the mountain snow is swept away and to immense heights, hiding everything from sight.

We will wander together, kind reader, all over the land—over snow-clad mountains, hills, and valleys, over frozen lakes and rivers—at times drawn by those “swift carriers of the North, the reindeer;” we will skirt the frozen Baltic, and go as far as the grand old cliff of Northern Europe, the North Cape.

On a dreary December day I was near the Norwegian coast, bound for Christiania. The weather was very stormy, the wind blowing a gale from the south-east; snow, hail, and sleet fell alternately. We were nearing the desolate coast, to be wrecked on which was sure destruction. We steamed slowly; the anxious and watchful eyes of the captain and of the pilot were turned in the direction of the land, and we all listened for the sound of the roaring breakers. We had on board, as passengers, a dozen sturdy Norwegian captains, who were going home to spend their Christmas; these men knew every inch of the barren shore. We supposed ourselves but a few miles from the city of Christiansand, our first stopping-place, and every time there was a lull in the storm all eyes were strained to get the first glimpse of the land. Just at noon the sky cleared, and the snow-clad mountains came into full view. The engines were stopped, to give the pilot time to reconnoitre. It was very difficult at first to make out the land, on account of the snow, but after a little while we found that we were abreast of the city. The captain could not have been more correct in his calculations; and we finally
anchored before the town, completely sheltered from the outside sea and the gale.

After a short stay we left for Christiania. A marked change had taken place in the weather, which had become much milder; the wind had ceased, and it was getting foggy, so that the voyage became tedious. Fogs are prevalent on the fjords in winter and early spring, and days are sometimes required for a passage which in clear weather consumes only a few hours.

We lay at the entrance of the Christiania fjord until we saw the light-house of Ferder, and then slowly continued our way, stopping, slackening, or increasing the speed of the steamer as circumstances would permit. The end of the fjord was frozen for a few miles, the ice being nearly two feet thick; but a passage for the steamers had been kept open by means of steam ice-boats, which are kept constantly running. The water of Christiania fjord, on account of its position at the end of the Skager Rack, is colder in winter than that of the other fjords of Norway, the influence of the Gulf-stream being less felt. Navigation is generally closed at Christiania until March, though in very mild winters it sometimes begins later and ends sooner, and vice versa. The vessels were dismantled and imprisoned in the ice; people were walking to and fro on the frozen surface, some making their way on skates, others were moving on kelke (a little hand-sleigh), the occupant of which pushes himself along with two sticks, shod with pointed iron. At times several were racing with each other, or with the skaters, who were also going home. The men were busy cutting ice, a great deal of which is exported.

The city in winter has a quiet appearance, even when the Storthing is in session and the court is present. The quays are silent, and the numerous coasting steamers, with the loads of passengers, are missing, the travelling season being over. The hotels are deserted, and the amusements are few; now and then a concert takes place, or a theatrical company makes its appearance, and then the theatre is crowded every night. The skating places in fair weather are filled with young people, while children amuse themselves, as in America, by coasting down the hills.
CHAPTER II.

Christmas.—Festive Preparations before the Holidays.—Christmas-eve.—Feeding the Birds.—Even Animals are more Bountifully Fed.—Early Christmas Morning.—Some strange Old Customs.—The Festival in Christiania.—Dancing Round the Christmas-tree.—Distribution of Presents.—The Author is not Forgotten.—The End of the First Day.

Christmas is the greatest festival of Scandinavia. There are no holidays to which both young and old look forward with so much pleasure as to the days of yule—days which, in olden times, were also celebrated by the followers of Thor and Odin. In the cities Christmas and the following days are legal holidays; but it is in the country that one should witness the rejoicings. In many districts of Sweden and Norway, among the peasants and farmers, these continue for thirteen days, and are called the “Tretten jule dage” (thirteen days of yule). Then, after a week’s interval, come—

“Tyvende dag Knut
Danser julen ud.”

(“The twentieth day Canute
Dances yule out.”)

This is the best time of the year for holidays—the season in which the farmers have very little to do, and the monotony of the long winter needs to be broken. The grain has been threshed, and the products of the dairy sold. The labor to be done is that of laying in supplies of wood and hay, the carpenter and blacksmith work, mending the carts, and repairing harness and ploughs. The dairy-work is lighter than in the summer, for the cows give but little milk, and the amount of butter is not more than enough for the use of the household; the women are busy in the daily routine of weaving, spinning, carding, and knitting.
During these days visits are interchanged, and at almost every farm a feast or a dance is given, to which the neighbors are invited; frolics are devised by the young, and the time is considered auspicious for betrothal. The more primitive the district the greater the festivities. Wherever I wandered, after the first week in December, I could see nothing but bustle and preparation for the holidays.

At this season every household vessel of ancient times is brought out, together with strange old pottery, silver, and odd-shaped wooden vessels and spoons—heirlooms of the family. The stranger might well fancy, as he stands in a dimly lighted old log-house in a remote mountain region of Norway, and drinks skål (a health) from an ancient tankard, that he is among the Norsemen and Vikings of old: for many a chieftain, bold warrior, or hunter has drunk from the same cup; many a revel has taken place within the old walls; many a silver goblet has clinked against another while men who were the terror of many lands swore eternal friendship over their potations. The same cup had also been used at many a marriage-feast, a christening, or a burial. Some of them are mounted with brass, others with silver or gold, and others, again, are gilded; some have Runic inscriptions, others have none; and some are so old that their history cannot be traced, having probably been brought by the invading hordes from Asia. A few of these cups have been found in the mounds, and others dug out of the earth.

Each hamlet and farm is busy for two or three weeks at preparations for the day. Special care is taken in the brewing of jule öl (Christmas ale), which is stronger than that used at other times. A great part of the hops that have grown on the little patch by the house has been reserved specially for this occasion; or they have been bought long before, and carefully kept by the wife. Such a quantity is brewed that there is no fear that it will give out before the festivities are over—for every friend and visitor must partake of it, when offered in a large tankard or wooden cup holding a gallon or more. The men go to the mills for more flour, and for several days mothers and daughters are busy baking, and girls who
have the reputation of being good bakers are in great demand. Home-made currant-wine—if the berries grow in the district—has been kept for the occasion. On the highways numerous carts are seen carrying little kegs of brännvin (spirituous liquor) homeward from the heads of fjords, or towns where it can be procured, a man having been specially sent to bring this with other luxuries. The larder is well stocked; fish, birds, and venison are kept in reserve; the best spige kjöld (dry mutton, or either beef or mutton sausage) is now brought forward; a calf or a sheep is slaughtered, and, as the day draws near, wafers and cakes are made. The humblest household will live well at Christmas.

In many districts of Sweden the pastor receives the remainder of his tithes in the shape of flour, etc. A few years back one could see on Doppareldagen—two days before Christmas—the assistant pastor, the klockare (organist), and the kyrkvaktare (sexton) going round with large boxes, baskets, or bags, in which to put the tithes; but this custom now prevails only in remote districts, the system of tithes having been generally abolished. The little country stores carry on a thriving trade in coffee, sugar, prunes, raisins, and rice, for puddings; the girls buy trinkets and handkerchiefs for their heads, and the young men get a new hat or a scarf. At that time the servant men and girls of the farmers get the new clothes and shoes that are due them, and all wear their best on the holiday. The Christmas feeding of the birds is prevalent in many of the provinces of Norway and Sweden: bunches of oats are placed on the roofs of houses, on trees and fences, for them to feed upon. Two or three days before cart-loads of sheaves are brought into the towns for this purpose, and both rich and poor buy, and place them everywhere. Large quantities of oats, in bundles, were on sale in Christiania, and everybody bought bunches of them. In many of the districts the farmers’ wives and children were busy at that season preparing the oats for Christmas-eve. Every poor man, and every head of a family had saved a penny or two, or even one farthing, to buy a bunch of oats for the birds to have their Christmas feast. I remember well the words of a friend of mine, as
we were driving through the streets of Christiania; he said, with deep feeling, "A man must be very poor indeed if he cannot spare a farthing to feed the little birds on Christmas-day!" What a pleasing picture it is to see the little creatures flying round, or perched on the thickest part of the straw and picking out the grain! It is a beautiful custom, and speaks well for the natural goodness of heart of the Scandinavian.

On this day, on many a farm, the dear old horse, the young colt, the cattle, the sheep, the goats, and even the pig, get double the usual amount of food given them, and have so much that often they cannot eat it all.

The day before Christmas, in the afternoon, everything is ready—the house has been thoroughly cleaned, and leaves of juniper or fir are strewn on the floor. When the work is done the whole family generally go into the bakehouse, which has been made warm, and each member takes a thorough wash from head to foot, or a bath in a large tub—the only one many take during the year; then they put on clean linen, and are dressed. In the evening they gather round the table, the father reads from the Liturgy, and oftener a chapter of the Bible, and then a hearty meal is taken. In many of the valleys and mountain-dales watch is kept during the whole of the night, and all are merry; candles are kept burning at the windows, and, as in Dalecarlia, the people flock to church, each carrying a torch. In some districts, immediately after service, the people hurry from church either on foot or in sleighs, for there is an old saying that he who gets home first will have his crop first harvested. Early on Christmas morning the family is awakened by the shrill voice of the mother or sisters singing—

A child is born in Bethlehem, Bethlehem,  
That is the joy of Jerusalem,  
Halle! Hallelujah!

The second morning afterward the young people strive to finish their work first, whether in the barn or the house. There is a great deal of fun and mischief: doors and windows
are nailed during the night by the boys, to give trouble to the girls in getting down; or their shoes are hidden; and the girls play all kinds of tricks on the boys. In the country Christmas is observed more as a religious day.

In some places old-fashioned ways are still kept. On the twentieth day young men often paint or blacken their faces, put queer crowns on their heads or hats, wear large stars on their breasts, and carry long wooden swords. One is furnished with a pouch, and they visit each farm and solicit contributions for a frolic. Now and then they indulge in a great deal of mischief; and if they suspect some young fellow to love a girl, they sing to her the old Herodes song:

Just as the three kings
In yon time had sung to Maria,
So do we boys sing
Now for thee, beloved Karen.*
It will now no longer do
That thou shalt go so lonely;
One of us as husband take, do;
Then thou hast everything lovely.

"Here nothing will help but decision—
With shining swords we are popping—
Give on twentieth day answer to our mission,
Which two of us you are dropping.

They then clash with their wooden swords, and rush out.

On Christmas evening I found myself once more at the pleasant home of my friend Consul H——. The children were delighted to see me, and bright-eyed little Kristine and her young brother beamed with delight when I told her how astonished I had been while in New York to receive a large letter from her. I told her that at first I thought the letter was not intended for me; but there was no mistake, it was directed to Paul B. Du Chaillu, and it had the Christiania postmark. I opened the envelope and found a pair of slippers, which fitted me perfectly. "It is a gift from Kristine!" cried the boys, who did not give me time to finish my sen-

* Or any other name for the girl.
tence; “she embroidered them herself.” “But how did she discover the size of my foot?” Before the answer came dinner was announced, and I was the only stranger in that large family circle, where young and old were seated together round the table. After dinner the excitement became great among the young folks, for the door of the large drawing-room had been strictly closed against all. Suddenly there was a rush, the door was opened, and a shout of wonder and delight rang among the children. In the centre of the great room a large Christmas-tree was blazing with the light of scores of little wax-candles of bright colors; the branches were laden with gifts. We formed a ring round the tree, holding each other’s hands, alternately advancing and retiring while we sung. After the dance and the song we seated ourselves. The faces of the children were beaming with happiness, and they waited to see what Santa Claus had brought them. Their eager eyes watched the tree, and, as each parcel was taken off, there was a dead silence before the name was read, and then a rush to see, and exclamations of joy and wonder, which made those who had as yet received no gift the more impatient and anxious. Indeed, one must have been heavily laden with care and sorrow who could not be happy at the sight of those bright and joyous faces on that festival-night. It made the old young again, and for awhile, at least, drove trouble away. A large parcel was taken from one of the branches of the tree, and everybody was curious to know for whom it was intended, for it was the largest of all. It was for me! I opened the package, all crowding round, and found a beautiful muff, made of the skin of a fox, with the head splendidly prepared, looking as if the animal were alive. It was a thoughtful remembrance from my kind friend and his wife. “It will be very useful to you this winter, when you are travelling in the far North,” said the hostess. Very useful it was, indeed; besides, it became an object of great curiosity to the primitive inhabitants of the interior. The fox’s head was so life-like that it invariably set the dogs barking at it. The remainder of the evening passed off quietly, and by ten o’clock all had retired or gone home.
CHAPTER III.

Departure from Christiania.—Fog on the Mjösen.—A Small Sleigh.—Paterfamilias ready to Start.—Mild Weather.—Little Snow.—Rain.—Gudbrandsdal.—The Church of Dovre, Toftemoen.—A Historical Farm.—Supper at Toftemoen.—New-year’s Day.—The Church.—The Reception at Tofte.—Third Venerable Pedigree.—An Ancient Farm and Saga.—King Harald Haarfager at Tofte in the Year 860.—Snefrid.—The Maids of Tofte.—Ancient Houses.—The Author’s Quarters.—Habits of Gudbrandsdal Farmers.—A Jolly Evening.—Bönder Pride.—Numerous old Drinking-vessels.—A Surprise-party.—The Thirteenth Day of Yule.—Hans.—Selsjord Farm.—A Damsel Party.—Gudbrandsdal’s Beauties.—A Jealous Girl.—Reception at Skjena.—Rönnog.—Andresse.—End of all Festivities.

My object in coming to Christiania was to spend the Christmas festivities among the farmers of Gudbrandsdalen. On the morning of the 26th of December I took the railway for Lake Mjösen. Norwegian railway travelling is very slow. We were three hours making forty-two miles. A thick fog prevented the steamer from starting at the time appointed; but when it cleared we raised anchor, and in a few hours arrived at Gjøvik, about half-way, further navigation being stopped by the ice. A drive of several hours brought me to the head of the Mjösen lake, about 110 miles from Christiania. It was very dark, and I did not dare to cross the river Logen on the ice with my sleigh, as I could not see the way, and my driver did not know the dangerous places. I knocked at the door of a small house and asked the owner to cross over with me; I excused myself for awaking him, by telling him that I was very much in a hurry.

After three or four hours’ sleep I was on my way northward towards the Dovre fjelds, travelling over a magnificent road. The sleighs used at the stations in Norway are peculiar, and I may say very uncomfortable. They can seat only one person, and the seat resembles much that of a cariole, except that it is placed upon runners. There is no place for the luggage, so
that, even with a small valise, the traveller's legs must extend beyond the edge, and generally nearly touch the runners. These sleighs, however, are easily managed in the mountains and narrow roads, and very seldom upset. The post-boy or driver stands behind, with his feet on the runners. One must wear heavy top-boots lined with fur, and two pairs of knitted stockings, to prevent his feet from being frozen in cold weather.

The stranger travelling in Scandinavia in winter, especially an American, who thinks nothing of a journey of a thousand miles, is surprised at the great preparations made when a worthy paterfamilias gets ready to start on a journey of a few hours. He cannot help noticing the anxiety of the wife for her husband, and the respect and love of the children amidst the great commotion. Papa must not be hungry, so the box or basket containing the luncheon is carefully prepared, a little flask of spirits or wine being added to warm him on the road, and a bountiful meal is spread before his departure. Above all, he must be carefully guarded against getting cold: the thickest woollen stockings and mittens are selected and warmed; the long coat, lined with wolf or sheep skin, with collar rising above the head and almost covering the face, is brushed; the high loose top-boots, lined with thick fur, are cleaned; the warmest woollen scarf, probably
the Christmas-gift of some of the children, is taken from the drawer.

After the meal the toilet begins. Mother and children assist in dressing him; he takes it easy, with a look of satisfaction that he is the lord of such a household, and is happy to receive so much solicitous attention. The woollen sash is passed twice around his waist, his neck is carefully protected, his fur cap put on his head, and his collar raised so that his face is hardly seen. The servant-maid tries to help also, and thinks she has her share in making her master comfortable for the journey. In the mean time the son has harnessed the horse, and after a pleasant good-bye the head of the household departs, thinking how delightful it is to be the father of a large family.

The second day of my trip the sky was so blue, and so charged with aqueous vapor, that I was not without misgivings. I was not mistaken—that fine sky was deceitful; in the afternoon, the weather growing milder and milder, the clouds gathered, and before night the rain poured down. I was astonished at such mild weather in the middle of winter—between 61° and 62° latitude—in a valley several hundred feet
ARRIVAL AT TOFTEMOEN.

above the sea. As the evening advanced the rain-storm increased in violence, and the night became so dark that I could not see my way, so I left all to my horse. The poor animal—a post-horse—had travelled many times over the same route, and knew it perfectly, and by himself that night entered the yard at the station of Skæggestad.

Wherever I was known I was heartily welcomed with a Glaedelig Jul og godt Nytaar (Merry Christmas and Happy New-year). There had been very little snow, and the rain had so washed the road that driving was equally bad with a cariole or sleigh, until the valley reached a higher level, as I travelled farther north. At this time of the year, in Southern Norway, the days are very short; it is not daylight before 8.30 or 9 A.M., and at 3.30 P.M. it is dark. The sun could not be seen on account of the height of the mountains flanking the valley. At two o'clock the red and yellow sky over our heads told that sunset was near. The bright orange clouds, dyed by the rays of the sun, as they floated across the valley and over the snow-clad summits of Kuven, 4746, and of Jetta, 5278 feet above the sea, presented a beautiful spectacle.

After travelling three days the church of Dovre appeared in the distance, and the road had attained a height of 1500 feet. I was nearing the end of my journey. At some miles to the right of the highway, at the base of the mountains, is a ridge of hills, upon which several farms, some of the oldest in the Gudbrandsdal, are situated; among them were Björn, Hofde, Bergseng, Lindsøy, Budsjord, Höye, Buste, and some others; I also recognized Tofte, my place of destination. I alighted at the historic post-station of Toftemoen, to shake hands with my old friend Ivor before going to see his brother Thord. He was not at home; but his house-keeper, who had entire charge of the farm, said that Ivor did not like Toftemoen any more; that he was more fond of Hedalen, and of his big farm of Bjölstad, and that he spent most of his time there. "But," she added, "you must remain overnight with us, and see our neighbors, and to-morrow will be time enough for you to go to Thord. Ivor would be sorry if he heard you did not tarry a day here. We will take good care of you;
you must spend one of the thirteen days of yule with us.” As the table was being set, she remarked, “At Christmas we always use a table-cloth.” After the meal the farm-hands gathered about the fireplace to chat, and all were served with a glass of wine. The talk ran upon Christmas festivities, the parties that were to be given, and what fun was in prospect. Then we heard the names of the persons who had become engaged, and who were to be married in the spring, and the usual comments were uttered—such as, “Who would have thought it!” “How sly they have been about it!”

It was late when we retired. An immense bedroom, gaudily painted, adorned with ancient furniture, and very comfortable, was allotted to me.

New-year’s day—kept in the country as a religious day—dawned with a heavy fall of snow. A sleigh was made ready to take me to church; one of the dairy-maids managed to find room with me by sitting in my lap; while one of the farm-hands, with a flaming red cap, stood behind and drove. On account of the stormy weather the congregation was small. After church I drove to Tofte, and was received by Thord in the warm but undemonstrative way characteristic of the Norwegian bonde.

Soon after my arrival a bountiful meal was prepared, for this is invariably a part of the hospitality offered to a stranger. The table was covered with a snowy cloth, and I was to eat alone, for such was the etiquette, to show that the meal had been prepared for the guest. My host remained to see that the beautiful fair-haired maids waited properly upon me, for he was a widower. Thord Paulsen (the son of Paul) was one of three brothers, belonging to one of the very oldest families of Norway, tracing his pedigree to King Harald Haarfager, so called on account of his fine fair hair. He swore that he would never cut it till he had conquered all the provinces of Norway, and united them into one kingdom. He ruled over Norway more than a thousand years ago. Ganger Rolf, an ancestor of William the Conqueror, who in spite of the orders of Harald Haarfager had committed depredations on the coast of the kingdom, was banished, and sailed with his fleet and
warriors southward, to France, where he founded a kingdom; afterwards called Normandy.

The farms belonging to the Toftes had been in the possession of the family from long before the Norman conquest of England, and from the earliest time of the settlement of the valley of Gudbrandsdal by the Northmen; and, in order to keep the property intact, marriages among cousins have been continually taking place. In the Tofte family the name of Paul, Thord, and Ivor are always found.

The farm here has also its stories of love and romance. King Harald, about the year 860, was on a journey when he stopped at the farm of Tofte to spend Christmas. On Christmas-eve, Swase, a Laplander, also arrived at the farm just as his majesty was seating himself at table, and invited the king to go with him to his own house, where a Christmas feast had been prepared. The monarch angrily refused. Swase, not daunted, sent back word that Harald had promised to visit his hut. The king yielded; and on entering the hut he met Snefrid (Snow-peace), the beautiful daughter of Swase,
who filled a cup of mead for him. He had already fallen desperately in love with her on account of her great beauty. She had a child, whose descendants afterwards became a great family in the northern part of Norway.

Toftemoen, the farm of Thord's brother Ivor, is one of the oldest post-stations in the country. The saga runs to the effect that about the year 1100 King Eysten and King Sigurd met here on their journeys, and quarrelled, each claiming to have done greater deeds than the other. They were brothers. Sigurd was the younger, and on his return from Palestine gave great riches to Eysten. Sigurd talked of his battles, his conquests, and his wanderings in far lands; while Eysten boasted of the many things he had done for Norway—of the road he was making from Trondhjem over the Dovre fjeld, and of the inns he had built and supported for the use of travellers. In old times farm-stations were scarce in many parts of the country, and when people travelled they had to sleep out-of-doors or take refuge in the little shelter-houses called bastardue, some of which still exist in the far North in uninhabited districts.

Thord was fifty years of age, of medium height, with hair tinged with gray, and a benign countenance without much expression. There was not the slightest degree of pretension in his conversation or his manner. He was very pious, a stanch supporter of the Church, and very conservative. His everyday dress was a black frock-coat, pantaloons, and waistcoat, made of fine homespun cloth, and he wore a long red woollen cap, which seemed to be the fashionable head-covering in this part of the country; his clothes had been made by the tailor of Dovre, and his boots on his farm, from his own leather. My host lived in a patriarchal way, like all the bönder of Norway; and no one seeing him, with his simple manners, would have suspected he was of so ancient lineage. Seven maids and five men-servants (drenge) lived with him, but during the summer months and in harvest-time a great number of extra laborers were employed. These maids had an independent air, for the fact that they worked for their living did not in the least affect their social position; they were Northmen's daughters; and it was the custom for every
bonde's wife, daughters, and sons to waive distinction of caste at social gatherings. The fathers of these girls were bönder, the equals of Tofte, and their farms had descended to them from ancient times. One or two were the children of husmand; but no stranger could distinguish them from the others, and they were treated with as much consideration. They had all accepted situations, either because the farms owned by their parents were too small, or they wished to make money for themselves.

All were fresh-looking, healthy, and strong. Coarse fare, early rising, and plenty of work in the open air seemed to agree with them. Three were really beautiful: all had light-blue eyes and fair hair. Four out of the seven were named Ragnild—a very common name in this part of Gudbrandsdal, and likely to continue; for a child must always be named after some member of the family: the daughters after their grandmothers, mothers, or aunts, and the boys after grandfathers, fathers, or uncles. In order to distinguish them from each other, the name of the farm from which each had come was added. Thus, Ragnild Mösjordet was Peder's datter (daughter), Ragnild Nyhaugen was Ols's datter, Ragnild Angaard was Martin's datter, and Ragnild Ulen was Torstin's datter. Two others were called Marit, a name also quite common; and one was Kari, the diminutive of Catherine. The five farmhands were strong healthy fellows, whose names were Anders, Ole, John, Lars, and Hans. The ridge upon which the farm is built slopes gently towards the valley, and is situated about one mile from the main-road, near a torrent. The ground is 1910 feet above the sea, and 400 feet above the valley; at the back of it are dark mountains, from which issued several streams. On the estate were two dwelling-houses—that in which Thord lived dating from the year 1783, and the other from 1651. In the older building dwelt Tofte's sister, with her son Paul, a lad sixteen years of age; Thord inherited the farm, but had to make an allowance to her from its produce, which enabled her to live very comfortably. Thord lived in the more modern house, a large and comfortable building. On the first floor was the kitchen, with fireplace, a large table, II.—3
wooden benches, and a few wooden chairs. This was the every-day room, in which the meals were cooked and served, and the household fabrics spun or woven. Two rooms communicated with the kitchen, one of these being Tofte's bedroom, the other used as a dairy in the winter. In the centre of the house, back of the entrance-hall, was a room for the male farm-hands, where were beds consisting of loose straw covered with sheepskins. The guest-room had a low ceiling and a painted floor, but was a model of cleanliness; it was only used when particular honor was to be paid to a stranger, or on gala occasions; a thick round post in the centre supported the ceiling, and on one of the cross-beams were cut in the wood the figures 1783, the date of the completion of the house. A large table, a queer-looking old sideboard, a few chairs, and a stove constituted the furniture. This fashion of inscribing the date seemed to have come in vogue only since about the year 1600. Yet this building appeared quite new in comparison with some of those by which we were surrounded.

At this very farm, and not at Toftemoen, as strangers suppose, King Oscar, father of the present sovereign, was entertained by Thord's father while on his way from Christiania to Trondhjem, where he was to be crowned king of Norway. The old farmer sent word to the king to bring nothing with him, not even silver, for he had enough for his whole court. The king and Tofte had a table to themselves, while the suite of his majesty ate at another table—even the minister of state included. "This table," said the descendant of the Haarfager, "is only for those of royal blood." Though this story is a pleasant one to relate and to read, I doubt it. The host probably desired simply to pay special honor to his sovereign—a custom usual with strangers. Every day he ate with the servants of his household, and could not consistently refuse to eat with the dignitaries of state of his own country, although thinking them far below himself.

One house, as was too often the case, remained unfinished; on the roof of another was the Christmas sheaf of oats for the use of the birds. These buildings formed a sort of enclosure,
in the centre of which was a large rounded slab upon which salt was placed for the cattle, which in fair weather were sometimes allowed to come out for a little while. The horse-dung was carefully saved, dried, and then put in the yard in little heaps, and I was surprised to see how fond the cattle were of it.

Other houses contained the family stores, such as salted meat, butter, etc., for winter use; and a third apartment was filled with the wool that had been sheared. On the same side of the yard was a high house, with a belfry and a clock. This building was used in summer by the day-laborers, who often numbered thirty or forty, and it was several hundred years old. There was also a large building, resting on thick stone walls, containing sixty cows, and at a short distance was another building for other cows. The stable contained twenty horses, some of them quite handsome. No one can judge of the Norwegian ponies by those seen or used at the post-stations.

The industrious habits of the farmers in this part of Norway were very striking. Everything was done with the precision of clock-work. On many of the farms a bell, placed on one of the buildings, called the hands to or from work. They rose at four o'clock in the morning, winter and summer; at six o'clock the cows had been milked and the horses attended to, and the laborers sat down to breakfast, Tofte presiding, for the farmers and their wives always set the example of thrift and industry. After breakfast the orders were given for the day, and everything was done accordingly—the equality of social customs giving no one the privilege to neglect a duty. Dinner was served at eleven o'clock—the farmer carving, and the wife, or the house-keeper, placing before each person a piece of flat bread and a portion of butter. Potatoes were always served at dinner. At five o'clock a third meal was provided; and the fourth, and last, invariably consisting of gröt (a thick mush), was ready between seven and eight o'clock in the evening. After five o'clock, or even earlier, the girls made their toilets, took their places in the kitchen, and engaged in weaving, spinning, knitting, or needle-work. By eight o'clock,
or, at the latest, nine o'clock, everybody was in bed. Above the
parlor was a large bedroom, which was a pattern of cleanliness,
containing a bed shaped like a bunk. In one corner of this
room I saw the old silver crown which had been put upon the
heads of many brides of the Tofte family. The bedroom was
used only by guests, and it was assigned to me. In the upper
hall robes and fur clothing hung upon the walls.

The view from the windows was peculiar, the farms and
their buildings forming each a cluster which appeared darker
by contrast with the snow; and on the mountains, on the other
side of the valley, the sæters appeared like black spots, resem-
bling huge boulders. When I retired for the night, Thord,
generally accompanied by two of the maids, would escort me
to my room, to see if it was warm and comfortable. My
host's first inquiry in the morning was if I had found my
bonde bed comfortable, and if I had rested well. I ate break-
fast alone, for Thord took his at six o'clock with the farm-
hands. I was served with fried bacon, mutton, potatoes, but-
ter, cheese, plenty of milk, and excellent coffee; and a pleasant
girl waited upon me.

It was charming, when evening came, to be seated with the
whole household in the kitchen round a huge wood-fire the
flames of which lighted the entire room. The hard work was
then finished, and, as it was Christmas-time, the people of the
farm were dressed in their best. The floor of the kitchen had
been scrubbed, and everything made tidy; a heap of firewood
lay in a corner, and we were to have a dance. Supper was
had earlier than usual; afterwards a few neighbors came in.
With some difficulty I persuaded the girls to sing. Among
their songs were these:

PER AND LISA.

And Lisa she was stiff, and said to Per this way:
"It is no use that thou courtest me,
Because if anybody courts I will not listen to it—
No, never, here in the times of this world!"
"Oh, by the cross, is that so?
Ha! ha! ha! ha!
That was a funny little song."
And Per he sniffed, and said to Lisa this way:
"It is no use that thou go here and puff;
I never think of making myself trouble
For thee or for other girls."
"Oh, by the cross, is that so?
Ha! ha! ha! ha!
That was a funny little song."

And Per and Lisa sullenly separated in a hurry,
And I don’t know where they wandered;
But, however, I know that before the year was out
So married they each other.
"Oh, by the cross, is that so?
Ha! ha! ha! ha!
That was a funny little song."

MY LITTLE NOOK AMONG THE MOUNTAINS.
I know a little nook among the mountains,
A little nook that is my own;
Where no vanity has taken root,
No innocence changed its color.
Wherever fate may me throw,
I long back again to my nook,
My little nook among the mountains.

There have I got a captive shut in,
Who must make itself content
Within the little narrow space,
For I have dazzled mind and senses.
Wherever fate may me drive,
I long back again to my nook,
My little nook among the mountains.

My little Hildur is the captive,
And Love with flowery bands
Has tied her, heart and foot and hand,
To the hut and the singer and the song.
Wherever fate may me drive,
I long back again to my nook,
My little nook among the mountains.

THE BOY AND THE GIRL.
THE BOY.
When a girl gets to be fifteen years
She has whims;
But when she gets twenty, and gets a beau,
She makes herself particular;
But if she goes single, in ten years more,
So, you may trust me, you will see
She will consent.

THE GIRL.
So high the bachelor of twenty
He puts his nose;
The best girl of the village
He must surely have;
But when ten times he has got "No!"
So, you may trust me, he is in no hurry
To try the fun.

THE BOY.
There is 'bout women so many a saying
To the worst;
But every bachelor marries well
As soon as he can.
If his woman then is a little mad and angry,
Her words do not go into bone and marrow,
That I have found.

THE GIRL.
Of men one can't always speak
The very best;
But every girl, of course, a man
Wants by her to fasten.
If he is a little angry once in awhile,
Yet the girl thinks he is good
'Most all the time.

THE BOY.
I should like to marry now:
Will you have me?
Don't be afraid—I will never beat you,
Or tease you.
Sometimes I may make wry faces,
But all my time I surely will
Love you.

THE GIRL.
Oh yes! I guess I shall have a man
As well as others;
When such a suitor offers he is
Not shown away.
After the singing the chairs were put aside, and the good Thord, in order to put life into the party, started a dance with one of his maids; but he made only two or three turns, for he was a sufferer from asthma. His son and nephew then danced with each girl of the household. Then we played blind-man’s-buff, and many of the maidens had to redeem their forfeits by kissing me. Some of them were bashful, and objected at first; but they had to do it, amidst the merriment of all the company, who seemed to enjoy this part of the fun amazingly.

A strong feeling of conservatism, of holding fast to old customs—a hatred of any appearance of pride—are characteristics of the bönder; these are more apparent in some districts than in others. Often when Thord dined with me he was not hungry. "Why do you not take your meals with me?" I asked; "you certainly cannot eat two dinners within half an hour of each other."

"Oh," said he, "if I did so, I am afraid the servants of the house and neighbors would call me proud; they would say that I am ashamed of them before strangers; they would think that I slighted them."

To Thord, and many other farmers, I have often said, "Why do you not paint your dwellings white? they would look so much prettier, and more picturesque." The answer was, "We would like to do so, but what would the people say? They would think that we wanted to appear better than they are, and were ashamed to be bönder, or that we tried to imitate the city people." This intense conservatism is often a drawback to improvement, for those who would like to make changes dare not begin; hence the social forms of a more primitive state of society, which have been lost in other countries, still prevail here.

From one farm to another I went, here in the mountains, there in the valley, remaining a few hours in one house, overnight in another, welcomed everywhere; drinking the home-made jule öl (ale) from horns so old that the worshippers of
Thor and Odin had used them for toasts on their return from successful raids, and on the occasion of a marriage, or a burial, when they sung the songs celebrating the virtues of the braves who had died on the battle-field to enter full-armed into the happy halls of the Valhalla.

The ancient drinking-horns, now so rare, were from the ure-ox, now extinct. The engraving represents one in my possess-

![Old Drinking-Horn](image)

sion, given to me by the museum of the city of Bergen, and comes, without doubt, from the heathen times. Drinking from one of these requires a peculiar knack, otherwise the contents are sure to fall on you. There was great merriment when, for the first time, I drank from one of them and the contents fell upon the bosom of my shirt.

Next to the drinking-horns are the wooden tankards; they are hooped like small kegs; many of them are beautifully carved, and some are four or five hundred years old. There is another form of hooped wooden vessels which is extremely rare. I saw only two of them, both made in the shape of coffee-pots, and one lined with silver hoops. These two drinking-vessels are the most curious specimens I have obtained. One of them is in the collection of Mr. Joseph W. Harper, one of
my publishers, as a token of remembrance of many years of friendship.

On several farms ale was offered to me in old solid silver tankards, which held nearly half a gallon; but these vessels, which have replaced the older ones, date from later periods, very few of them being older than the sixteenth or seventeenth centuries. These tankards are often exceedingly heavy, some of them weighing several pounds.

As the thirteen days of yule drew to a close, I found myself at a farm-house in one of those small transverse valleys which fall into the Gudbrandsdal. It was late, and we were seated near a bright fire. Now and then a large wooden cup, filled with strong yule ale, was passed round. We suddenly heard the sound of music far away, but as we listened it came nearer and grew more distinct. Without warning the door opened, and a crowd of maskers filled the room. It was a surprise-party. Every one was dressed in female costume. The fiddlers and accordeon players
struck up the national mountain tunes, the maskers began to talk to us in feigned voices, and all fell to dancing. Many of the company knew me by sight; one of the girls seized my hand, and, although I was no dancer, I had to join the frolic. When the dance was over the girls began to make love to us. I was made a target for several of them. "Oh, Paul, what are you doing here this winter? It is nice of you to come and spend Christmas among us." "Paul, I love you!" "Paul, come to see us." "Paul, is it true that you have been to America since we saw you, hardly two months ago? can it be, America is so far away? Take me to America with you when you go back." "Paul, do you think I am an old woman or a young one? do you think I am pretty or ugly?" "Paul, I want to marry you; say yes or no without seeing my face." "Paul, I am sure you will make a good bonde." "Who are you?" I asked; but the girls, afraid of being found out, fled to mingle with the crowd. The host opened a trap-door in the middle of the floor leading to the cellar, warning the people to be careful not to fall in, and several large wooden bowls filled with ale were brought up; after these had been passed round there was more dancing; and, when the maskers were ready to depart, a woman took my arm, and I went with her like a lamb, for I wanted to enjoy the fun. From farm to farm the masked party went, singing and dancing, until all were tired. Two girls and their brother, who had just arrived, unmasked themselves and said, "Paul, come to our farm to sleep." I accepted the invitation, and was warmly welcomed. We were all weary, and a crowd slept in the same room the best way we could, in the old-fashioned style still practised in Wales, and among the Dutch of Long Island and New Jersey some thirty years ago, or in Pennsylvania and at Cape Cod, and in many primitive parts of Europe to this day.

The 6th of January, the last of the thirteen days of yule, found me at the farm of Hans Bredevangen, a warm-hearted young fellow, who, besides his farm, had a country store, and kept the relay-station. He would have been a good match for some fair damsel, but no one had captivated him. On the other side of the Logen River, a little higher up the valley, at
the base of the Svart (black) Mountain, rising 4389 feet above the sea, and about 3500 feet above the valley, was the farm of Selsjord, belonging to Hans’s brother-in-law, Jakob, where we were going to spend the thirteenth day of yule. The weather could not have been finer; the air was crisp; the days were already sensibly longer, and on many of the farms the people had been watching the sun on the mountain-tops day after day—the children noticing with delight its daily descent lower and lower towards the valley, and counting the days when sunshine should reach the farm-house and the fields; the farmers were looking forward to the coming spring; the women were thinking of the sæters.

It is an error to suppose that among the bönder there is no ceremony or etiquette. On the contrary, we were invited by Hans’s sister and brother-in-law at once up-stairs to the guests’ room. I was startled by meeting there a bevy of young and beautiful girls. This was a young girls’ party, and all were daughters of bönder—pictures of health, strong, with rosy complexions, light-haired, and very good-looking. Some of them were quite handsome. I suspected that this party was given as a trap for Hans; his sister evidently wanted to see him married. This I thought a dangerous place for Hans, or for a bachelor like myself. I was not sure if I also was not to fall a victim to the wiles of these fair damsels of Gudbrandsdal. They were dressed in their best—as they always are when they go visiting—with high-necked dresses of homespun material, and round their throats nice little white collars fastened by small gold or silver brooches; they wore their newest shoes, and their brightest colored or striped stockings; their hair was partly hidden under pretty calico handkerchiefs, clean and nicely ironed, and tied in a graceful knot under the chin.

Among the beauties were Karoline, Rønnog, Marit, Mari, Pernille, Fredrika, two Annes, and others. Some were the daughters of well-to-do farmers; more the children of poor parents; two were engaged as maids on the farms, for it is no disgrace to try to gain an honest livelihood, and wealth had nothing to do with friendship. They all knew Hans, who per-
suaded them that I was one of the best fellows in the world. One or two I had met before—were old acquaintances—but many of the party were strangers to me; nevertheless, we soon became sociable. We have remained good friends—some of them to this day—and sometimes we write to each other.

As we were chatting the good wife came to set the table, which she covered with a white cloth used for grand gala occasions. Dinner was then served, and, as was often the case, neither the host nor hostess took their repast with us—they wanted to show special honor. A high pile of flat bread was placed in the centre, by the side of which were a plate of fresh, soft, home-made brown bread, a large cheese, and an immense cake of butter, weighing at least thirty or forty pounds, so that the guests could help themselves as they pleased. When there is a little feast, butter is one of the luxuries. We clasped our hands, and then bowed our heads, asking a silent blessing before we drew up to the table. Hans and I sat together. Jakob and his wife remained standing, for etiquette required them to wait upon their guests, and to urge them to eat. If one wants to make a farmer in Scandinavia happy, he must eat the most he can.

We had soup, salted fish, roast mutton, sausages, and an immense plate of boiled potatoes. Now and then a large wooden bowl, filled with ale, as a loving-cup, was passed round. The dessert consisted of two huge bowls of rice, boiled with a large quantity of milk, sweetened, and mingled with raisins, forming a sort of very thick soup. These dishes were put in such places that those near them helped themselves. We all had silver spoons, instead of the wooden ones which are used on ordinary occasions. As the dinner proceeded our hearts warmed, and we became more and more talkative; and long before the meal was over all were as friendly with me as if they had known me for a long time. While eating I perceived that one of the girls was intensely in love with Hans, and I could see by the sly glances which the maidens now and then gave to each other that they enjoyed the fun: it was well known that she was desperately in love with my friend, who had seated himself away from her, and paid to every other one as much
attention as he could, but none to her. She became so jealous that she could not even eat, and two or three times tears filled her eyes. Hans did not care to marry. Four years have passed away since our dinner, and I hear that the girl and Hans are still single.

After dinner we thanked the host and hostess, shaking hands with them, and then with each other; and after coffee had been served a little dance was started, and as there were no musicians, the dancing took place with singing accompaniment. Afterwards rings and blind-man’s-buff and other games were played. In the evening three men who had been celebrating the day by too much drinking, and had heard of this quiet party, came to enjoy the fun; but they were not allowed to enter. Finally sleighs came, and the party broke up. “Paul,” they all said, “do not go to Christiania yet; stay with us plain bönder folks a little longer; spend the twentieth day of yule here. You have plenty of time yet to go to Lapland, and see the Laplanders; it is too dark there now:” and we bade each other good-night. As Rønnog and Marit, who were sisters, got into their sleigh, they said to me, “Come to Skjena; father and mother will welcome you: we have folks in America. Come to-morrow.”

Hans, on the following morning, invited all the guests who had been at Selsjord and the neighbors to come to his house in the afternoon, to take coffee and participate in a sort of kettledrum. I observed Fredrika, Hans’s servant-maid, who was strongly built and powerful, but with soft and gentle manners. She was doing the honors of the house as if she had been the hostess. Hans having no wife, it was her duty to attend to the guests. A stranger would have taken her for the mistress of the house. The coffee-pot was constantly replenished from a large kettle kept over a slow fire. I had hardly drunk one cup of coffee when Fredrika filled it again: her eyes seemed to be everywhere. The time passed rapidly, and it was dark before we were aware of it. Soon a sleigh was at the door, and Anders (Andrew) Pedersen (the son of Peter), Fredrika’s brother, was to drive Rønnog, Marit, and myself to Skjena, the home of the girls. The evening was fine,
the stars shone brightly, and the mountains looked majestic in the stillness of the night. As we passed the farms we saw the dim light of a lamp through the small panes of the windows, and now and then a farmer reading his newspaper, or the big Bible was on the table, and the father was reading it to the family.

Skjena is a very old farm, and I was welcomed by Engebret, the father, and Marit, the mother, and the rest of the family. The greeting was so warm that I could not help feeling at home. At once there was a great stir; keys were in the hands of two or three of the daughters, who went one way or another; a large pile of flat bread was brought out, potatoes were cooked, slices of bacon were fried, and a large bowl of home-brewed ale and a pitcher of milk were produced. One is not supposed to know that these preparations are going on for him. Soon Anders and myself were invited to enter a little room next to the kitchen, where a fire had been lighted in the old stove, and a table nicely spread. There was a bed in the corner. This was a sort of reception-room, and a number of photographic portraits of the family and their friends hung upon the walls. I asked Rønnog if she would give me her picture, as she was the only sister who had one to spare. She answered she was willing if I would give her one of mine. We were left to take care of ourselves, but members of the family once or twice came back to urge us to eat and drink more, and we finished with a cup of coffee. Retiring to the kitchen, we saw a pretty picture of the home-life of the bönder. Four daughters were busily knitting stockings, the mother was spinning, the father reading the Bible, and Fredrik was seated by the fire. In one corner was the bed of the old couple, and I noticed the whiteness of the sheets. A smile from all welcomed us when we entered the room, and as usual we shook hands with the father and mother and all the family, and thanked them for our entertainment.

Anders then made preparations to return home. He could not be induced to remain till the next morning. I said to him, "Are you going to leave me here alone?" "Yes," he replied, "I must go to work early to-morrow morning."
Christmas is over now. I have plenty to do." As he was getting into his sleigh I quietly put into his hand a little money, which I thought would be somewhat more than an equivalent for the drive; but, though a poor man, he returned it. "No, indeed," said he, as if I had wounded his pride— "No, indeed, Paul—we are friends." I could not induce him to take it. One must know the bönder of Norway as I do to appreciate the manliness of their character. Under their apparently rough exterior beat as noble hearts as ever lived.

As he bade me good-bye, he pressed my hand with such a powerful grasp that I was on the point of uttering a scream of pain. On my return to the kitchen the girls lighted a lantern and disappeared, and a short time afterwards returned; they had gone to prepare a room in the next house, to which I was conducted by Rønnog and Marit. My small bedroom, looking out on the main road, was warm and comfortable, and I was left alone in the old log-house, where generations of the Skjena family had lived and died, and I fell asleep on a luxurious feather-bed furnished with snowy sheets.

Early the next morning Rønnog brought me a cup of coffee with cake, lighted a fire in the stove, and said, "I hope, Paul, you have slept well. You know this is a plain bonde bed. While you are dressing we will have breakfast ready for you. Come to the next house:" and with these words she disappeared. I was sorry when I had to leave these good people. To this day we are great friends, and the last letters I received from Gudbrandsdal are from Hans and Rønnog, and I give their exact translation, so that you may know the style of a bonde's daughter, and that of an honest straightforward tiller of the soil. The handwriting of both is excellent.

LETTER FROM RØNNOG.

Dear Paul,—Eight days ago I received a letter from thee, which made me very happy to read through, and see that thou art well and hearty, which we hardly had expected now, when it is so long since we heard anything from thee. And the same good news I can give thee—we are well, both young and old, and that is certainly the best thing one has in this world. I and Fredrik have recently been to the burial of Thron Loftsgaard, and it was a very nice affair, and I was there three days; and this man died very suddenly; he took sick one day and died the next. I will
tell thee that last summer I was sørter girl, and there I had it pleasant; but, then, one day the grayleg (wolf) came sneaking forward, and then thou mayst believe I got afraid that he should kill my creatures. He killed five sheep in this place, but none of mine. If thou hadst come to the sørter thou shouldst have got much cream and thick milk; then I hope thou wilt come here next summer, and thou shalt be welcome at Skjena again. This winter it has been very cold, so that it has not been such severe cold in nineteen years; but now it is good winter weather. I can greet thee from my brother Ole. We have recently had a letter from him, and he was well. Hans Bredevangen and M—— go the same now as when thou wert here; they are still unmarried. Fredrika Bredevangen is now under good way to be married to Amun Selsjord. The mother of Fredrika has long been in bed, and she is yet there. Fredrik shot two reindeer last summer—one was a cow and the other a calf: many deer were shot here last season. I must not forget to send thee my hearty thanks for the remembrance thou sent me; it was very unexpected for me to get a present from thee. Now I have got nothing more to write which can interest thee, therefore come to an end with these simple and hurriedly written lines, with the wish that they may find thee well and contented: with a friendly greeting to thee from us all of the house, but first and last thou art greeted from me. Live well.

RÖNNOG E. SKJENA.

LETTER FROM HANS.

My dear never-to-be-forgotten Friend, Paul Du Chaillu,—Your welcome letter of November I have received with gladness, for which I thank you. It was received New-year’s Day with the enclosed presents to my sister Marit, and to my pige* Marit. They ask me to thank you many times. They think it was very interesting to receive a present from that so much spoken of and berømte (praised) land, America, and so much the more when the present is from you. The newspaper you sent, Harper’s Weekly, has also been received. I see in it an engraving representing you driving with a reindeer in Lapland, which must have been very pleasant to do. Here in old Norway there is not much to tell one about. We have now finished Christmas, which, as you know, lasts very long here, as you must remember from the fun we had at Selsjord the thirteenth day of yule. At Christmas-time I drank to the health of my good friend Chaillu with my venner† og veninder (Norske pigerne), Norwegian girls, who send their hearty greetings. I see that next summer you will come to Norway again, and also to Gudbrandsdaler, when it shall be very pleasant to meet again, especially now when we can talk and understand each other better. We shall make a few trips to the sørter. I learn by your letter that you will soon publish a book on your travels in Scandinavia, which I hope will be as interesting and entertaining as the publication of your travels in Africa, which book I have read.

Herewith is enclosed a pair of mittens which my pige Marit sends you as a present, som de færer slide med hilsen (which you may wear with health). I must finally wish you a good and happy New-year.

You are in the most friendly manner greeted by your friend,

HANS BREDEVANGEN.

* Pige, girl; pigerne, girls.
† Venner, male friends; veninder, female friends.
CHAPTER IV.

Christiania to Stockholm by Rail.—Mild Winter.—No Snow.—Stockholm in Winter.—Double Windows.—Swedish Porcelain Stoves.—Highway to the North.—Departure for the North.—A Pleasant Companion.—Snow-storm.—Beauty of the Snow-clad Pine Forests.—Deep Snow.—Slow Travelling.—Meeting the Mail-coach.—Sundsvall.—Comfortable Quarters.—Åland.—The Jägmästare.—A Great Nimrod.—A Pleasant Family.—A Lovely Maiden.—Regulations after a Snow-storm.—Losing the Track.—Intelligent Horses.—The Snow Increasing.—Snow-ploughs and Snow-rollers.—Umeå.—Innertafle.—A Hearty Welcome.—Great Changes in Temperature.—Crowded Relay-stations.—Innervik.—Skellefteå.—A Town with many Pretty Young Ladies.—Piteå.—Aurora Borealis.—Winter in a Small Town.—Singing Clubs.—Jemtön Relay-station.—Kivijärvi.—Nikkala.—Less Snow going North.—Arrival at Haparanda.

The winter was an exceptionally mild and pleasant one, with great variations of temperature. On my way to Stockholm I had for compagnons de voyage in the railway carriage an old gentleman, his wife, and three daughters. The gentleman wore a long loose coat lined with wolf-skin—the warmest after that of the reindeer—reaching to the ankles, with a collar which, when raised, completely enveloped the head. He also wore a thick fur cap, and heavy loose boots with fur inside. The ladies were literally packed in furs, and wore exceedingly thick soft knit veils, which completely hid their faces, besides heavy cloaks, closely drawn. The fan-lights over the doors of the car were shut, and the father constantly inquired of his wife and daughters if they were warm and comfortable, although it was thawing weather, and the thermometer stood several degrees above freezing-point. Not a breath of air entered that compartment, which was filled with six persons, all wrapped in furs. As the old gentleman was in constant fear that his family would catch cold, I could not ask to have the windows partly opened; and if I had opened one of them without asking permission, objections would have been
raised at once. All of them seemed to regard me with perfect amazement, for I wore only my winter overcoat, with no fur boots, and felt uncomfortably warm. After a short time I began to suffocate, and my temples to throb for want of fresh air. I wondered how people could bear such a close atmosphere; but, happily, at one of the stations the whole party left the train, whereupon I let down one of the windows and breathed freely.
On my way across the peninsula from Christiania to Stockholm by rail, on the 10th of January, the country was bare of snow. At Stockholm, Lake Mälar was not frozen, and the port was free of ice. The people everywhere longed for snow, for the transportation of iron ores or the hauling of timber was at a stand-still; land traffic was delayed; game, which is sent in enormous quantities to the city from distant forests, was scarce, and fuel in the inland towns had become dearer.

Carl XV. was now dead, and Oscar II. was king.

Stockholm had not the cheerful aspect it presents in summer; its gardens and parks were deserted, the delightful strains of music which caught the ear being heard only in the cafés; the merry sound of sleigh-bells and the gay crowd of skaters on the Mälar were yet to come. Sleighing lasts more or less for three or four months in cold winters. The theatrical season had come, and in the evenings the cafés were filled with people. The city nevertheless looked wintry.

All the houses now had double windows (a rare occurrence in Christiania), at the base of which, between the two, a layer of cotton was spread to absorb moisture. French instead of sliding windows are used in Norway and Sweden. One of the panes of each is free, and opens for ventilation. The rooms are uncarpeted, just as in summer. The modes of heating in Norway and Sweden are different in the cities; in the former iron stoves are used—in Sweden the rooms are warmed by long white porcelain stoves, which reach almost to the ceilings. Some are round and others square; the door is of copper, which is kept bright and shining. The amount of wood required during the day is very small; kindling three fires a day is sufficient in very cold weather. When the wood is burned to charcoal, and the disagreeable gases gone, the sliding valve is closed, to retain the heat of the brick and porcelain walls. I am surprised that these stoves have not come in vogue in America.

Porcelain stoves are built in the manner shown on page 36: a is a damper, moved in and out by the cord e; b is the fireplace, where the wood-fire is built; d is a flue, carrying the
smoke into the chimney e. The inside of the stove, containing the flue, is built of brick, and only the outside covering is porcelain. When a wood-fire is built in the fireplace the hot smoke is carried through the flue, thereby heating the stove through. When the wood is consumed the damper is shut, entirely preventing the heat from escaping into the chimney. The stove, therefore, retains its heat for many hours, even in the coldest weather.

From Stockholm the highway to the far North skirts the shores of the Baltic, and of the Gulf of Bothnia as far as Haparanda—and still continues north, as we have seen in summer, up to Pajala—the distance being over 128 Swedish miles. The main road passes over many fjords, across hills and valleys, through large forests of pine and fir, affording in summer charming landscapes, which are succeeded by dreary districts of swamp and morasses—then winding its way by wild and lonely lakes, past tracts of cultivated land and sylvan scenery, and through clean and pleasant towns, villages, and hamlets nestled near inlets of the sea, or picturesquely situated by the river-side, full of life in summer but quiet in the winter.

With a moderate amount of snow, when the sleighing is good, the journey can be made in a fortnight without any hardship. Many of the post-stations are very comfortable, and several towns are met on the way. But I intended to roam through the vast region extending from the Baltic to the North Cape; to cross, in the depth of winter, in the latitude of about 69°, the range of mountains to the coast of Norway, hoping to encounter storms which would give me an idea of the fury of the winter winds that sweep the altitudes within the arctic circle; then visit the islands of Lofoden, to see the great cod-fisheries of Norway; and afterwards to make a tour by sea to the other side of the North Cape as far as the Va-
DEPARTURE FOR THE NORTH.

renger fjord; then, with reindeer, to return to Haparanda in time to see the sudden transformation of winter into spring. This trip was not a small undertaking; for it was to involve more than three thousand miles of sleighing, several hundred miles of sea travel, and about five months of time. Such a journey to many would be long and tedious at such a time; but to me it was full of novelty and instruction, and I look back upon it as among the most enjoyable months of my travels.

From Upsala to Haparanda there are seventy-one post-stations, many of them very comfortable, with tidy rooms and clean beds, and tolerably good food. In winter the bedrooms are always kept warm at night by means of porcelain stoves. How welcome is the sight of the station when hungry, or after a hard day's travel! How cheerful is the blazing fire in the stuga, and how comfortable and warm the feather-bed!

For one wishing to travel fast and cheaply the mail-coach is the best conveyance. There are no stoppages, night or day; horses are always ready at the station at the time the mail is due, and they are among the best; but seats must be secured days beforehand.

On a dark evening towards the middle of January I left the old University town in company with a friend, a delightful companion, Herr A——, a doctor of philosophy, who was on his way to the city of Sundsvall, where he resided. We left in a comfortable coach drawn by two horses. Shortly after our departure a few flakes of snow fell, the forerunner of one of the grandest and most continuous snow-storms that had fallen in Sweden for a hundred years. Faster and faster they came down; the snow increased rapidly as we advanced northward, making slow progress; but by travelling the whole night we reached Yfre, the third post-station from Upsala, at five o'clock A.M. After three hours' sleep, and a good breakfast, we started again refreshed. The Swedish sleighs procured at the stations are very comfortable, and quite an improvement on those of Norway. They seat two persons, and are very much like the sleighs commonly used in America. After leaving Yfre we entered large forests of pine and fir.
From the city of Gefle the snow became deeper and deeper, and the horses floundered through it at every step. The storm had been remarkable for its stillness, and the forests of pine had become exceedingly beautiful. The mercury being hardly below freezing, the flakes were large and damp, and as they fell remained on top of each other, and clung on the branches of the pines; and I often drove through a mass of white pyramids during the night.

The aurora borealis was sending streams of light upward, with waves swaying to and fro over us, and everything was very distinctly seen. The lofty trees and all the shrubs were covered with a white mantle, the branches bending under the weight. The pines of Scandia have a pyramidal shape. Not a particle of green could be seen, and each tree was topped with a sharp-pointed pinnacle of snow several feet high. The spectacle was superb, and thousands upon thousands of these lined each side of the road as far as the eye could reach. I thought I was travelling in fairy-land, in the stillness and marvellous beauty of that winter night. At times I fancied I could see minute sparkles of light coming from the snow, and became so excited by the scene that I told my companion that if I had come all the way from America to see such a sight, and nothing more, I should have been perfectly satisfied. He caught my enthusiasm, and said that such forest scenery was not often seen in Sweden. Here in the South the storm had stopped for awhile, though we heard by telegraph that it was still raging fiercely farther north.

Numerous crate-like sleighs, packed with game, were on their way to Stockholm from Jemtland and the forests of Norrland. We were all travelling in the same narrow track, and each vehicle turning to the right, the horses sinking down almost to their necks, and often having to make great efforts to extricate themselves from the snow, jerking the sleigh, and sometimes upsetting it and throwing us out. Only those who were absolutely forced were travelling at this time. The drivers had dogs which warned the people of their approach.

The meeting of the mail-coach was a cause of excitement. On this road they carry two passengers inside and one outside;
the postman carries a big sabre, and sometimes an old army pistol: as for many years no highway robbery of the mail has occurred, these precautions seem needless, though in old times the mail-coaches were attacked when it was known that they carried large amounts of specie. Any one who tries to pick a quarrel, or to stop the mails in a drunken frolic or otherwise, is severely punished. In a short time we got acquainted with the mail passengers while exchanging civilities in the shape of cigars: my friend returning the compliment by passing round his flask, one of the Swedes remarked that in the cold climate of Scandinavia something stronger than water was necessary. "Oh," said another, "have you ever heard of any great man, either as a master intellect, a great writer, or a great soldier, who has drank only water all his life?" "I never have seen a whole-souled, generous, unselfish man yet that did not take a glass of wine," said the third companion. As it was too cold to discuss the subject on the high-road—and I must own that I was trying in vain to remember one—I laughed, and said I did not recollect if there were any great men who had drank only water. I concluded it was better not to discuss the subject.

How strange are these little Swedish towns in the depth of winter! At Hudiksvall we found the streets blocked up with snow, and lighted by the old-fashioned square oil lamps, suspended by cords. There I witnessed another illustration of the honesty of the people. When I reached the station of Gnarp, I found that the driver of the other sleigh had forgotten to transfer my satchel, containing all the money I had provided for the journey. There was a large amount of silver coin for small change, and any one could tell the contents by the weight, and I had not a copper with me. My companion seemed to take for granted that everything was all right, and that it would only occasion a loss of time. A man was sent back to recover the missing bag, and he returned at four o'clock in the morning with the satchel and its contents.

The weather became colder, the mercury marking 17° below zero during the night. The forest now presented a new appearance as we approached Sundsvall; there was not a particle
of snow on the pine and fir trees, and the dark-green of their branches contrasted beautifully with the white mantle which covered the earth. The horses and dogs of the northern countries like the snow; now and then the horses take a bite of it, and the dogs, when thirsty, also eat it, and both roll themselves in it: they seem to enjoy the dry cold atmosphere of winter. The magpies would often follow us.

On the fourth day we reached Sundsvall. My thoughtful companion had telegraphed from Hudiksvall, and soon after our arrival we were seated at the Stadhuset before a good dinner which he had ordered; and over a glass of good old wine we recounted the adventures of our journey to the friends who had come to welcome him back. The snow was every day getting deeper. The distance between Sundsvall and Hernösand is about thirty-five miles, and it took me three days to accomplish this short journey. A few miles north of that town is Åland, a hamlet composed of several farms. The landscape was bleak, and the fjord was frozen; but in summer the groves of birch, the green meadows, and the waters of the sea present a charming picture. The traveller, as he drives along, will see a white-painted house at a short distance from the relay-station, between the highway and the rocky shores of the Baltic. This was the pleasant home of a jägmästare—superintendent of the forest of a district—a mighty Nimrod—a gentleman to whom I had letters of introduction. From the station I wended my way slowly through the deep snow towards that house with my letters.

As I entered the gate I saw a maiden of about eighteen years, a true child of the North, with fair hair, soft blue eyes, and rosy cheeks, who was playing with the snow, and with a little shovel was sending it in all directions. She was making a pathway, and seemed to enjoy the fun. The gentleness and grace in all her motions, and delicacy of her features and skin, at once showed that she was a young lady of refinement, while the näivete of her manners indicated that she had been brought up in the country. As I approached she stopped and looked at me, as if to say, "What do you want, sir?" Bowing to her, I inquired if the jägmästare was at home. "Yes,"
was the answer, and with great composure she begged me to follow her to the house, and leaving me in the parlor she disappeared. Soon afterwards the jägmästare came and read my two letters of introduction—one a general letter from the Director-general in Stockholm to all the jägmästares, and the other from a colleague of his.

"Welcome here!" said he, with great warmth, extending his hand, "very welcome." He was over middle age, with a pleasant countenance but determined features, and genial in manner. He had read accounts of my travels and gorilla hunting, and received me at once as a brother sportsman. The young lady whom I had met soon came back with refreshments. I was asked if I could travel on snow-shoes, and was told that I must learn to walk on them, and also to drive reindeer. "My daughter can go on snow-shoes," said the father with a sort of pride, "quite as well as a Laplander." "Yes indeed," she said, "I love to go on them, it is such fun! I love winter." "Will you teach me to go on snow-shoes?" "Yes, certainly, with great pleasure. I am sure you will learn quickly." "It is necessary," said the father, "that you should learn to walk on them in order to go bear-hunting, for the snow is very deep in the forest." "I can scull also," said the daughter with a sort of girlish pride, "and in summer I like to row on the fjord, and ramble into the woods in search of wild-flowers." Looking at her, I thought the girl a flower herself—a picture of health, and as fresh as the budding of spring. The dress she wore had been woven and made by herself; the pattern was very pretty, and the material handsome. Brought up at home, she had learned to be industrious, and enjoy the more her hours or days of freedom.

"If you return early perhaps we shall be able to go after a bear; one is ringed about thirty miles from here; but if you are late he may either be shot or have left his winter place," said the jägmästare, a great part of whose conversation ran on bear-hunting, and how they are ringed. The bears in Scandinavia sleep all winter; but in the autumn, before the snow comes, they look out for places where they want to hibernate, and are then exceedingly shy, often spending several days go-
ing round and round their chosen place. In the far North they remain as much as five or six months hidden and without food.

Before I left, the good jägmästare exacted a promise that I should come again on my return from the North, and go to his sæter; then he added, “At all events, come back before I am too old to go with you.” Since that time I have been twice to Åland, and each time warmly received; but I have not yet succeeded in going to the sæter or in hunting bears with him, for in both cases the season was over. I shall always remember Åland and the white house of the jägmästare, and hope that at a not far distant day we may meet again and go bear-hunting.

The large snow-ploughs which one sees in summer lying by the way-side were now dragged over the road by four, five, or six horses, driven by two or three farmers, to level the track. The laws in regard to the highways are very strict, and after a snow-storm the farmers have to furnish horses, and break and flatten the road for a certain distance. These ploughs are a triangular frame of heavy timber, eight or ten feet wide and about fifteen feet long; the work of the men and horses is very hard, the men having to walk. Often during the night when it was mild and foggy, or it had snowed, or the wind had blown snow over the road and obliterated the traces of preceding sleighs, we had to drive very cautiously; for when a mistake occurred, and we lost the ploughed track, we went deep into the snow. In that case the intelligent horse was left to himself, and knew what to do; most carefully he moved, and when he sunk in going to the right he immediately made the next step to the left, and vice versa. His sagacity was so remarkable that it made me forget in part the weariness of the drive. Occasionally we got at quite a distance from the road, the first intimation being the animal sinking up to his neck. After walking in several directions, trying the snow with his feet, and sinking repeatedly, the driver finally found the road by the firm snow. We then wondered how we could have got so far from it.

The snow kept increasing every mile northward. We tur-
THE SNOW-PLOUGH.
bled on one side or another, upsetting before we were aware
of it. At each effort our animals made to extricate them-
selves we were almost thrown out of the sleigh. The poor
brutes would sink to their necks, and sometimes almost to
their heads. Each horse stepped in the track of the one that
preceded, so that, if the plough had not passed over, the tracks
would have been perfectly honey-combed; the holes were
often more than fifteen inches deep. At the end of the day's
travel, which averaged about eighteen hours, I felt so sore
and tired that I was glad to rest. The snow was so heavy
inland that some of the Lapps had to come to the coast with
their reindeer or they would have perished; they had to feed
on the moss hanging from the branches of the pines and firs.
At last the fences, the shrubs, and the huge boulders were
hidden from view; twigs of fir and pine had been planted
to show the way; these, of course, are always put over the
fjords, lakes, and swamps, and many thousands of young
saplings are thus destroyed every year. The telegraph wires
were nearly out of sight. Snow-ploughs were levelling the
road everywhere; farther south they were drawn by three
horses, but here the number had increased to six, and three
or four men had charge of each plough. These were followed
by wooden rollers, which packed the snow more closely. The
struggles of the horses became so great, in their efforts to ex-
tricate themselves, that in some cases blood came from their
nostrils. I myself had to stop. Farther north the ploughs
were laid aside, and the snow was left to settle by its own
weight for a day or two before they would be used again. The
farmers did not understand how I could travel for pleasure
in such weather, and why I wished to go so far away. Few
persons were out-of-doors, but the thick smoke from the chim-
neys showed that there were cheerful fires, round which the
families were gathered. All the winter outside work was sus-
pended; the hauling of logs in the forest was stopped. The
snow still increased as I advanced towards the north, and there
was more than twelve feet on a level. This is enormous, when
we consider that two feet is about the maximum that falls in
twenty-four hours. Here the strength of the great snow-storm
had lasted a week, from Sunday to Sunday. Some of the houses were covered to their roofs; and galleries were necessary in many places to give light to the windows, with trenches to reach the doors; others were blocked up by drifts against the doors, and exit had to be made by the windows. Here we had reached the maximum of snow, which gradually diminished afterwards; and twenty miles farther we came to the small town of Umeå, which I found obstructed with snow. At the relay-station a card was waiting for me, upon which was written in French the following message from a doctor of philosophy: "If you have time, let me hear of your arrival, for your friend, Director U——, has asked me to do all I could to be agreeable and useful to you." This was another of the many illustrations of the acts of thoughtful politeness of which I had been the recipient from educated Scandinavians.

Though only a year and a half had elapsed since I had seen the little town, time had worked great changes in the place. The former governor of the province was dead, and universally regretted by all who knew him. At the agricultural school of Innertafle my old friend and his wife received me most kindly. "You cannot go farther to-day," said they, at the same time helping me to divest myself of my winter garb; and a short time after their daughter, a sweet little girl, presented me with a little pocket-book, which she had embroidered with pearls especially for me, and which she intended to send to me in America.

Since my departure from Upsala there had been at times great changes in the weather. At Innertafle the temperature had moderated so much that I was afraid it was the precursor of another snow-storm. If more snow were added to the already prodigious quantity which had had no time to pack, I dreaded the prospect. These great snow-storms generally take place when it is not very cold, and when the mercury ranges from 2° to 11° below the freezing point. In February, the coldest month of the year in those regions, such mild weather was unusual. The following morning was gray, and the thermometer marked only 5° below freezing. The atmosphere was foggy, and, as the fog fell on the groves of birches which
surrounded the house, it adhered to the branches, which appeared as if they had been covered with a dew which had crystallized upon them, presenting a very beautiful and fairy-like appearance. These birches of Scandinavia are exceedingly beautiful, with their white trunks and branches gracefully bending towards the ground. The following day the mercury ranged from 5° to 7° below freezing, and we were between lat. 63° and 64°.

From Innertafle I travelled all night; and at five A.M., after twenty-two hours of driving, tired and hungry, I came to the station of Innervik. The two previous stations were filled with travellers, and there were no vacant beds. I might have slept on the floor, or on a bench, or on the table, but preferred to go forward. At Innervik I found comfortable quarters, and fell into a dreamy sleep, in which I thought I was bumped about in the sleigh, just as one sometimes feels the motion of a ship a day or two after landing. The hamlet of Innervik takes its name from the bay, and is distant about a Swedish mile from the small town of Skellefteå. From the farm I could see the frozen sea below, looking now like a vast field of snow. The weather had become colder again, the thermometer remaining steady at 20° below freezing, and a piercing wind warned me that another cold wave was coming over the land. The little seaport of Skellefteå has quite a number of streets, and the houses were large and comfortable. I was struck, while walking in the streets, with the number of pretty young ladies with oval faces, rosy cheeks, and light and graceful carriage. They were certainly, I thought, more numerous in proportion to the population than at any place I had visited before.

In the North some small towns have a large building called the stadshuset. It is a hotel, containing a spacious hall for entertainments, and a number of rooms for travellers, with a restaurant and a café, private dining-rooms, and often a billiard-room. The cooking is generally very good and the rooms comfortable, and altogether superior to post-stations on the road.

After leaving Skellefteå the cold spell was of short duration,
and when I reached Piteå it had become mild again. We were now out of the great snow belt, which in Sweden is between lat. 61° and 64°. The weather was so mild for February that in the morning it was only 7° below freezing; from hour to hour it became milder, and in the afternoon, when I arrived at Piteå, the thermometer stood at freezing-point, and remained so for a few hours; it rose in the evening to 36°, at 6 o'clock p.m. it was 34°, at 8 p.m. 30°. The air was perfectly still, and not a cloud could be seen, but the horizon was hazy. At about 7.30 I noticed a soft and luminous atmosphere towards the north, the forerunner of the aurora borealis. Soon afterwards a wide arc of haze, full of light, appeared, through which the stars could be seen. The clearness of the sky above and below the arc was remarkable. The highest point of the lower edge seemed to be about 35° above the horizon, and within was Jupiter and other stars shining brightly. The whole body began to show signs of motion; the tremor became more and more perceptible from one end to the other of the bright hazy mass; its motion increased, and it became more luminous, and swayed to and fro in undulating waves. Within half an hour another arc was formed under the first, the centre of the second being 15° or 20° below the other. Through the body of this also stars could be seen, and between the two arcs, and above and below, the sky was clear: the second at first showed hardly any signs of motion, and its brightness was as that of the Milky Way. Sheets of glimmering light streamed from the horizon, disappearing and reappearing. The light became more and more brilliant, quicker and quicker became the motion of the waves; they swayed to and fro from one end of the arc to the other; the discharges of the electric glow became more intense, varying in brightness—the quicker the motion the brighter the light—indicating that a great magnetic storm was raging.

Soon changes in the centre of the luminous body began to be noticeable; the waves as they rolled began to change from white to bluish, from green to violet, and then came almost a blending of all the colors. The lower arc in the mean time had shown signs of motion, and of the electric storm; sheets
of light from the horizon became more vivid as they shot upward—a spectacle of great beauty. The upper part of the swaying mass was fringed with a magnificent dark-red border, singularly contrasting with the color of the lower part, till the whole arc became of a fiery red; then the waves began to move more slowly, the flashes of light became dimmer, and the great storm was coming to an end; the red mass was broken into numerous fragments, which were scattered over the sky, and finally nothing was left over our heads but the blue starry heavens of that winter night.

Life in many towns by the sea is one of great dulness; they seem dead, on account of the stagnation of trade; the farmers do not come to the villages for news or business; few sleighs are passing to and fro, but now and then a load of wood comes in; goods are seldom transported from Stockholm, for it would be too tedious and expensive, and everybody waits for the summer season. The only time when there seems more activity is when a fair is to take place in the interior; then the merchants are sending goods for sale; but this bustle lasts only a day or two.

The Swedes are passionately fond of cards. In the sitting-rooms are sometimes scattered a number of little tables where ladies and gentlemen play together. In the hotels, or at their own houses, men occasionally pass the whole night in gaming. It is a custom to play together for a given number of days in a week, in which there are often heavy stakes, and frequently a considerable amount of money changes hands; but I was told that at the end of the season the players generally came out about even, as the partners are changed.

They also have singing clubs, which meet on Sunday afternoons. While in Piteå I was invited to the home of a teacher who taught English in one of the schools, and could speak it well. At his house every Sunday afternoon about twenty ladies and gentlemen met to practise the singing of church music, and some exceedingly pretty ballads which are taught in the schools. Some of the voices were beautiful, and the performances of this little society would have been creditable to any company of trained artists: two pleasant hours.
were spent in this way. The climate of the country seems to benefit the vocal organs, and during the long winter months little musical sociables are constantly taking place. Now and then a ball is given, almost always in the large room of the stadshuset; in such cases tickets are sold, or an admittance fee is charged to defray the expenses. Almost everybody goes—especially the marriageable damsels, with their mammas; all gentlemen are in full dress: there are seats around the ball-room for the ladies. One meets the old and young—for even old married couples like to have a dance, and it is quite common to see a married man or an old gentleman dance with a young girl, or vice versa. Waltzes and galops are the favorites. One of the peculiarities which struck me was that, immediately after a dance was over, the gentlemen would quietly return their partners to their mammas or friends, and then disappear in the next room. They smoked, drank, ate, or talked, till they were again called by their engagements for the next dance. Now and then they brought in some refreshment for the ladies. After these intervals they seemed to enjoy the fun with renewed vigor.

From Piteå the snow continued to diminish greatly in depth the farther north I travelled. After Luleå the Finnish was only spoken by the farmers. At these stations no one thought of locking his trunks, as it would not look well. At Jemtön the servant-girl brought me a gold locket which she found on the floor of the kitchen. I had dropped it from my satchel the evening before while showing them the curiosities which it contained. I said, playfully, "Why did you not keep it?" She replied, "How, then, could I ever walk erect and look people in the face?"

I had hardly left this station the next morning when I was startled by a call, and as I looked back I saw a small white-headed urchin, whose cap had just tumbled from his head, running after us as fast as he could; I stopped my horse. He had in his hand a white pocket-handkerchief of mine which I had dropped on the road. It would have been a nice thing for him to keep, but his boyish heart was too honest; he handed it to me breathless, and ran back as quickly as he
A LUCKY FARMER.

came; and though I called him, to give him a few öres, the little fellow, who was not afraid to return what did not belong to him, feared to come back to get a bit of money.

At Saiwits the station-master knew Swedish, and his farm being very comfortable, I concluded to remain a couple of days. This man, Kivijärvi, was considered by all a lucky fellow to have secured the heart and hand of Maria Fredrika over all his rivals. He had married a wife who had brought to him her farm; for in Sweden, as well as in Norway, as soon as a woman marries all she has goes to her husband, so that all the girls who have or are to inherit farms have no trouble in getting married. Such will have many admirers, for here, as elsewhere, wealth has its charms. But to a stranger it did not seem to matter much, for the owner of an estate works as hard as any of his hands, and the wife as much as any of her maids. The farm had eighteen cows, quite a number of sheep, and a goodly number of acres of grazing and grain land. There were two dwelling-houses—one for the reception of strangers and friends. I found the people here were very shy.

While here a woman came and asked me if I had met her husband, who had gone to Norway and had remained there: she had heard indirectly from him. During my journey in Scandinavia I found several poor women with their children who had been deserted by their husbands and fathers, who, under the pretext of going to America to see how it looked before bringing their families, never wrote, and were never heard of again.

The weather, which had remained cold for a week, and varied from about 1° to 18° below zero, began to moderate, and then came on the mildest temperature I had met since I left Christiania; the mercury stood at eight o'clock A.M. at 36°, at noon, 45°, and at three P.M. fell back to 38°.

From Saiwits we came to Nikkala, the last station before Haparanda. I was welcomed by the farmer, for he had heard of me, and had wondered if I would stop with him. Fresh logs were thrown into the fire, and the cheerful flames lighted the kitchen, where coffee was made and served in the parlor. I was a guest, and for the first day it would not have done for
me to remain all the time in the kitchen. Flower-pots with carnations, roses, geraniums, etc., were at the windows. The mother, Matilda Serlota (Charlotte), and the daughter, Maria Matilda, a perfect blonde, and really a good-looking girl, and Abram (Abraham), the son, and Maria Kajsa, the maid of all work, with the husband, composed the family at that time. When I asked the daughter to write her name and those of her people in one of my memorandum-books, used for the purpose of judging of the education of the people, I learned here, as I had farther north, that the young among the farmers wrote badly, sometimes unintelligibly, and many of the old people did not know how to write at all, but old and young knew how to read.

From Nikkala to Haparanda the distance is about six miles. There was but little snow; it had drifted badly in many places, showing that we were in a windy region; in others the road was bare, and nowhere was the snow two feet deep on the level. Dreary, indeed, appeared the frozen sea in its white mantle, and the long low granite promontories, clad with fir and darker pines, coming down to the ice-bound shore. But beautiful was the pale-blue sky in contrast with the white robe which covered the country, and the pale rays of the sun did not seem to give any heat.

Late in the afternoon on the 17th of February, 1873, I came to Haparanda, at the mouth of the Torne River, after a journey of 740 miles from Stockholm over the deepest snow I had ever crossed. I had been over five weeks on the way, but felt none the worse for the journey. I had now reached the extreme northern part of the Gulf of Bothnia. The coast was low, fringed by birches, and the gulf looked like a vast white plain. The farms were few and far apart, and there was an oppressive dreariness about the whole landscape.
CHAPTER V.

Winter between the Gulf of Bothnia and the Arctic Sea.—Leaving Haparanda.—

A Wind-storm.—A Female Driver.—A Welcome Station.—Winter Dress of Fin-
landers.—Cold Weather.—Clear Atmosphere.—A Humble Cottage.—Wilhelmina.
—Sugar-crackers.—Niemis again.—A rather Strong Welcome.—Cow-houses.—

Ruskola.—Carl John Grape.—A Terrible Storm.—A Rich Servant-girl.—Snow-
shoes.—Learning how to go on Snow-shoes.—A Cold Church.—Pirtiniemi.—An

Old Friend.—Sattajärvi and its Kindly People.—A Female Companion.—Elsa
Karolina.—On the Frozen Munio.—Arkavaara.—A Night at Muonionalusta.—
The Lovers.—Welcomed once more to Muoniovaara.

In winter the country between the Gulf of Bothnia and the

Arctic Sea is subject to violent winds, which sweep northward

over the frozen surface with no obstacle to lessen their fury.

We left Haparanda in a storm so severe that our horse could

hardly proceed; and, as it increased, our sleigh was often in

danger of upsetting. The snow flew in thick cloudy masses
to a great height, curling and recurling upon itself in vari-

ous fantastic shapes. The wind whistled round us, and it was

fortunate that our clothing and everything else was made fast,

for one of the large heavy reindeer gloves worn over my

thick woollen mittens was blown away as I changed hands to

drive, and was so quickly buried in the shifting drift that I

could not find it again. My driver at the second station was

a stout girl of twenty, strong enough to wrestle any man, but

shy, modest, and gentle. I could not tell how she looked, for

her face, like mine, was entirely wrapped up. When I entered

the post station-house at Korpikylä I was quite dizzy, and for a

moment could not walk straight. The gale had now risen to

such a height that it was impossible to travel farther that day.

During the night it blew with still greater fury, howling so

wildly round the house that I could not sleep. Towards morn-
ing the storm abated for a few hours, but the wind rose again,
and blew with greater fury than before. Grand, indeed, was
the sight, as I stood on the banks of the Torne River watching
the spectacle. The tempest swept over the land with incred-
ible force; the snow rose in thick clouds, forming deep drifts
and hillocks, which shifted constantly. This great storm, the
grandest of that year in that region, lasted, with the exception
of a few lulls, over three days. During that time the temper-
ature ranged from 7° to 22° below zero.

As soon as the people began to move from farm to farm
the news was spread that the stranger from America had re-
turned, and on Sunday the farmers came pouring in from the
whole neighborhood—even from the other side of the Torne
River. The winter costumes were not so picturesque as in
other places. The men wore long overcoats lined with sheep-
skin; the women's dresses consisted of a body of black cloth
with a skirt made of thick homespun, a long heavy jacket,
having sheepskin inside, and a warm hood. Many of our
guests remained all day, and nearly all of them invited me to
visit them. They sung for me, but their voices were inferior
to those of the Swedish peasantry. The amazement of these
good people was great when they heard I was going north.

After the storm the thermometer ranged from 22° to 27° be-
low zero morning and evening to 30° at night, and from 13°
to 18° below zero in the afternoon—the atmosphere being
perfectly still. I was no more a stranger with the people, and
had to stop at several farms on the way. They knew the time
I was to pass, and did not wish me to continue my journey
without stopping awhile at their houses. Coffee, bread-and-
butter, cheese, and dried mutton were set before me, and I
was plied with questions as to my purpose in going so far at
this inclement season. "It is no fun to live with the Lapland-
ers—stay with us this winter, Paul," said they; "we will teach
you how to go on snow-shoes, and we will hunt bears when the
time arrives."

The cheerful open fireplace of the farms of Sweden and
Norway had given place to the clumsy thick stone structure
of the Finns.

One who has never travelled in winter in northern lands
can have no conception of the clearness of the atmosphere when the temperature is from 30° to 40° below zero. Then there is not a breath of wind, generally not a cloud in the sky, the blue of which is very light. The outlines of the distant forest-clad hills are of a peculiar light purplish blue of indescribable softness, and are so sharp and distinct that they are seen from a greater distance than in more southern countries. There are also many different shades of color in the sky—pale blue one day, deeper the next. This dry still cold is so healthy that it never even parches the lips, no matter how long one remains out-of-doors; during the whole of that winter mine were not sore once; it seems to give strength to the lungs and banishes all kinds of throat diseases.

Soon after leaving Korpikylä, coming to a farm along the road I saw a little girl watching for some one. As soon as she saw my sleigh she rushed through the snow towards me, and bade me come in. Her name was Hilda Karolina. Hardly had I entered the large room when she put her arms around my neck, gave me a kiss, and told me that every day she had put on her snow-shoes and run out to look for me. Though we could not talk much to each other we managed to become good friends. She was a true child of the North, with flaxen hair, deep soft blue eyes, reminding one of the sky, very white skin, and rosy cheeks—healthy, strong, and consequently happy—far happier than many children clad in costly garments, and surrounded by so many playthings that they take no pleasure in them.

A little farther on was a humble log-house, where lived Greta Maria, a poor widow, and her four daughters. They were standing on the porch watching for me, for they would not let me pass without inviting me in. I entered the plain, small, but very clean room; and while the mother and daughters were spinning we talked. The old lady wore glasses, and age had made her handsome and dignified. Some of her daughters found employment among the farms, or worked by the day. All the women know how to spin and weave, and work in the fields also. Greta and the daughters then with her supported themselves by weaving for others on their loom at
home, and by buying a little stock of spun cotton thread and making white or colored handkerchiefs; or at other houses they made woollen cloth. They got along very well, enjoying good health, though without even a cow; a few goats furnished them most of the milk they wanted, and some sheep the wool they needed for their garments. They were satisfied with their common healthy fare, and by economy managed to have always a little coffee in the house, to offer to a friend or stranger. They lived on coarse flat bread with sour milk, cheese, and sometimes butter, hardly ever tasting meat; the dried flesh of the sheep or goats they killed every year was kept for festive days, such as Christmas or Sundays, or for the entertainment of strangers. Now and then they would eat fish, which they had caught and salted in summer, or game presented to the mother by some one who was trying to win the heart of her handsome flaxen-haired daughter Wilhelmina, who was considered the flower of the family. They asked me all sorts of questions. They were apparently perfectly contented, and loved their simple home and northern climate; they did not repine against their lot, for their religious belief was that whatever God did was the best for them; on the shelf was a well-worn Bible and other religious books several generations old. They did not care about the allurements and wealth of the world. "There is another life," said the old woman to me; "let us be good, and love God with all our hearts." When the weather was fine she never missed going to church, though it was at a considerable distance. I could not leave without taking a cup of coffee; but it was mixed with roast barley, for they could not afford to have it pure. Wilhelmina bit off a piece of rock-candy, which she gave me, to put in my mouth while drinking the coffee; her rosy lips and white teeth seemed to me such charming sugar-crackers that I had no objection to the way the sugar was broken. While I was taking coffee all kinds of advice was given me for the journey; for, though it was 35° below zero, it would be colder still; in order not to freeze my nose and ears I must rub them with snow now and then, and use my mask often; I must always hang up my stockings to dry in
the evening, so that they will not be damp in the morning; I must take the grass out of my shoes and dry it well, and not forget to hang up my shoes. The earnestness of their recommendations showed that they came from the heart. Saying good-bye, I put a little money into the hands of the mother. "No," she said. "Yes," I answered, and jumped into the sleigh; the two tucked the robes around me. "Welcome back, Paul!" were the last words I heard, and soon we were out of sight.

As my eyes rested on the dark beautiful distant forest-clad hills, I thought I had never before seen such effects. Now and then we drove on the frozen Torne River, to shorten the way, passing by many little farms and poor cottages. Here a farmer is considered well off if he possesses a farm valued at 1000 to 1500 dollars; the buildings alone in America would cost several thousand dollars. The little station-house of Niemis was almost buried by drifted snow; the well was surrounded by a heavy mass of ice, which kept increasing every day as the drippings of the bucket fell upon it. I entered the dirty room where the family lived. The old man put on his long coat lined with sheepskin, which had seen its best twenty or thirty years ago; he had pride enough to wish to hide his worn and dirty clothes; he then put on his fur cap, and was dressed. His wife put on her old sheepskin jacket, with the hair inside; while Kristina, a daughter of sixteen or seventeen, rushed to the well for a bucket of water to wash her face and hands; she then undid the tresses of her hair, which fell in a thick, wavy, amber-like mass over her shoulders, and combed it in such a hurry that much was torn out; then she tressed it again, and put a clean bodice and skirt over the dirty one, and finished her toilet by putting on her Sunday shoes. The mother, in the mean time, swept the room, and put more wood in the open fireplace. A new-comer made her appearance—a former acquaintance of mine, the mother of the farmer—an old woman of eighty years, yet with hair almost black falling loosely over her shoulders, combed perhaps twice a month; she reminded me of an old gypsy: she squeezed me in her arms to show the depth of her feelings, and how glad she
was to see me once more; and I felt that, notwithstanding her age, she was still strong. I could not free myself until she released me, and I shall long remember that tight embrace. Their cow-house was a curiosity; it was a small log-house, almost buried in the snow; four cows were there, and they were so thin that their ribs and bones protruded. The hay crop had been poor. As in all similar houses, a large iron pot was encased in masonry, and used to cook the coarse marsh-grass for the cattle. During the winter months the cows do not go out at all; every aperture is closed against the entrance of cold. I could not leave these good people without partaking of a cup of warm milk, for which they would take no money.

I continued my route with a new horse and sleigh, the snow increasing in depth as I went on. At Ruskola I was received with open arms by my friends Carl John Grape and his wife, who wanted me to tarry, to learn how to go on snow-shoes and to speak the Finnish language. Carl's farm was a very good one. I could not help noticing how industrious the people were; Selma Maria was a model of a farmer's wife, a thorough house-keeper, always busy—cooking, washing, weaving, spinning, baking, sewing, knitting, or making butter from morning till night. The children had to be looked after, and taught to read, that they might learn their catechism. Selma, Safia (Sophie), Hilda, Emma, Carl, Thilda, Amelia, were the names of these children, and they looked like a flight of stairs, so closely did they follow each other. A maid and two men servants made the remainder of the family, besides two or three other farm-hands paid by the day. A poor girl is often hired to do house-work, or weaving or spinning, for a few days, that her family may be helped a little: in summer Grape would often hire one or two extra, unnecessary hands, simply to help his poor neighbors. Eva Maria, the maid, was quite a belle in the neighborhood; she had rather high cheek-bones, florid complexion, fine teeth, with youth and health, and was the maid of all work, having entire charge of the cow-stable and the milking. The most remarkable thing was that she was rich, possessing 1800 or 2000 kronor (about 500
dollars) in her own right, being an orphan girl. Many were trying to make love to her, and several had proposed marriage, but she laughed at all her suitors, and wanted to be free and independent; not seeing why she should marry to be afterwards poor, since all her little fortune would belong to her husband. "No, indeed," she would say, "I am not going to get married; I prefer to work all day long;" and then merrily sung and laughed. Eva Maria was kind and amiable to every one, even to those who wanted to be lovers, and these were plenty, for she not only had money but was intelligent and industrious—in a word, quite a prize.

While in Ruskola another violent tempest swept over the country, preventing further travel. The frozen Torne seemed to be enveloped in a cloud of white dust, and for twenty-four hours there was no cessation of the blustering wind; at times it snowed very heavily, and the thermometer stood only 7° below freezing. After the storm huge drifts of snow made the roads impassable. Grape advised me to wait a few days before continuing my journey; "for," said he, "we do not plough the roads here: let other people travel first, and then the road will be in better condition."

For several weeks I had applied myself with all my might to the study of the Finnish language. Each syllable is very distinct, making it easy to acquire; but a greater number of words are often necessary to express an idea than in English. Two things are essential to a traveller who wishes to see thoroughly these northern countries—he must know how to travel on snow-shoes, and how to drive reindeer. With these two accomplishments he can roam where he likes.

The snow-shoes used in Scandinavia are very unlike those of the Indians of North America, and are far superior for speed and comfort, requiring no spreading of the limbs. At the first glance one may think them clumsy, on account of their great length. Those used in a mountainous or wooded country are the shortest, and generally six or seven feet long; those used by the Finlanders on the banks of the Torne are much longer, averaging some ten or twelve feet. The longest are those of Jemtland, where they sometimes measure four-
teen to sixteen feet. They are made of fir wood, about one-third of an inch thick at the centre, which is the thickest part, and four or five inches wide. There is a piece of birch at the centre, and over this is a loop through which the instep of the foot is passed; the part near the foot is convex, so that the weight of the body cannot bend the shoe downward. The under part is very smooth, with a narrow furrow; both ends are pointed.

The boots of the Finlanders are specially adapted to snow-shoes, they being pointed, without heels, and so large that the foot can be surrounded by Lapp grass. With two pairs of home-made woollen stockings one can defy the cold, but the foot must be perfectly free. In travelling, one always carries a good stock of Lapp shoe-grass. Grape gave me a very beautiful pair of snow-shoes (now, with one of my sleighs, in the rooms of the American Geographical Society of New York). They were admired by all who saw them when I travelled north. Ruskola was a very good school in which to take the first lessons, the Torne being frozen and covered with snow, with a surface smooth and easy for a beginner. While there I practised on snow-shoes several hours a day. If a man has to travel in a flat country he must have two staves, at the end of each of which is an iron spike, and a little above this wicker-work, about ten inches in diameter, to prevent the stick from sinking deeper; when the snow is soft, these serve to propel the person forward.

Snow-shoes must not be raised, but slid one after the other, unless when going down a hill; then the feet are kept side by side, if possible. The natives can easily go ten or fifteen miles an hour when the snow is firm and in good condition. For a beginner the great difficulty is to keep the two shoes exactly parallel, and prevent them from becoming entangled with each other. On a level surface the walker cannot hurt himself in falling on the deep snow—a great advantage over skating, for ice, as many know by experience, is not a pleasant bed to fall upon. The first day, after two hours' practice, I could slide on the Torne River a thousand yards without falling. It is very difficult to walk on the crusted
A LAPP GOING DOWN-HILL ON SNOW-SHOES.
HOW TO TRAVEL WITH SNOW-SHOES.

snow without a great deal of practice, as the shoes tend to slide too far apart, or the lower or upper ends overlap each other. The ascent of hills is made in zigzag, and is hard work for those not accustomed to it. But the most difficult of all is to descend the steep hills, as the momentum and speed are very great; it is even quite dangerous in mountainous regions, and where boulders are uncovered; it is safe only for those who have practised from childhood, for the speed is as great as in coasting. I have often trembled at seeing Norwegians or Lapps come down the mountains. In descending, the two shoes must be parallel and close together—a very difficult task, and almost impossible on rough ground. One must have a long stout staff for a rudder and guide, to be used on the right or left, as occasion requires, and the body must be bent forward. I have never been able to descend in this manner. In going down a steep hill he who cannot imitate a Scandinavian or Lapp must ride a staff, resting upon it as heavily as he can, taking care, also, to keep the shoes even. The staff acts as a drag, and prevents him from going too fast. I was
not successful the first time I tried. I had not slid a yard before my shoes left me and went to the bottom of the embankment, and I found myself seated in the snow. I had not bent my body forward enough for the momentum of speed. I tried again, but with no better success. I have frequently seen the children in Norway practice jumping on their snow-shoes. Sometimes, where one side of the road was higher than the other, they would leap over to the other side, and land upright, often from a height of seven or eight feet, and even more, enjoying the excitement amazingly.

On Sunday I went to the old log-church of Matarengi, built two hundred years ago. The day was so cold that the clergyman read the service and preached in a heavy fur coat, and every one in the congregation was dressed in furs.

I left Ruskola with the thermometer standing at 34° below zero. As the horse stood before the door, with my snow-shoes tied to the sleigh, Grape called me into the guest-room. He then opened a bottle of old wine, and he and his wife drank to my health and the success of my journey. The good fellow was sorry to see me depart. As I drove along, admiring the marvellous shades of the distant hills, I saw now and then a woman getting a bucket of water from an almost frozen well, or hurrying from the cow-house; or a man was taking a load of wood from the shed by the farm. I enjoyed those winter scenes in the highest degree. The dry and bracing atmosphere seemed to give me additional strength. What a glorious contrast was it with that of the miasmatic equatorial African jungle, where a white man's life is a continual struggle against death!

At the end of the day I reached the station of Pirtiniemi, where in the summer I had crossed on a ferry-boat to the other side of the lake, to meet the highway. The thermometer stood at 32° below zero, and the night was superb. The flashes of the aurora borealis darted high into the heavens, and the stars twinkled brightly through that clear blue sky. Pirtiniemi was indeed a poor station to spend the night in. All the family and wayfarers were in the kitchen, which was far from clean. Some were sitting around the blazing fire,
smoking and chatting; while several others were asleep on skins on the floor, but the color of the robes on the beds was very dingy and uninviting. The wife could speak Swedish, and immediately on my arrival there was a great bustle; coffee and the best supper they could afford were prepared. The large room for travellers was clean, and a big fire was immediately lighted in the oven-like fireplace; the structure, however, was not in order, and the thick masonry would not get heated, as there was nothing to prevent most of the heat escaping up the chimney. The bed was brought near the fire, and when made presented a nice appearance. I was to sleep between two fine soft robes of hareskin, as white as snow, and other robes of fur were spread over me. In spite of the fire the mercury stood at 18° in the room during the night. The farmer excused himself for the poor accommodation he had to offer me. The house was very old; they were going to build a better one—indeed, it was already partly built; but "we must go slowly," said he. "I bought this farm for nine hundred rix-dollars, and I owe six hundred on it; the times have been hard, and there is the five per cent. interest on those six hundred rix-dollars to be paid every year."

I slept splendidly, though when I awoke the mercury marked 15° below zero in my room, and 34° outside. The wife had a sister in America, and that seemed to be a bond of friendship between us. "Try to see her," she said, "when you go back. Tell her that we are all well, and that God is kind to us." The sister lived in Michigan, which State seemed to the wife about as large as her parish, and fancied that in New York every one knew her sister. "Don't you remember," said she, as I was ready to start, "the girl who drove you to the next station the summer you were here? But now you would hardly recognize her, for she is a big girl. How happy she was when back again, and showing the little silver piece you had given her! It was the first one ever owned by her. What you did on the way was told: how you gave her some biscuit that had been brought all the way from America, and some candies. Go and see her, for she often speaks of the stranger who gave her money, and wonders if he will ever come back; II.—6
she has often said that she would like to see him again. How glad she will be! The boy who will drive you to-day knows the way to her house, which is on a farm in Korpilombolo, not far from the church. Good-bye! Welcome back on your return! Happy journey! Take great care of yourself, for it will be very cold in the far North, and you will have to sleep on the snow."

When I stopped at that farm-house in Korpilombolo and entered the door, a large, bright, beautiful girl met me. Suddenly a smile came over her face, for she recognized me, although I was dressed like a Laplander. She was my dear little driver of the year before, but she had grown much since then. Soon after my arrival the house was crowded with the neighbors. The clergyman, a strong healthy young man, a native Finn, came also. I found him exceedingly agreeable. Soon a man was pointed out to me who had returned in the summer from the United States, where he had remained only a year, getting so home-sick that he came back to the land of his ancestors. How strong is the love of home or country in the hearts of many! No hope of gain could have made that man stay in a strange land. He loved and dreamed of the long days in the land of the midnight sun; the long nights of his northern home; the snow; and the birch, fir, and pine forests. The farther he was from them the more beautiful they appeared to his vision, and his friends were much dearer to him than strangers.

But, when years have elapsed, how disappointed are we on our return! Father and mother are dead; sister and brother have left home; old school friends are scattered, or, if still living, the bloom of boyhood or girlhood has given place to deep furrows on the face, the buoyant spirit of youth has gone, the gray hair shows the ravages of time; the laughing girl with whom we gathered flowers has become a sedate matron; the fields do not seem so large as they used to; the trees are not so big, the fences not so high, the rocks less towering; the barn is much smaller, and the river has dwindled to a brook; the great school-house has shrunk to a small room. The eyes of childhood magnify everything. At that time of life the
days, months, and years were much longer, and vacation seemed as if it would never end. Now time passes away more swiftly. It was spring yesterday; it is summer to-day; and the winter will come to-morrow. How much quicker does time fly as we grow older!

After leaving Korpilombolo we took the winter road, marked by branches of trees, made a short cut over frozen marshes and swamps, through forests and fields, and arrived at the post-station of Otanajärvi. The weather was fine, though cold; even in the afternoon the mercury remained at 30° below zero; the snow was gradually increasing in depth, but the drifts were getting scarcer. At Sattajarvi I found that some one had preceded me on the way, and that the people had not forgotten Paulus, but were waiting to welcome him. The reception-room was soon filled with people. "Here is Paulus again," said they, as they looked at me with amazement, "all the way from Stockholm! Did you ever see such a man? Paulus, where are you going?" "To Norway, to North Cape, to live with the Laplanders, and to the Norwegian fisheries." A shout of exclamation arose at these words. "Go and live with the Laplanders? It is true, we see; we had read this in the newspapers, but we did not believe it."

"Where is my friend Kristina?" said I. (The reader remembers, perhaps, the girl whom the people wanted me to take to America on my first visit.) "Why, have you not seen her? She lives in Pirtiniemi." "No," said I; "it is too bad."

"Paulus, you are not going to-day? Indeed, we shall not let you go; you must stay some time with us. We hear that you have been in America since we saw you." "Yes," said I, "but only for a few days." This speech made them look with still greater wonder upon me. "What are you going to do? You will find people talking only Finnish or Lappish, and you will have a long journey to Norway." "Yes," said I, "I shall have trouble. It is hard to travel in a country if one cannot talk with the people." More logs were thrown into the fireplace, a meal was served, and we continued to talk to a very late hour.

The following morning a young Finn girl was brought to
me. The people of Sattajärvi had given me a guide in summer, and they wanted me to have one also in winter. They said, "Paulus, we bring you a girl to go to Norway with you. She has been there before, and can talk Norwegian, which you can understand, so she will be able to interpret for you." They all seemed happy to have found somebody to help me. It never occurred to these primitive, kind-hearted people that I could violate the trust put in me.

Elsa Karolina was a young and pretty girl of seventeen years. Her mother was dead, and her father lived a few miles from Sattajärvi, and was very poor. Two of her sisters had migrated to Norway, where one was married; she had come from there herself a few months before, over the mountains, with Lapps, to Pajala, to be confirmed, for here was the church where she had been baptized, and where she must obtain the certificate necessary for her in any other district. She seemed glad at the prospect of going with me, and was even willing to follow me to America. How beautiful is the trust of that primitive life which, in its simplicity, does not see the evil, treachery, trickery, and rascality of a higher civilization! Why should she be afraid? why should the people fear for her? I promised that, wherever I landed on the coast of Finmarken or Norway, I would make arrangements to let her go to her sisters. They believed me, and that was enough.

The good people of the little hamlet of Sattajärvi rejoiced when they heard I would return from the North in the spring; they said, "You must then stay many days with us, Paulus." At Pajala a large and comfortable school-house had been built since I had left; a teacher and his wife lived in the building, and a fine piano adorned one of the plainly furnished rooms of the family.

Here we found the snow much deeper than at Haparanda. There had been several heavy falls, which made it of a depth of five or six feet in the woods. I could go to Norway over the frozen Torne, through Jukkaszärvi, and then over the mountains to the Ofoten fjord, situated about lat. 68° 40'. This route would leave me unacquainted with a large tract of country northward, where the Laplanders were the most numerous
in winter. I concluded to continue my journey by ascending the Muonio River to Lake Kilpisjärvi, of which it is the outlet, and then over the mountains to Lyngen fjord, above lat. 69°, almost opposite the Lofoden Islands, thus seeing the country I had not explored in summer. In winter the distance from Pajala to Muoniovuara is twelve Swedish miles. There are three stations on the way—Kaunisvaara, Killangi, and Parkajoki—the distance between each two being about three miles. The winter road makes a short cut across forests and swamps, and there is no highway. Now and then we met a queer-looking conveyance used to carry hay, a sled very much like a crate, with men dressed in reindeer skins. The horses seemed about as lazy as the men, and went as slowly as they possibly could, using their own intelligence to get over the difficulties of the way. I had to awaken several of these men to make room for me to pass. The weather had now become charming, and the thermometer remained all day at or within a fraction of 13° below freezing.

At Kaunisvaara—which small hamlet is situated about half-way between the Torne and the Muonio—we waited for two hours. All the horses were either in the woods drawing timber, or in the fields taking in loads of hay, which had been stored at a distance. The people were busy hauling it to their farms, for in summer very little transportation takes place. Our route was through a forest of fine fir-trees till we came to Arkavaara, on the banks of the Muonio. The owner of the place and his wife were Swedes. "You had better stay for the night," they said, "and go on to-morrow." The invitation seemed so honest that I accepted it. A substantial dinner, an excellent bed, and a hearty welcome were given to me. On the next day, when I mentioned paying, I was at once stopped, and was told that the invitation to stay was to enjoy the pleasure of my company. Often at these farms are inns, and one never knows exactly what to do; but it is safe to offer payment. The road lay over the frozen Muonio, and, with the exception of myself, the travel was done entirely with reindeer; as there was a great deal of traffic, the track was very good for a horse. The Finns at home were dressed in home-
spun and woven clothing, and only used the Lapp dress when travelling.

It was late when I reached Muonionalusta, but the lights twinkled through the windows, showing that the people of the hamlet were not asleep. The inmates of one of the houses came out and bade us welcome. There was quite a company of people inside. On our arrival more logs were thrown into the open fireplace, and room was made for us to warm ourselves, for the night was very cold. The men and women were smoking, and having a little chat before going to bed. This farm belonged to Lars Johanson. The people seemed happy when they heard I was to spend the night with them. The two daughters, Lovisa and Sophia, immediately went to work, and, while we were chatting, prepared a meal of reindeer meat for me; coffee was roasted, and the good farmer Abraham brought in another armful of firewood. The people here consume a vast amount of fuel. None of the residents were bashful, and numerous questions were asked of Elsa Karolina concerning me. When bedtime came the neighbors left, and immediately preparations for sleep took place. The sofa-bed was opened, a sliding-drawer was pulled out, the hay was shaken up afresh, and reindeer and sheep skins were put over it for me; other skins were spread on the floor as beds for the family. Then all took off their shoes and stockings, and hung them on a cross-pole, near the ceiling, by the fireplace. Father and son now bade us good-bye, and left. Elsa Karolina and one of the daughters slept together, while the eldest daughter slept near me, bundling with her sweetheart, this being the lovers' day.

I had had only one unpleasant adventure since leaving Stockholm; but one, indeed, since my arrival in Scandinavia. Coming before a fine-looking house, well painted, and thus showing at once that it belonged to a family of more than ordinary refinement, my driver alighted, and said that we must go in, as it was the house of his mother-in-law. I had hardly entered before an old lady made her appearance, and welcomed me in the kindest manner. Then my little girl driver of the summer before came in, and I gave her a gold ring, showing her
the silver one she had given me. The good hostess invited me to dinner, and to spend the night. Four sperm candles were lighted; and when I remonstrated against such a waste, she said there could not be too much light to see a man from America. In the mean time my companion had disappeared, and when he came back he was tipsy, to my great annoyance. He gave as an excuse that he had caught cold, and had a great pain in his head. The dinner was served, and I had hardly commenced when the door opened, and the two daughters made their appearance; one gave such a look at my humble luggage in the corner of the room that I saw at once I was not welcome. I said "Good day;" she hardly deigned to answer, and glanced at her brother-in-law in a manner which showed that he was not in her good graces. She unmuffled herself, seeming more and more angry, went into the next room, said a few hasty words there which I could not understand, came back through the room, slamming the door, returned with a pillow, leaving the door wide open, and rushed into the apartment in an angry mood. The fork dropped from my hand as she said "This is not the station-house." "I know it, madam," I replied; "I came here to see a little friend; your brother-in-law brought me here, and your mother invited me to stay." "You can sleep but one night here; there is no room for you." I said nothing, but got up from the table and ordered the horse to be made ready. The mother and other daughter were mute, and seemed afraid. Then she said,"Will you not stay here for the night, and go to-morrow?" "No," said I. I thanked the mother, and gave to the servant a piece of money which was more than I would have paid at a hotel for my dinner: I was glad to go back to my friends. The next day, probably feeling the impropriety of her reception, the daughter came and excused herself, and said she would be glad to see me. Such was the end of that unpleasant adventure, which, no doubt, was occasioned by her dislike for her brother-in-law, and the state of drunkenness in which she saw him: she thought perhaps that I had made him so.

Muoniovaara was only a short distance, and I was received by my old friends, the family of Herr F——, with a hearty
welcome. The father had gone to Haparanda, to attend the fair at Torneå, and they seemed quite astonished when they heard I had not met him on the way; but I was well received by his kind-hearted wife, his two amiable daughters, and his two sons, one of whom was now on a visit from Karesuando, where he resided, being the länsman of the district. They said that, though their father was not at home, they would try to make me have a good time. They succeeded splendidly. The last sheep was killed, and I could see by that and sundry other preparations in the kitchen that these hospitable people intended that I should live on the fat of the land.
CHAPTER VI.

Winter Scene at Muoniovaara.—Laplanders.—Lapp Winter Costume.—Lapp Shoes.—Head-dress.—Gloves.—Learning how to drive Reindeer.—The different Lapp Sleights.—Reindeer Harness.—Difficulty of balancing One's Self in a Lapp Sleigh.—How to drive Down-hill.—How Reindeer are taken Care of.—My first Drive.—Great Speed.—Upset going Down-hill.—Departure for a Laplander's Camp.—A not very Graceful Start.—My Reindeer runs away without Me.—A Reindeer's Gait.—The Noise they make.—A Laplander's Kåta in Winter.—Reception.—Preparing the Evening Meal.—A Night with the Lapps.—Cold Weather.—Killing a Reindeer.—Hardships of the Laplanders.—Training Reindeer.—Their Speed.—Departure from Muoniovaara.

Muoniovaara now presented a very different aspect from that of summer. The yard was crowded with queer-shaped Lapp sledges, to which were attached magnificent reindeer, and Laplanders, in their quaint winter garments, were talking to each other. How comfortable was their dress: no clothing is warmer than reindeer skin, and it is well adapted to the climate. It is convenient either when the wearers are riding in their sleighs, travelling on snow-shoes, or breasting the violent wind-storms which they encounter in their wanderings. Experience has taught the Lapps that it is very important that nothing they wear should impede the free circulation of the blood, which maintains the animal heat of the body.

WINTER COSTUME.

The winter kapta is made of reindeer skin with the hair attached; it is loose, reaching below the knee, with a narrow aperture for the head to pass through, and fitting so closely around the neck that cold air and snow cannot enter. The sleeves also are loose, but at the wrist the skin is without hair, or furnished with a cloth band. Under the kapta they wear one or two very thick woollen under-garments, and often over
these a vest made of soft reindeer skin. In very cold weather another warm kapta is worn beneath the outer one, but with the hair inside. The breeches are made of skin from the legs of the reindeer, which is considered the warmest part; these are worn over thick close-fitting woollen drawers, and are fast-
ened around the waist by a string, and, if short, are tied above the knees. Near the ankles the hair is removed, and the leather is made very soft, so that it may go inside the shoe. Nothing can be better adapted to keep the feet warm than the Laplander's shoes, made of skin, soft and pliable, taken from near the hoof. They are sharp-pointed and graceful, and, as they are not made fast, convenient for snow-shoes. Some are lined at the seams with red flannel or cloth; the upper part, which fits above the ankles, is without hair. They are made large enough to allow two pairs of the thickest home-knitted stockings and the Lapp grass to be worn without pinching the feet. Sometimes their socks are made of cows' or goats' hair; these are warmer than those of wool, but are not strong. Great care is taken that neither stockings nor grass are damp. The foot must be completely wrapped with grass to the ankle; the shoe is then put on, the lower part of the legging is put inside, and a long band attached to the shoe is wound round and round, preventing the entrance of either air or snow. These shoes can be used only in cold dry weather. I do not remember a single instance during that winter when I suffered from cold feet, but I always had one of the natives arrange and prepare the shoes, and put them on for me. In the spring, when the snow becomes wet, hairless boots well greased are worn instead, both by Finlanders and Lapps.

The head-dress of the Laplanders varies according to the district: at Muoniovaara it is square at the top; the upper part is either blue or red, and is filled with eider-down, while the thick wide border, often made of otter-skin, can be turned up in frosty weather; the down, which is several inches thick, was too warm for me. A mask of fur is put over the face for protection, but this covering is used only in very windy weather. Their mittens are of the warmest description, made from the skin near the hoof; they are very loose, with room for a thick pair of woollen ones inside; and as they lap over the lower end of the sleeve of the kapta with these, I never suffered from cold hands that winter.

The very appearance of the yard at the farm showed that I was in Lapland. The conveyances are peculiar: the kerres—
used either to carry people or merchandise, over which is a skin fastened with strings—is very much the shape of an open boat, and is made of narrow fir planks, very strongly ribbed inside, about seven feet long, two and a half at the broadest part, varying but little in width. The keel is very strong, about four inches wide, but varies much in thickness, as they wear out in time by constant rubbing. The higher they are the quicker one can travel; as in case snow is well packed or crusted the sides hardly touch it, and the keel then acts like a runner under a skate. It was absolutely necessary that I should learn to drive reindeer, and how to remain in those little Lapp sledges. *Pulkas* (in Norwegian, *akja*), built for fast travelling, have keels about two and a half inches thick. The higher these are the more difficult it is to learn how to balance one’s self, and consequently not to upset. The pulkas are used also to pack goods. There are regular posting pulkas, which are more neatly finished, the forward part being decked for about a third of the length, forming a sort of box with a trap opening, the top covered with seal-skin. Their shape is quite graceful, the keel high, and they are made for rapid locomotion. The back is often cushioned, and ornamented with copper buttons. All have on the forward part a strong leather ring; to which the trace is fastened. They are ribbed inside very strongly, and are capable of withstanding any amount of bumping and knocking. Others, called *låkkek*—larger, but of the same form—were covered above like the deck of a vessel, and answered for trunks; one had the top covered with seal-skin, and contained the clothing, jewellery, Bible, hymn-books, handkerchiefs, and a great part of the wearing apparel of the family, or coffee, sugar, flour, and other provisions which required to be well protected. Each is drawn by one reindeer, and carries a single person. The harness is very simple, the common one consisting of a collar around the neck, at the lower part of which a single strong twisted or leather trace is fastened, to which the conveyance is attached. No bit is used, and the rein is made of strong plaited leather straps, and fastened to the base of the horns. There are also fancy harnesses, ornamented by bright belts.
The harnessing must always be done with very great care, for the reindeer is easily scared, and often makes sudden springs at slight noises.

The rider seats himself, holding the rein twisted around the right hand. The line must not be held tightly, and the middle part should not quite touch the snow, for it is dangerous should the rein get under the sleigh; in this case the driver's arms may become entangled, and he be dragged some distance before he can loosen the cord around his hands. A novice, therefore, must be constantly on the watch. If you want the reindeer to stop, the rein is thrown to the left; if you wish to go fast, then to the right; as for myself, I have never been able to make a deer go slow—they never walk unless very tired. You must make up your mind to be upset a great many times before you learn to drive reindeer.

The most difficult and dangerous time in driving is when descending steep hills, as the speed of the sleigh is greater than that of the reindeer. The Lapps sit astride, with their knees bent, using their feet as rudder and drag. To a novice the practice is very dangerous, and might lead to his breaking his legs. They never would allow me to try to come down in this manner, and even they, with their constant practice, sometimes rupture themselves from this cause. In going down I used a short stick, the point of which I would force into the snow with all my might, this acting as a drag. But sometimes the hills and mountains are too steep even for the Lapps. In that case the reindeer is tied behind the conveyance; they cannot bear to be pulled by the horns, and consequently make strong efforts to free themselves, and in so doing greatly lessen the speed. It is also very difficult to learn how to balance one's self, so as to keep the equilibrium of the pulka and prevent upsetting; the greater the speed the more difficult is the task. For example, when a deer, after swiftly going down a hill, turns suddenly in a sharp curve, the rider must bend to the other side, or he will be overturned. I could not have found a better place than Muoniovaara in which to learn to drive reindeer. These animals are not housed like horses. Those belonging to Herr F—— were in the woods,
and when needed the servants had to go after them; neither are they fed, for they have to find their own food. In the early morning, that I might take my first lesson, two men with lassos started for the forest on snow-shoes after the reindeer; for those broken to the harness are sent to feed with the rest of the herd, often remaining days and weeks before they are again required. The herd had been left at a distance of about six miles from the farm. The men returned with five superb strong animals having magnificent horns.

THE FIRST DRIVE.

The harnesses used were fancy ones of brilliant colors. Herr Gustaf, the son, was to accompany me and be my teacher. After being seated I was shown how to twist the rein around my hand and wrist. When I remonstrated, I was told I must not hold it otherwise, because, if I should upset, the animal could not run away without me: a cheerful prospect, I thought! Gustaf was to lead; I was to come next, and the man-servant was to follow to keep watch over me. The reindeer were brought to the side of the dwelling-house, near a hill that led down to the river. The young ladies did not join the party, but as we were ready to start I saw them peeping between the curtains; their roguish eyes were full of fun, for they knew what would happen, and I did not. The signal given, my leader threw himself into his pulka, and off his reindeer started. Mine followed at the same speedy rate; my sledge swung to and fro, and I had gone but a few yards when I was thrown out, and rolled over and over till the creature stopped. This was the first upsetting but not the last. When I got up and looked for Gustaf he was far ahead, but the man behind was at hand to help me. "No one who had never driven a reindeer could come down that hill at full speed without upsetting," said he, as he tried to console me for the mishap. It seemed to me railway speed, though I was told that my animal was quite a slow one, and one of the most tractable. We had hardly made another start when I was out of the sleigh again. At the foot of the hill Gustaf was waiting, and said it was a splendid place in which to learn
to drive a deer. I did not then see it in that light; but he was right, on the principle that when you go to sea for the first time it is better to encounter a storm at once, and then you will not be sea-sick afterwards. After reaching the river we drove on a level surface, over a well-furrowed track, made by those who had crossed to the other side. The first reindeer went slowly, and I followed in its wake, upsetting only four times in a ten minutes' ride. On our return I was upset a few times more, but was perfectly satisfied with my first lesson in the art of reindeer driving—especially as I had no bones broken. The animals were then taken back to their pasture-grounds.

Next morning a man started after some of the fastest deer owned by my host. After an absence of about four hours he returned with three magnificent ones, with great spread of horns, and faster than the fastest horse. We were going to make a visit to an encampment of Laplanders about twenty-five miles distant. Herr Gustaf wore his finest dress, the robe being almost pure white, and his gloves and shoes were of the same color. When ready to start, the whole family came out to say good-bye, and to see us off. It was just the kind of weather that makes reindeer lively—30° below zero, with not a breath of wind.

While some one held my deer I got into the pulka; the line was handed to me, and I twisted it around my wrist, when immediately, and before Gustaf was ready, his animal started: he had just time to throw himself across his sleigh. This sudden start was the signal for a wild hurried stampede, each reindeer trying to outrun the other. We went at great speed. Gustaf succeeded in stopping his runaway, but not before tumbling over; this barred the way of mine, which made a sharp turn to the right, keeping up his swift gait. I came near a post, and, if my sledge had struck against it, I should have been thrown out, and probably badly hurt. Happily I escaped this danger, but was shot out of my sleigh heels over head, and rolled over and over till the rein slipped off my wrist, and the animal started as if a fire had been lighted at his heels. I got up, rubbed the snow from my face and out
of my mouth, and looked for my courser, but he was out of sight, and I saw Gustaf driving as fast as he could after him. Behind was the servant, who also had been upset.

When the deer are fresh from the woods the starting is always the most difficult; when they have not been used for weeks, and when the weather is cold, they are wild and unruly. Gustaf returned with the animal, which he had caught after a mile's chase. I could now understand why the thong must not slip from one's hand. We were all mortified, for we wished to have started in grand style. The next time Gustaf rolled the cord around my wrist himself, for he did not want to run after the reindeer a second time. "Now," said he, "the animal cannot run away without you, and when he sees that you are out he will stop." I found by experience that, being of light weight, I was often rolled over and over for some time before they came to a stop.

The track over which we travelled was furrowed deeply by pulkas, and this helped to steady ours. There had evidently been a great deal of travel over it, and we went at times at the rate of fifteen miles an hour. Before we came to the declivity of a hill the animals always quickened their paces, and, by the time we came to the descent, the speed was so great that everything passed before my eyes as quickly as if I were going by railway at the rate of twenty or thirty miles an hour, and the reindeer with their trotting pace sent the granulated snow into our faces. While going fast the animal invariably carries the neck forward. I could hear all the time a sound as if two pieces of wood were knocking against each other; this was produced by the feet. Every time the hoof touched the snow it spread open, and as it was raised the two sides were brought together again. Going down hill, the pace was so rapid that the animals' feet seemed hardly to touch the snowy ground; they knew that if they did not go fast enough the pulka would strike against their legs.

At first, every time I reached the base of a hill, or when we had to go round a sharp curve, I was sure to upset; but finally I understood what to do; and when my sleigh was on the point of upsetting I managed to bend my body half out, and thus
avoided being thrown. This constant watching made the drive very exciting. We drove over some little lakes, and through forests of fir, pine, and birch; but in these our leader alighted, and led his reindeer, for fear that we should knock against the trees, as I was not an expert.

We followed a well-furrowed track, each of us leading our animal; we soon heard the barking of dogs announcing our approach to a Lapp encampment, and found ourselves before a kâta (tent). The people were friends of Herr Gustaf, and we were heartily welcomed. They could talk Lappish, Finnish, Swedish, and Norwegian. Several women were inside the kâta, seated on skins, and all were, as usual, busy. Lapp women are very industrious; upon them devolves the labor of making the clothing for the family. One was weaving bands of bright colors, another was giving the final touches to a garment, while a third finished a pair of shoes: they are very
expert, also, in embroidering cloth or leather. The thread they use is made of the sinews of the forelegs of the reindeer.

The reception is always formal. The left side of the tent was given to us as guests, while the family and the dogs were huddled together on skins. After the usual salutation, the Lapps gradually became sociable. A vessel full of snow was put over the fire, and, when it had melted, the water was put into the coffee-pot, then the coffee was ground and boiled, a piece of dry fish-skin being used to clarify it. Silver spoons, of a rounded shape and with twisted handles, were furnished to the guests. After partaking of their kind hospitality we left them, as we intended to stay with another family, great friends of Gustaf, who were in much better circumstances, and whose encampment was only a short distance off. It was now impossible to drive on account of the trees and the deep holes made in the snow by the reindeer, so we walked in front of our animals, now and then having to pull hard to make them follow. We soon discerned through the trees a Lapp kata, the place where we intended to stay. The father of the family was a well-to-do Laplander, possessing over a thousand reindeer.

The furious barking of half a dozen dogs warned the inmates of the tent of our coming. A short, thick-set, middle-aged, blue-eyed man came out, ordered the dogs to keep quiet, and, recognizing Gustaf, bade us enter. The door leading into the tent was pushed aside, and we found ourselves in the midst of a large family. The left side of the tent was again given to us, nice bear-skins being first laid over twigs of young birch-trees, which were used as mattresses. Several of the family had blue eyes, and the skin of the protected parts of the body was very white; their faces were quite red, owing to exposure to the cold winds and their open-air life, reminding me much of a sailor's complexion. As usual, coffee was at once made. We were hardly seated when a pinch of snuff was offered to us: this is etiquette with them.

The encampment was in a wood, and the tent was made of coarse heavy vadmal, and about twelve feet in diameter at the
A WINTER ENCAMPMENT.
There was a blazing fire in the centre, the smoke escaping by an aperture above. Two kettles filled with meat were boiling, for they were preparing the evening meal; and the tent was so crowded that I wondered how we should all be able to sleep comfortably. Numerous pulkas and kerres were scattered around, snow-shoes were either lying on the ground or standing upright against the trees. Harnesses were hanging here and there, and quarters and pieces of frozen reindeer meat were suspended from the branches. A kind of rack had been built about six feet from the ground, where frozen meat was piled. There was also a store of smoked meat and tongues, buckets full of frozen milk—for some of the deer are milked until Christmas, as was stated by the host himself—and bladders of this congealed milk or blood, and reindeer feet. The skins of animals recently killed were drying, stretched on frames so that they could not shrink. Saddles, empty pails, kettles, iron pots, wooden vessels, and garments were scattered about.

**THE REPAST.**

After the meat was cooked it was put on a wooden platter, and the father, as is the custom, divided it into portions for each member of the family. The fattest parts are considered the best, and I noticed that these were set aside for us. Then we began our meal, using our fingers as forks.

The fire was kept blazing; for it was 40° below zero; and, besides, we wanted the light. While eating, many questions were asked: after our meal both men and women smoked their pipes, and during this time I had to go through a regular catechism of questions on religion, which reminded me of a Sunday-school. They wanted especially to know if I believed in the Trinity. After a long chat, the night being far advanced, the time to sleep had come; then, singing hymns in praise of God, they dressed themselves for the night, putting over their garments a long reindeer gown, extending below the feet—almost a bag. No matter how severe the weather may be, one does not feel cold in such a garb.

Lapps rarely remove their clothing during the winter, and generally only with the change of seasons. When they go to
church they often put the new dress over the old one. Of course vermin swarm in these fur costumes; when they become unendurable, the custom is to expose the garments to the air when the temperature is thirty or forty degrees below zero, so that all noxious things are destroyed. In summer this effectual remedy cannot be applied; but the Laplanders who are more cleanly wear woollen undergarments, which they can wash. Bathing is, of course, impracticable in winter, and not extensively practised even in summer.

Several skins were spread as a mattress for us, and others given for coverings. The fire had gone out, and we were in complete darkness; the air was perfectly still, and I could hear from time to time the booming sound of the cracking of the ice on the surrounding streams. A little later I thrust my head now and then over my furs; I could see the blue sky and the bright stars. All was as still as death, for there was not a breath of wind to stir the branches of the surrounding trees, and the reindeer were at a distance. The dogs awoke me several times, for they would try to get under our coverings. As the people were afraid of wolves, some remained with the reindeer the whole of the night. When we awoke my thermometer marked 37° below zero; nevertheless, I had rested very comfortably. Immediately after our awaking one of the servant-girls was set to make bread without yeast, a small loaf, prepared specially in our honor, being baked in charcoal. Inside the tent and all around it on the ground were small boxes, packages, and skins, to prevent the wind from blowing in; young branches of birch-trees were piled up several inches thick, upon which skins were spread, and upon which the family ate and slept.

The people wanted me to see the killing of a reindeer. In the morning a man went into the wood and returned with a deer he had lassoed. The animal, by a twist of the horns, was laid on his back, and remained quiet in that position; then a sharp narrow knife, somewhat of the shape of a stiletto, was thrust deeply between the forelegs till it pierced the heart, and was left there. The poor creature rose, turned round once or twice, then tottered, and fell dead. The blood
was removed from the cavity of the chest, where it had accumulated, and put into a bladder, and the intestines were carefully cleaned for food; the animal was skinned, the parts between the eyes, over the forehead, and on the lower legs to the hoof were cut separately—these being, as I have said, considered the best for gloves and shoes; the hide was stretched over a frame to dry.

The Laplanders are very fond of dried powdered blood, which is cooked in a kind of porridge mixed with flour, or diluted with warm water and made into a pancake. The meat is cut in large pieces, and put over a rack to freeze. Bladders are always preserved, as are also the sinews, which are used as thread; the horns and hoofs are kept for sale, to be manufactured into glue.

After the morning meal every man and woman, except the host and hostess, put on their snow-shoes, which I noticed were much shorter than mine. They then started into the forest to look after the reindeer and relieve the night-watch. This family had two servant-maids, who were not paid in cash, but at the rate of three reindeer a year. The average pay of a man-servant in this district is five or six deer.

Each dog followed his master or mistress. These dogs are the useful friends of the Laplanders; in order to keep them hardy, strong, and healthy, they are treated roughly, never overfed, and are not allowed to rest till their owner does; indeed, they often seem to get only the food they can steal. Every man, woman, grown child, and maid-servant has his or her own dogs, which obey and listen only to the voice of their owners. They are exceedingly brave, and not afraid of wolves and bears, which they attack without fear, but with great cunning, taking care not to be bitten by them, and choosing their time and place to bite.

The Lapp dogs somewhat resemble the Pomeranian breed; they are not large, and are covered with long thick hair. Some look very much like small bears, and I have seen a few with the same dark-brown color, and without tails. These are said to belong to a peculiar variety, and to have come from ancestors whose tails at first were always cut off. It is won-
derful to see how these dogs can keep a flock of reindeer together; occasionally, for some unknown reason, a panic seizes a herd, and it takes all their cunning and a great deal of running to prevent the deer from scattering in all directions.

Our friends were much afraid of the wolves, and were constantly on the watch at night over their deer. In some years the wild beasts are exceedingly numerous. Reindeer bulls often defend themselves with success against such enemies; but when a pack of wolves rushes into the midst of a herd the latter are scattered in all directions, and then the owners have to go long distances to bring the herd together again, often losing great numbers. The wolf and the järnf (glutton) are the greatest enemies of the reindeer, and the Laplanders have to be constantly on the hunt for these wary foes. When the snow is on the ground, and especially when soft and newly fallen, they pursue the wolves on snow-shoes, easily overtake and spear them, or kill them with clubs; the wolves cannot escape when the snow is deep.

The life of a Lapp is one of constant vigilance; young and old are continually on the lookout, and walk with their dogs around the herd. If the wolves are not hungry they will not dare to come near, but if in want of food they will attack a herd in spite of all precautions. Often the deer detect by their sense of smell the approach of their enemies; in that case the herd moves away. The Laplanders then know what to expect, and with their dogs pursue the wolves, keeping the deer together at the same time.

The process of lassoing reindeer is interesting; sometimes the lasso is thrown thirty or forty feet, and when the animal is strong the pursuer is often thrown on the ground; but as the animal runs the rope draws tighter and tighter, and the deer falls as it gets more entangled in the coils.

The snow-shoes of the Laplander of these regions were much shorter than those of the Finlanders—those for an adult being about six feet long; very long ones would be clumsy in wooded or mountainous districts; they were usually four or five inches wide, and about half an inch thick. Deer-skin, or, in the spring, seal-skin is sometimes used for shoes when the snow
becomes soft; the latter does not stick to the skin. I was told that a Laplander, if the snow is in good condition, can travel one hundred and fifty miles in a day of eighteen hours; if the country is only slightly undulating, they can sometimes go fifteen miles an hour, and even more.

The process of teaching a reindeer to draw a sleigh or carry burdens is tedious and difficult; and, even after being well trained, the wild nature of the timid and restless animal shows itself frequently. The training commences at about the age of three years, and is not completed before the fifth; they are good for work till they are fifteen or sixteen years old. A daily lesson is given to make them know their master, and to accustom them to the lasso, of which they are at first afraid. They are given salt and angelica, and are subjected to no ill treatment when under training. Two men came into camp with a young reindeer, and soon afterwards the work of teaching him to draw a sleigh began. A long very strong leather rein was attached to the base of his horns, and the rest of the harness was carefully attended to; the trace attached to the sleigh was several yards in length, the trainer himself being at quite a distance, thus placing the animal and the sleigh far apart. As soon as the reindeer was urged forward he plunged wildly and kicked, and it required all the strength of the man to hold him. After repeated rests for the animal and driver the lesson was recommenced, and continued till the man was utterly exhausted. To an unpractised eye most reindeer look alike, but the Laplander knows every one of his flock.

It was with sincere regret that I parted from Herr F——'s family, and from Muoniovaara; their many acts of kindness to me, a perfect stranger, will never be forgotten. The young ladies and their two brothers accompanied me for some distance on the river: the former had dressed themselves in the costume of the Laplanders, and drove their pet reindeer. Finally the time for separating came, and beyond the icy river we bade each other good-bye. "Come again, and you will always be welcome. Do not fail," said the lansman, "to come back to Karesuando for Påsk (Easter), for you will see a great number of Laplanders."
CHAPTER VII.

Friendly Feelings between Finns and Lapps.—Towards Karesuando.—Kälkesuanto.—A Finnish Lånsman.—A Blunder.—In Search of a Rich Laplander.—An Ugly Tract. — Reindeer Diggings.—A Useless Drive. — Discovering a Reindeer Herd. — Coming to an Encampment.—On Forbidden Ground.—A Strange Landscape.—Every Reindeer in a Hole.—Karesuando.—A Cold Place.—Towns.—Churches in Lapland.—Lapps at Church.—Costumes.—Lapland Girls.—An Old Lapp.—A Lapp School.—Religious Examination.—Torne Lappmark.—Winter the Travelling Season.—Strength of Reindeer.

This part of the arctic region, especially on the coast, is inhabited by Finlanders, Lapps, and Norwegians; in many districts there is a mixed type, as they have intermarried much. Russian Lapland is here wedged in between the frontiers of Norway and Sweden. The best feeling prevails among those peoples. The Laplanders and Finns are very friendly, the former often visiting with their families, and staying, both in health and sickness, at the farms. In return for their kindness the Lapps will, during the summer months, take the reindeer of the farmers with their own to the mountains to pasture; or, while staying with them, will either make their shoes and gloves, or give them frozen reindeer meat. All Swedish, Norwegian, or Finnish farmers in Lapland must own reindeer, as they require a certain number for winter use; but these thrive only when kept under the same conditions as those of the Lapps—that is, they must have the necessary freedom to roam, without which they are sure to degenerate, and become useless. The males are generally used for draught. Along the coast of Bothnia, north of Luleå, I met some drawing sleighs with pretty heavy loads; and others, farther north, dragging two or three trunks of pine or fir trees; I saw several eating bread and hay, but their principal food must be the lichen. When I was travelling in summer I noticed that in the Finnish for-
ests there are magnificent lichens; the Swedish and Norwegian Laplanders always try to get their reindeer across to these in winter, to find good pasture, and the chances are they will not be detected in those uninhabited districts. The Laplanders who belong to Finland do not complain of them, for they, in their turn, often smuggle articles to Norway by sea, through their Swedish or Norwegian friends; but in both cases care must be taken not to be found out by the authorities. The punishment is a fine, to be paid in reindeer to the länsman; for a second offence the fine is greater; but I have never known of a herd being confiscated, though this could be done according to the law.

The journey on the Muonio as far as Karesuando presented nothing striking. At the station of Kälkesuanta we stopped for the night; the room for travellers was very small, and Elsa and the daughter of the house slept on skins on the floor near my bed. Living at this place, to my surprise, was comparatively dear. About two miles from Kälkesuanta was a comfortable farm, belonging to a skogvaktare (keeper of forest) called John Puranen, and a good stopping-place, for the wife was a Norwegian, and an excellent house-keeper. She and her husband, a servant-maid, and a man-servant composed the family; for a wonder, the couple had no children. My object in remaining at the farm was to go among the Lapps to see a Laplander named Pehr Wassara, who was one of the richest in herds in Sweden—he owned over 3000 reindeer; my friends at Muoniovaara had sent me to him, and I was to inquire where he was. The Finnish länsman, an elderly man, had just arrived, and stopped here. We were acquainted, for we had dined together at Muoniovaara. As we were chatting, while drinking a cup of coffee I said to the wife, "By-the-way, I want to go and see Pehr Wassara, for I hear he is somewhere in the neighborhood." "Where?" said the old länsman, inquisitively. Without thinking, I answered, "I hear that he is about a mile and a half from here." I saw at once, by the sober faces of the family, that I had, unfortunately, aroused the worthy officer’s suspicions. Pehr Wassara was trespassing on forbidden ground, and he had been caught here
several times before; but to all the länsman's inquiries about the offender the people gave an evasive answer, that they did not know exactly—for Pehr was a good friend of the farmer, and both reaped the advantage. I saw that I had made a blunder, and guessed at once that Pehr was probably a smuggler in the forests of Finland. I had innocently made that inquiry before an officer who was looking after him or any other trespasser.

Early the following day, with the mercury at 10° below zero, I was driving with a guide, on my way, as I supposed, to the encampment of Pehr Wassara, when unexpectedly the länsman joined us. Entering a forest after a long drive, we found ourselves suddenly in the midst of a number of holes several feet deep, dug by reindeer. The track of the furrows of the other sleigh was soon lost, and the route became abominable. Down into the depths we would go—up again—then on one side, then on the other. From the top of a mound we were pitched into a hole, bumping against a tree, the boughs or
branches often striking against our faces; to avoid these we had to keep ourselves flat in the sleighs, in constant danger of being upset. Several thousand reindeer had evidently been here, and we were completely lost in their excavations. Wherever we turned we could not discover either fresh reindeer tracks or furrows of sleighs to lead us to an encampment. I began to suspect that our guide did not want us to see Pehr Wassara or any other smuggler: the old länsmann was apparently of the same opinion, for he ordered him to go in a certain direction. We succeeded in getting out of the honeycombed track, and into a clean smooth region. As we entered another wood we came suddenly upon a large herd of reindeer, which apparently had just halted. I could not help seeing, by the look of despair of our guide, that the discovery was not agreeable to him. The länsmann had fallen upon trespassers; for when we saw the fresh furrows of sleighs and imprints of snow-shoes we knew we had come among one of Pehr Wassara’s herds. The creatures composing it were of all sizes, many having superb horns. Strange, indeed, was the appearance of that dark forest with the multitude of reindeer under the foliage.

The animals had just been left, and I witnessed an interesting sight. The snow in this district was not very deep—not over four feet. Under that thick cover was buried the rich moss of which the reindeer is so fond. All except the younger ones were busy digging, first with one forefoot then with the other; the holes gradually became larger and larger, and the bodies of the animals were more and more hidden; they would not stop till they had reached the moss. Whenever I turned my eyes they were seen doing the same work, for they were evidently hungry. The Lapps have to find places where the snow is not more than four or five feet deep, otherwise the reindeer cannot reach their food. The number seemed countless. We followed the tracks of the snow-shoes, and after awhile found ourselves in the presence of three Lapp women, who had evidently just arrived. The women were quiet and self-possessed; they knew they had been caught on forbidden ground, and that if the länsmann
chose he could fine them. My old companion seemed to try to appear furious, but the women listened to him calmly. I felt sorry, for there was not the usual welcome, nor the invitation to spend the night or to partake of coffee—nothing but a cold reception. The men had evidently taken themselves out of the way of the officer of the law, and left the women to do the best they could. They said they did not know they had crossed the frontier, and that it was simply a mistake; they were ordered to leave the place, and recross the boundary. The länsman told them he was coming again the next day, and that if they were seen on this side the herd would be confiscated. Then we left with no kind words, no invitation to come again.

The place of the encampment was well chosen, on a spot where the wind had almost entirely blown away the snow. The tent was not yet put up, but a fire was lighted. The reindeer had just been unharnessed, and numerous kerres, akja, and lakkkek were lying close together, loaded with the frame of the tent and the woollen canvas, with frozen meat, cooking utensils, wooden vessels, etc.

On the way back, another strange sight presented itself. Where had the reindeer gone? None were to be seen. Had they been taken away? As I approached the herd I discovered that all of them had dug holes so deep that I could see only their tails, which swayed to and fro. This was certainly a landscape I had never seen before.

It was wonderful how our guide now knew a good track! We met no more holes and places where reindeer had been before; we drove over an entirely new path, our little boat-like sleighs leaving their furrows behind.

This hard day's work, with the constant jumping, knocking against trees, and tumbling into the deep holes of the honeycombed ground, was too much for the länsman; he came back very tired and quite unwell, and was soon after seized with a high fever, which continued the whole of the following day.

Farther on I crossed the Palojoki River, where we had been in summer, and passed several farms and the hamlet of Kuttainen, when the spire of the church of Karesuando, the most
northern one in Sweden, burst upon our sight, while to the north the bluish birch-clad hills added to the quiet beauty of the scenery, and the houses came in view.

I was now 280 miles from Haparanda. Soon afterwards I came to the modest post-station, the humble but best farm of the hamlet. The seven or eight farms which made the place, scattered wide apart, possessed about sixty milch cows (for the pastures here are very good), six horses, sheep enough to supply the inhabitants with wool, and about 240 reindeer. Now and then there was seen a hay-stack resting on an elevated platform, which prevented the snow from covering the bottom of the stack.

The parsonage was at some distance, and easily recognized by its red buildings. Scattered about were queer-shaped solitary houses, belonging to the nomadic or fjeld Laplanders, in which they kept their garments, ornaments, flour, etc. The station was very comfortable, and the location unsurpassed. The dwelling-house was composed of two large rooms—one in which the family resided, and the other the stranger’s room. The cow-house was opposite, and built very low, in order to keep it warm; the old-fashioned wooden bucket at the well, with its long pole, was entirely surrounded by a thick mass of ice.

Karesuando is situated in lat. 68° 30', on the banks of the Muonio River, and 972 feet above the level of the sea; a little farther north is Enontekiö, at an altitude of 326 feet more. These hamlets are the coldest places in Sweden where meteorological observations have been taken; the mean temperature throughout the year at Enontekiö is about 4° or 5°; at Karesuando, about 6° below freezing-point, the mercury falling sometimes as low as 40° and 45° below zero.

Here, as in some other parts of Sweden and Norway, the cattle are strangely fed. Every farmer keeps as many animals as he can, though the hay crop is often short. The fine hay is kept for the horses, and the coarser grass for the cows; but this marshy grass is so hard to chew that it has to be soaked in boiling water. The reindeer-moss, an excellent fodder, is also used extensively; but it has to be cooked, and is often
mixed with the grass, with the addition of sheep or horse dung. The cattle here looked far better than in many of the districts farther south. Occasionally barley ripens, but the crop is so uncertain that the people seldom plant it. Potatoes grow so fast that the tubers are small, all the strength going into the stem.

At the parsonage the pastor and his wife asked me to be their guest; I expressed my thanks, saying that I came to study the people, and wished to be among them, but that I would come often. I was not allowed to leave that day before I took dinner with the pastor. He was a quiet, undemonstrative man, with a benign countenance, and was much respected by the people, among whom he had lived for a number of years.

All over Swedish and Norwegian Lapland churches are scattered, so that the Laplander may easily attend a church, enjoy the privileges of religion, and partake of the Lord's Supper; and, when his days are ended, his body is carried thence to the graveyard. Near the church are schools where the children are taught, and the clergyman imparts the precepts of religion.

Vittangi, Jukkasjärvi, and Karesuando, in Torneå Lappmarken, are the three most northern churches of Sweden, around which is always found a hamlet. There, as in Karesuando, the Lapps have built many small houses, where they store the various articles they do not care to take with them. On Sunday many Lapps attend the church from their different encampments, either on snow-shoes or with reindeer; those who live far away often start the day before—the Finns from distant villages also join the congregation. The Swedish and Norwegian Lapps are all Lutherans. Here, also, the men were seated on one side of the church, and the women on the other. When I returned to the farm the whole congregation followed me.

At that time there were several young persons who had come to pass their religious examination before being confirmed at Easter (which is here one of the great festivals of the Church), and in that year was to take place on the 9th of April.
They were all dressed in their best clothes, the women in a gown of reindeer skin reaching much below the knees, with pantelettes and shoes of the same material. The women wore queer little bonnets of bright colors, made of pieces of wool and silk; some of the belts around the waist were ornamented with silver; they also wore large glass beads around the neck, and the fingers of many were ornamented with odd-shaped...
silver rings. Their great pride is to have two, three, or four large bright silk handkerchiefs about the neck, hanging down behind. The more they have, the more fashionable they are considered. The men were dressed very much in the same way, except that they wore square caps and shorter gowns. One of the characteristics of the Laplanders is that they are not bashful, though they are not forward. I never met even a bashful child; so we all soon became good friends. The men and women smoked and snuffed a great deal. The large room was packed with people, and all were animated.

In our farm-house there was a white-headed Lapp, nearly eighty years old, who passed all his time, Sundays as well as week-days, in reading the Bible, especially the Psalms, and the Prayer-book. He had ceased wandering over the mountains, being unable to bear the fatigue. He loved to remain near the church and the surrounding graveyard, where his forefathers had been buried. He was now looking beyond the grave and death, which he knew was near, but which did not frighten him. That cold icy grave of the north, covered with snow a great part of the year, and over which no flower would ever bloom, had no terrors for him. "It is," he said to me, "to be my quiet bed, over which the storms will blow without disturbing me. My spirit will go where God is, and where the Lord Jesus Christ, in whom I trust, doth live."

At the solitary farms and little hamlets of Lapland the sickly are left, and the kind care of the farmers is repaid, as I have said before, by presents from Lapps, and by taking care of their reindeer. In these hamlets, sometimes very far from home, the young people are confirmed, and finish their religious education. In the church they are baptized, and around it they are buried. The church to them is a sacred and beloved spot; they repair to it with joyful hearts, and all those who can, at certain times of the year make it a point to participate in its religious services. The Laplanders always come and partake of the Lord's Supper at Pask (Easter) before they go with their herds into the mountains for the summer, to be absent several months.
At their religious reunions or festivals marriages are often arranged; girls are allowed to marry at the age of sixteen. Matches are often determined by parents beforehand, and the bridegroom must give the father or mother of the bride a certain number of reindeer; but sometimes engagements take place between lovers without the consent of the old folks. If the presents given to the parents and relatives of the bride are thought to be insufficient, I am informed they say so without scruple. At the betrothal feast the engagement ring is presented, and frequently a silver spoon. After the wedding another feast often follows, with the usual excesses of eating and drinking. When a child is born a reindeer is given to it; it is a custom also for the family to give one to the person who soonest observes the first teeth. The offspring of these animals become the child's own, and are not counted when there is a division of the property. The sponsor, too, often gives a reindeer to the child.

Many of the young Lapp girls I have met in my different journeys were fresh and blooming; but I frequently noticed how much older they appeared than they really were, in spite of the good health they all enjoyed, and which insured for them a ripe old age. Girls of fourteen or fifteen years of age appeared sometimes to be eighteen and twenty. This was no doubt due to their laborious and wandering life, and exposure to the dry cold winds; their premature development might also be attributed to their early and hard work. As they grow older they become very ugly and wrinkled. The old women—with their long uncombed hair hanging over their shoulders, their unwashed faces, and the entire absence of any desire to please—are certainly among the most hideous specimens of humanity. Among the younger, I frequently could not, from the face, distinguish a boy from a girl when the head-dresses were off.

At this time of the year I saw so many Laplanders together that I could well observe the characteristic type of their features. With few exceptions they had broad and short faces, with prominent cheeks; the chin was very short; nose usually flat between the eyes, sharp and retroussé, as shown
in our engravings from photographs. A number had dark hair, that of others was blonde; but reddish dark-brown was common. There were few eyes really blue; most were of a light green and grayish; some had dark, and two or three had hazel eyes. Their lips were thin; the skin of their faces was reddened by the cold winds, but the protected part of the neck and body was quite white by contrast. The fact is that the Lapps have a very white skin, and those who have described them as a dark-skinned people have made a mistake.

ÅSELE LAPP WOMAN—FRONT VIEW.

During my stay we became good friends; I gave them many silver rings, and all the Lapp girls and boys said they would never part with them. Like the Finns, they were fond of large, round, glass beads, which they wore around their necks. I had several pressing invitations to come and see them during the summer. At night they slept among their friends at the different farms, on deer-skins spread on the floor.

The following measurements will give a fair idea of the size of the Karesuando Lapps:
SIZES OF THE LAPLANDERS.

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Those which have been given in other parts of the narrative, in the first volume, indicate the general size of the Laplanders.

In the school, at a farm-house near the parsonage, about seventy girls and boys were seated on the floor—the teacher or catechiser being in the centre of the room, in front of a little table. He called one after another, making a long and searching examination to see if they were strong in the faith, and if they knew their catechism well. The room was crowded with old men and women, who seemed much interested in the questions and answers. The children appeared humble and timid as they stood before their teacher, knowing that
every one present was attentive. The pastor also examined them. As I listened to the questions my thoughts wandered to other lands with a denser population, blessed with a fertile soil and genial climate, having wealth and great resources, with numerous large towns and thrifty villages; I thought of the millions in those countries who could not even read, and I could not but compare them with the wandering Lapland-

![Arjeplog Lapp (Twenty-Five Years of Age)](image)

ers, who at least can read, and many of them can write. Here teachers travel from hamlet to hamlet, as the population is too scattered for a regular school-house. Honor is due to Sweden and Norway for their long and earnest endeavors to carry education to their remotest and most thinly inhabited regions.

The district of Torneå Lappmark contains about 1200 square miles, and has two socknar (parishes) with parsonages. The
church at Karesuando belongs to the parish of Enontekis, which is divided into four byar (districts or hamlets): Königsmä or Rorto has 59 families; Lainio-wuoma, 65; Romma-wuoma, 25; Suonta-vaara, 44. Each have tracts of their own on which to pasture their herds, and here the Swedish länsman executes the laws.

The Lapps leave for Norway after Easter, and return between the end of August and the middle of September, following the track of Kilpisjärvi, and going towards Balsfjord, Tromsö, and Marknäsdalen. They follow another track, and on the Norwegian coast are found at Ankenäs, Bardö, Ibestad, Mälsetven, and Tranö och Senjen. They return in the autumn, and wander in winter by Lake Torne towards the region of the upper Muonio. The tract of land lying west of Karesuando,
and to the most northern part of Sweden, contains the greatest number of Laplanders—about 1100—who possess 80,000 reindeer. There are also 300 farmers, chiefly Finlanders, scattered over the region.

Jukkasjärvi, the parent church of the most northern part of Sweden, was built in 1603, and the parish, by the census of 1870, contained 626 Laplanders. It is divided into four districts or hamlets: Kalas, with 31 families; Rautas, with 20; Saari-vuoma, with 19; Tallma, with 28.

I greatly enjoyed myself here, for the winter is the traveling season, as then the rivers, lakes, and marshes are frozen, and one can roam over the roadless land with rapidity by reindeer, or may go eastward to the White Sea and the land of Samoïdes—to Siberia, if he chooses; westward and northward, over the mountains, to the Norwegian coast. In Sweden and Norway there are post-stations, where reindeer are procured, and fjeldstue (houses of refuge), built by the Norwegian and Swedish governments to shelter travellers. Karesuando can be reached with horses, the journey being quite easy as one travels on the river; but to go farther reindeer must be used.

The following are the calculated distances: From Karesuando to Bosekop, on the Alten fjord, 175 miles; from Karesuando to Skibotten, on the Lyngen fjord, 133 miles; from Jukkasjärvi to Skibotten, 210 miles. There are several other winter tracks leading to different parts of the Arctic Sea. From Torneå Lappmark an extensive traffic is carried on with the Norwegian coast, not only by the Laplanders but by Finlanders. The parishes of Karesuando, Kautokeino, Karasjok, and many hamlets on the banks of the Muonio and upper Torne rivers, and the farms scattered over the country, contribute their quota of dairy products. I have no doubt that even in this far North a greater population could be supported; a larger crop of grass could be obtained by improving the drainage; more horses and cattle could be raised, especially as the latter feed so much on the lichens: the production of butter is even now increasing every year.

While in the remote and wild regions of the North, I always made it a point to let some official or well-known person take
cognizance of my intended journeys, and trusted to them for guides, as well as to secure the services of the right persons. The people were so kind-hearted that in all cases I found either the governor of the province, the clergyman of the parish, the doctor, judge, jägmästare, lärman, the principal merchant of the place, or the leading farmers ready to help me, and do all they could to further the object I had in view. Without their help I should often have been unable to undertake interesting journeys; their letters of introduction, also, were of great value. I felt, too, that if people knew where I had gone, it would act as a check on the evil-doer, if any one were disposed to act badly, and that my whereabouts would be known in case of any accident or sickness.

I had come to Karesuando at a good time, for the inhabitants were making preparations to cross the mountains to attend a fair at Skibotten, a little hamlet near the head of the Lyngen fjord. There were six stations between the two places. Finlanders and Laplanders were ready for the journey. Butter, frozen reindeer meat and smoked tongues, skins, Lapp shoes and gloves, and frozen ptarmigans were already packed. Fish, coffee, sugar, flour, tobacco, and sundry hardware, provisions, goods, and oil were to be brought back. Many had already gone on with their products; from Karesuando alone more than twenty kerres had left. They could not wait for me, for they had heavy loads, and their animals would go slowly, so I could soon overtake those who had started. The pastor had sent a messenger in search of a Laplander that he recommended. One does not always know where to find these people, and oftentimes, when found, the herd from which the draught deer are to be chosen is at some distance. A strong reindeer can draw from 200 to 400 pounds, according to the country. Every load in Swedish and Norwegian Lapland is drawn in the boat-like sleigh, and by one animal only. Among the Samoïdes several reindeer are harnessed together to a sleigh. If the country is mountainous, a spare reindeer is taken in the descent of very steep hills. My Laplander having arrived, I was ready to leave.
CHAPTER VIII.

Departure from Karesuando.—The Lapp Pehr.—Vuokainen.—Large Numbers of Travellers.—An Obstinate Reindeer.—A Runaway.—A Lapp Woman comes to my Help.—Lost for awhile.—Arrival at Sikavuopo.—Shelter House of Mukkavuoma.—A great Storm.—Making Ourselves Comfortable.—Ready to Cross the Mountain Range.—Preparing for the Worst.—A Perfect Hurricane.—Sufferings.—A Mask of Ice.—We come to a Halt.—Continuing the Journey.—Down the Hills.—Great Speed of Reindeer.—Thrown out of the Sleigh.—In a Predicament.—Reindeer on the Ice.—Deep soft Snow.—Reindeer exhausted with Fatigue.—Preparations before going down a Steep Gorge.—Dangerous Descent.—Helligs-koven.—Another great Storm.—Arrival on the Norwegian Coast.—Skibotten.—The Fair.—The Lyngen Fjord.—The Hamlet of Lyngen.—A Parsonage.—District Doctors.—Hard Life of a Doctor.—The City of Tromsö.

Four kerres, with reindeer harnessed and ready to start, stood on the frozen Muonio by the shore near the parsonage. Three of these were for Pehr, Elsa, and myself, and the fourth one contained our luggage, which had been made secure with a skin over it, so that there was no fear of our losing anything in case of upsetting. Elsa had only a sack, in which her whole wardrobe, composed of two home-made dresses, two pairs of woollen stockings, a pair of leather shoes, and two or three fine handkerchiefs, was packed. After dinner the worthy pastor and his wife accompanied us to the sleighs, and gave some advice to my Lapp regarding the journey.

Though our reindeer started with great speed, they soon slowed and became tired; perhaps they had been used recently, and were inferior to those at Muoniovaara. The track was exceedingly good, and our kerres were almost buried in the deep furrows made by preceding ones, for evidently there had been considerable travel. Towards eleven o'clock at night our animals were very weary, and we stopped at a farm called Vuokainen or Vuokaimo, at the head of Lake Kellotijärvi, a
broad expanse of the river, which afterwards takes the name of Köngämä. A strange sight met us as we approached the yard—about a hundred loaded kerres were standing in front, and the farm-house was crowded with Finns and Lapps, who were lying close together on the floor, all fast asleep. The fixed odor of the room was very disagreeable. A lamp hung from the centre, and threw a dim light over the packed and snoring crowd. In the next room, on the only bed, was the wife of the farmer, with a babe two or three days old. Even there, on the floor, were people fast asleep. "If my wife could get up," said the husband, "I would give you the bed; but she cannot." To our reindeer we gave some moss, which we bought for a small sum, and started again.

The next stopping-place was at the farm of Sikavuopio, twelve miles farther. At first Pehr was unwilling to start, but I said I would rather have slept on the snow than breathe the air of that crowded room. Our reindeer were obstinate, and twice they turned back in spite of all the skill of Pehr; he had to get out of his kerres and lead his animal for awhile; then we started in the usual wild way. This time I brought up the rear, when my reindeer gave a sharp turn that would have upset me had I lacked experience; then he started at full speed back for Vuokaimo, and soon afterwards I found myself dashing against the numerous sleighs in the yard. A Lapp woman came to my rescue, and led the beast back quite a distance—far enough to be sure that he would not take a fancy to return. I followed in what I supposed to be Pehr's track, but soon found that, in spite of my extra speed, he was not to be seen. I began to feel anxious, being alone, and not knowing where I was going, and without a mouthful of provisions with me. I stopped, and shouted "Pehr!" but no answer came; and then I continued on my way. Soon in the distance I saw, over the snow, something black; I shouted "Pehr! Pehr!" again, and was glad to hear another shout of "Paul! Paul!" It was my leader, who had become anxious at not seeing me, and was coming back with Elsa Karolina. I had gone on the wrong track, as he suspected. The outlines of the hills on our right were almost as distinct as dur-
ing the day, on account of the aurora borealis. It was 26° below freezing at three o’clock A.M. when I reached the farm-house of Sikavuopio, where I found the people fast asleep. The three beds were occupied—the two farm-girls were in one; the children, huddled together like rabbits, had another; and the man and his wife were in the third. Though the room was intensely warm, they were all wrapped in skins. The strangers’ room was occupied by my friend the Finnish lânsman, who insisted on my taking his bed. When I refused, he offered me half of it, which I also politely declined. The farmer’s wife got up, and spread for me two deer-skins on the floor, with some sheepskins for blankets; Elsa went to sleep with the other two girls.

From Sikavuopio the hill-sides were clothed only with birch-trees. In a couple of hours we came to Vittangi, near the river, which there forms a lake. The dwelling-house, with another low building for three cows, constituted the farm; and the family consisted of a man and his wife and two grown-up daughters. The farmer himself was going to Skibotten, to sell butter, shoes, skins, and several hundred ptarmigans, which he had trapped during the winter. I tarried two hours, not only to rest the reindeer but to stretch my limbs—for the seated position required in the Lapp sleighs is very tiresome to one unaccustomed to it—and I left the farm thankful for the kindness shown us. The landscape became more and more beautiful as we approached the head-waters of the stream, and the farm and station of Mukkanuoma. Our course was over Lake Kilpisjärvi, the source of the Muonio. Several feet of snow covered the ice. We were evidently among the first, for there were no furrows, or the wind had obliterated them. The sky began to grow gray, and a storm apparently was coming; the breeze increased, and flakes of snow began to fall; the squalls increased in force and frequency. These were the forerunners of a series of great storms—in fact, the greatest I ever experienced. The dark clouds were flying very fast over our heads, and the sky became wild and peculiar. I hurried my reindeer to his utmost speed by striking his flanks, in order to keep pace with Pehr, who saw what was coming, and wished to
reach the farm of refuge before the storm should burst upon us. It was well that we hurried, for we had hardly reached Mukkavuoma when the wind blew furiously; the snow was driven in thick clouds, the hills were hidden from view, and before us was nothing but a thick misty haze.

Mukkavuoma was composed of two farms, not far from each other, overlooking Lake Kilpisjärvi. The farm-house, like others, consisted of two rooms—one in which the inmates lived, the other, with an open fireplace, for strangers; the latter was given to us. Elsa was quite ill with a burning fever, this constant and hard travelling having been too much for her; the länsman himself was so tired that he could hardly move. How welcome is such a spot to the weary traveller during winter! How quickly he hastens to seek its shelter when he sees a threatening snow-storm ready to overtake him!

One by one some of the Finns we had left behind on the way made their appearance. Long before dark the storm had greatly increased, and the wind blew a gale. We felt how comfortable it was to be under shelter, and how cheerful was our blazing fire, as through our little glass window we watched the storm. The spectacle was so grand that I went out into the yard, for I love to feel a great tempest beating upon my face: there is something exhilarating to me in the strong wind. Our sleighs were now buried in the snow; our reindeer, tied together, were standing perfectly still. The hostess soon came in with four large trout from the Kilpisjärvi, which we roasted for dinner on a bright charcoal fire; besides, we had two ptarmigans, which had been cooked, in the mean time, in the next room. These birds were very abundant, more than two thousand having been trapped by our host during the past winter. The coffee-kettle, black from smut, was brought in, and coffee was served to us in large cups. After dinner another bed was placed in the room for Elsa; the länsman insisted on my taking the other one, but I was determined that he should have it himself, as he was oldest; a reindeer skin on the floor was quite enough for me; I put clean dry stockings on my feet, new grass in my shoes, so that my feet would be warm, and my extra long deer robe over the other; then I lay down and
slept comfortably. Several times during the night I was awakened by the noise of the wind, which howled dismally about our little house.

Next morning the weather was calm. In the other room I found Pehr fast asleep, with his dog by his side, and a number of men on the floor snoring heavily. The farmer's wife was grinding coffee; the kettle was on the fire, and the dregs of the day before were boiling in the water. When the people got up the coffee was served, and those who had a little brännvin mixed some with it, and offered it to those who had none. Then one by one they made their preparations for departure, first eating a hearty meal. As the charges were very high to travellers—even those who slept on the floor having to pay twelve skillings—every one had brought his own provisions.

The distance from Mukkavuoma to Helligskoven, in Norway, was about thirty miles. The country was mountainous, and the driving rough. Everybody had left the hospitable fjeldstue of Mukkavuoma, notwithstanding the threatening appearance of the weather. Pehr was anxious, thinking that we were going to have another storm, and he well knew what force the wind blows on the highest point which we had to cross; we therefore prepared ourselves for the worst. My stockings were dry, and my shoes had been carefully and firmly tied around my reindeer pantaloons; the belt at my waist was well secured, Pehr himself attending to my toilet; I put on a mask and a heavy hood; my gloves were fastened at the wrists, and I was ready for bad weather.

We had not left Mukkavuoma two hours, when signs of a great storm gathered fast around; the wind increased in violence, heavy squalls burst upon us in quick succession, and at last we found ourselves in the midst of a perfect hurricane, while the mercury fell to 8° above zero. We were, however, gradually reaching higher land, and were nearing the summit of the range, though our reindeer travelled very slowly. No traces whatever of those who had preceded us could be seen, and Pehr was guided only by the outlines of the surrounding hills and mountains, which showed themselves now and then when the gale moderated or the wind varied in violence. The
TRAVELLING IN LAPLAND.
storm continued to increase, and swept down upon us from the higher mountains and hill-sides with a force which I had never witnessed before. The fine snow flew so thickly that at times the atmosphere became almost dark. I could see neither Pehr, who led, nor Elsa. I could not even see my own animal, and I let him take his course, knowing that he would instinctively follow his leader. At last I began to fear that we might be separated and lost. I had very little food with me, and only a small supply for the reindeer. Occasionally came a short lull, and in the intervals the wind would blow with the greatest fury. The fine snow-dust was getting through the open spaces of the mask into my eyes. The small particles then adhered to each other, gathering on my mustache, eyebrows, eyelashes, and hair, and at last formed a mask of ice which blinded me. Every few minutes I had to break this, that it should not become so thick that I would be unable to see. The ice was scarcely removed when it would form again, causing me great pain whenever I broke it. At last I became very anxious, for I had not for a long time seen even dimly any other member of our party. I shouted for Pehr and Elsa, but my voice was lost in the midst of that furious wind. I became still more alarmed. To be lost in such a region in a storm was no pleasant prospect. Suddenly through the mist I discovered what appeared to be figures of reindeer and men. They were standing still, afraid to move farther, and my animal stopped in their midst. They were a large party of Lapps and Finns, my companions of Karesuando, Kuttainen, and Mukkavuoma. I was glad to recognize Pehr and Elsa among them. We could go no farther, for it was now impossible to see anything ahead, and there was danger of mistaking the passes which were to lead us to Norway; besides, our reindeer needed rest, and from excessive thirst they were eating the snow ravenously. I shall never forget how the storm raged as we lay by a rock with our backs to the wind. For three hours we remained still, frequently almost buried, the thermometer being at 15° below zero. The wind was so terrific at times that hardly a particle of the several feet of snow that had fallen during the winter months re-
mained on the ground. It flew in dense bodies, carried hither and thither; a hill was no sooner formed than it scattered in thick heavy masses; we were fearful of being buried under one of these hillocks, which were as dangerous as those formed by sand in the desert of Sahara.

The object my companions seemed to have in view was to shelter me as much as they could from the fury of the wind; they would surround me as a protection; one of them especially, Ephraim Person, from Kuttainen, tried to keep a large bear-skin over me; but it was of no avail, the tempest was so powerful. Then, gradually, the wind became less violent, and we continued our journey. As we had to go over many mountain-tops and ravines, one of our party proposed that we should travel close together, for fear of getting separated. I noticed, by the quickening steps of my animal, that we were approaching the slope of a hill. I was not mistaken, and we descended a long steep declivity with fearful speed. Suddenly my reindeer sank above his flank into a bank of unpacked snow, and before he had time to spring out my sleigh dashed rapidly ahead of him, and, suddenly stopping, threw me out; fortunately I leaped in quickly, and the animal again started at what I thought a greater speed than before.

One of the Finlanders just in front of me was less fortunate. His sleigh, moving faster than his deer, struck upon the legs of the animal, and he was thrown out; I saw the danger at a glance, but, being unable to stop, went rushing down in the same track. My sleigh struck his, and by the force of the collision I was pitched head foremost into the snow. To add to the confusion, my animal became mad and charged upon me; but I was soon on my legs and in again, following the Finn, who had started once more, and was going at a rapid rate towards the base of the hill. Then came Elsa's turn to be upset; but soon she recovered her seat, and we reached the bottom without further mishap. The adventure was exciting and glorious. At the foot of the hill the snow covered thinly the frozen stream, and the scene became rather ludicrous. There was not snow enough to prevent the reindeers' hoofs
from touching the ice, so it was an impossibility for them to advance a step; the awkward attempts they made were quite amusing. We were compelled to get out of the sleighs and lead the animals, and it was with considerable difficulty and great loss of time that we succeeded in crossing. It is impossible for reindeer to travel over ice.

As we ascended the mountains on the other side the snow became deeper; a part of the way led us through very narrow ravines, in which it was so deep and soft that our boat-like sleighs ploughed heavily through it, sinking sometimes into it above their sides. I could not but admire the adaptation of the reindeer for such travelling; their hoofs, between which grows long hair, spread in the snow as soon as their feet touched it, and although the depth must have been in places eight or ten feet, they seldom sank as deeply into it as their knees. They moved so quickly that there was no time for them to sink deeper. At times, however, when passing through a very soft and heavy snow-drift, they would sink even to their bellies.

Our progress now was exceedingly tedious. In ascending the hills, our reindeer became very tired from their struggles in the snow; they were heated; their mouths would open, and they panted for breath, sometimes even protruding their tongues. They were often so exhausted that they would drop upon the snow and lie on their backs, apparently in great suffering; then breathe very hard, and be so utterly helpless that a stranger would think they were about to die. After resting a few minutes in that position they would regain their breath, rise to their feet, eat snow, and set off again. There were many steep and short hills, up which it was impossible for them to run, and we were often obliged to get out of our sleighs to let them rest.

We came to the worst part of the journey, on the brink of a narrow ravine, and stopped, for the descent was very abrupt, and preparations to insure safety had to be made. I felt rather concerned when I saw the difficulties to be encountered on the route, which was somewhat crooked; in some places the ridge over which we were to drive was quite narrow, the
gneiss rocks were bare, and the track very steep and dangerous. The prospect was not a cheerful one. I had some objection to being pitched into the snow, and no inclination to be dashed against rocks or boulders at the risk of a broken head. I remembered, for the first time, the recommendation of my London bankers, who, as I left London, said, "Travel with a placard on your back—'To be forwarded to Baring Brothers!'"

Pehr and the other Finns waited for those who were behind. While resting I watched the weary reindeer eating snow as fast as they could. The way by which we were to make the descent was entirely new to me. After every one had arrived the preparations began. Numbers of sleighs were lashed together by a long and strong leather plaited cord, which was first secured to the forward part of each; then, passing along the middle, was made fast; after which it was attached to the next in the same manner, and so on; four others were connected with mine. In this way eight or ten are often fastened together. With the exception of the leader, each reindeer was secured to the rear of his sleigh by a leather cord from the base of the horns: almost every sleigh had a deer behind. Each man remained in his vehicle, the distance apart being small. Pehr was to take the lead. The spare reindeer were for the first time harnessed, and the tired ones put behind. Pehr had to start the whole train, which, when once put in motion, would go with great velocity; he rode with his legs outside, turned back somewhat, with his feet touching the snow. Every man but me seated himself in the same posture, the feet acting as rudder and drag in the snow. I was not allowed to ride in that way, for they said my legs would surely be broken. Ephraim, of Kuttainen, attached his conveyance behind mine, and also had a reindeer to act as a drag; in that way he would be able to watch and direct my movements. When everything was ready Pehr looked back and gave the signal, and started his reindeer down the hill in a zigzag course. This required great dexterity, as we flew over the snow with astonishing speed. At times the sleighs would swerve on the declivity, but we went so fast that we were soon out of danger.
GOING DOWN A STEEP DECLINE.
I was anxious in the highest degree. If one of those cords had broken we should have been precipitated far below, or dashed against the rocky sides. I admired the simplicity of the arrangements, which were dictated by the fact that reindeer cannot bear to be pulled by the head, especially by the horns; each one, therefore, makes an effort to disengage himself, and by so doing acts as a brake on the ones in front, so that no sleigh is likely to be overturned. But what a speed, with a precipice on our right! In two or three places we went for a short distance over the bare rocks; I was afraid the reindeer would miss their foothold, and was intensely excited, for I might at any moment have been thrown out headlong. Pehr and my other companions were accustomed to this route, and knew what they were about. After reaching the bottom of the ravine we allowed the panting animals to rest. We were now on the western shed of the mountains, and had just ended the most thrilling ride I had ever taken.

Though protected from the wind, we could hear it whistling through the branches of the leafless birches, for we had again reached the level of tree vegetation; as we descended, the forest became thicker and the trees larger. It was dark when we came to the mountain shelter-farm of Helligskoven. How welcome was that house of refuge to us! All of us were stiff from cold and our seated position, and we had also been the whole day without food: it was the hardest day's travelling I had ever experienced. We were so tired that we were not hungry. Pehr produced a bottle of sherry wine, which had been packed in the sleigh surrounded by a thick deer-skin, and the eyes of my friendly and kind-hearted companions brightened as a glass was given to each. I felt at once that it did me good, for our feet had been dangling in the snow a great part of the time without snow-shoes. Our simple fare consisted of coarse, hard, black, flat bread, with butter, cheese, and coffee, though the latter was salted.

A single room offered the only accommodation for the family and the travellers; there was no open fireplace, but a large stove; poles were fastened under the ceiling, on which to hang our clothes, stockings, and shoes. Coffee was drank, cup
after cup, with real enjoyment, and soon all were fast asleep, some on the floor, others on the plain beds, without straw or hay. The storm, which had somewhat abated on our arrival, increased after midnight, and continued through the next day; but during one of the lulls we started, for we could not wait, as the fair would last only three days, and I did not wish to desert my travelling friends, all of whom had been such good and thoughtful companions. Our sleighs were lashed together again, and we bade good-bye to Helligskoven, which had been built by the Norwegian Government as a place of refuge. Not far from the farm two or three short fir-trees raised their heads among the shorter birches.

Soon after our departure the gale intensified, and became almost a repetition of the storm of the day before. Then it began to snow heavily, and we were obliged to stop, as we could not see our way, and had lost our reckoning: the wind had the effect of making me dizzy. When the storm ceased the men did not know exactly where we were, and had mistaken some of the outlines of the mountains. They put on their snow-shoes and went to reconnoitre; they soon came back with the pleasing news that we were only a little out of the way. The weather cleared suddenly, and became very cold. Being obliged to take off one of my gloves, my hand instantly became almost like marble, and useless; I rubbed it at once with snow, and quickly replaced it in the mitten. The snow became less deep; and when we came to a small lake, which we tried in vain to cross in order to shorten the distance, we were forced to skirt the shores, as the late storm here had blown the ice bare.

The fir-trees had for some time been about us, and were thicker and thicker as we descended the mountain and reached warmer regions. It was quite dark when, at 8 p.m., we came to the hamlet of Skibotten, and stopped in front of a large painted house by the fjord. We had been four days on the way. Through one of the windows I could see a blazing fire in the kitchen. I entered, and addressing myself to two young girls, said, "Can you give shelter to a hungry and tired stranger, who has just come from Sweden over the
mountains?" "Welcome art thou! Whence comest thou?" "From America." "The more welcome, then, for we have a sister in the State of Minnesota." From the kitchen I was taken into the next room, both the girls helping me to remove my Lapland robes. The owner of the house, their father, came in and greeted me. I was soon enjoying a substantial meal, for I had not eaten for many hours—not since we left Helligskoven. The people looked at me with astonishment, and asked if I did not fear to travel alone in such a wild country. "Are you not afraid you will be robbed or murdered by the mountain Lapps? How would people ever know if you were killed for the sake of your money?" They then told the story of some foreigner who had not been heard from, and who was supposed to have been murdered; his name they could not tell: of course nobody had been killed, but many of the inhabitants on the coast are strongly prejudiced against the mountain Lapps. The conversation ended by their advising me to be careful, and not trust myself among those dreadful Lapps who live in the inaccessible mountains.

The fjord was frozen at its upper extremity, and during the two days I remained here the mercury averaged 22° to 24°.

The hamlet of Skibotten is situated near the head of the fjord. Three fairs take place here every year, that of March being the least important. A few log-houses had been built by the merchants who come only to sell and buy goods, the houses at other times being unoccupied. Laplanders and Finlanders were still arriving; all had experienced great difficulty in crossing over on account of the storm, and we heard that many had returned home, or remained at the mountain farms, frightened by the severe weather. The fair lasted from Saturday until Tuesday, business being suspended on Sunday. Saturday and Monday were the great days, after which all may be said to be ended.

Several houses of farmers and fishermen had been turned into inns, and most of the people were satisfied to find a sleeping-place on the floor. Coffee was made everywhere, a large cup, well salted, costing three cents, and strangers could procure a meal very cheaply. These people work so hard to
get money that they do not squander it; many had brought their provisions with them, and paid only for lodgings or coffee. I treated Pehr and my companions to several meals—an attention which very much pleased them.

Scattered at the back of the houses were numerous kerres loaded with frozen meat, ptarmigans (ten thousand of these birds are sent to this part of the coast every winter), butter, skins, shoes, gloves, etc., each owner having his sleighs grouped together. The bargains were made on the spot, and the articles after being sold were stored in the log-houses. When the sellers had received their money, they wandered from store to store to buy what they wanted.

I had now brought Elsa Karolina within a short distance of her home, for one of her sisters lived near. I gave her a few presents, a little money, and a gold ring to remember me by. I have often wondered since what has become of my interpreter and fellow-traveller over the mountains to the Lyngen fjord.

I did not desert my companions of the fjelds; the storm had made us all fast friends; we were a good part of the time together, and I took great interest in their bargains, and was as delighted as they were when I heard they had sold what they had brought at fair prices. I treated them to many cups of coffee, they returning the compliment, and we passed the time in a very agreeable way. Faithful Pehr received more pay than I had agreed to give him, and we parted on good terms, all wishing to their friend Paul a successful journey, and Ephraim making me promise to come to his home, which was but a few miles from Karesuando, on my return.

How austere and impressive was the winter scene at the Lyngen fjord, with its small glaciers and snow! At some distance from Skibotten was the hamlet of Lyngen; the landscape surrounding the place was extremely picturesque, the hills were clad with birch-trees. By the church was the parsonage. How tidy were the rooms! how hospitable were the pastor and his family! In the parlor windows the flower shrubs bent their tops towards the outside light, and seemed to look at the snow.
Not far from the parsonage, high up and overlooking the lovely landscape of the fjord, was the new home of the doctor who had met me at Skibotten, and I had come to make the promised visit. He had been appointed doctor of the district but a short time before, and had just bought the farm. When I arrived he was not at home, but his young and amiable wife received me with great kindness, and bade me await her husband's return; she was expecting him every minute: he had gone to see some patient. While waiting for him, his wife having gone to prepare a meal, I looked around. The house was a picture of neatness; there was evidence of refinement everywhere in this plain unpretending home—books, music, engravings. In a short time the doctor came. He was cold and tired, for the sail had been a long one, as the patient lived far away. The district to which he had been appointed by the Government was a large one.

Throughout Scandinavia there are distrikts læge (doctors of a district) who receive yearly a certain amount of remuneration from the State, varying according to places; for the population is so scattered that, were it not so, large tracts of country would be found without medical help, for doctors could not make a living. The fees they receive are regulated by law, according to the distance travelled from their residence. Hard, indeed, is the life of country doctors, especially of those whose districts are on the fjords or by the sea-coast. The only way of locomotion they have is by boat. Often they have to sail or row some twenty or thirty miles, or even more, and encounter all sorts of weather; and great praise is due them for their lives of self-denial. I did not wonder they were so highly esteemed by the people.

From the hamlet of Lyngen, or Lyngseidet, a short valley crosses the peninsula to the Ulfs-fjord, over which there is a good driving road. After a sail through a magnificent, ever-changing panorama, on the 25th of March I arrived at Tromsö, one of Norway's charming little towns, with a population of 5000 inhabitants. The houses are painted and cheerful, there are some very pretty villas, and the situation of the place is beautiful; the smiling landscape is quite in contrast with the
Weird mountains. This is a very thriving seaport, and sends expeditions yearly to Spitzbergen and other places in the far North for seals. There are some wealthy and enterprising merchants, several banks, and fine schools. It is the residence of the Stiftamtmand, and of the bishop of the diocese.

My journey over the mountains beyond the arctic circle, between 69° and 70° lat., was over. I had met many a storm on the Atlantic; the tornado of the equator had often passed over my head or struck the ship which bore me, but of all the wind-storms I ever encountered that of the mountains we had just crossed was the grandest. As I look back to those days I fancy I can hear the shrieks and howling of the wind, and remember how I crouched upon the rocks for safety, while the tempest beat upon me as if the elements had obtained the mastery over the world, and chaos was coming again.
CHAPTER IX.

The Lofoden Islands.—Their Picturesque Appearance.—The Voyage from Tromsø. —A Magnificent Sunset.—The Raftsund.—Svolvær.—Thousands of Fishing-boats. —Migration of Cod.—Henningsvær.—A Great Fishing-place.—A Kind Merchant. —Lofoden Hospitality.—Care of the Norwegian Government over the Fisher- men.—Hospitals.—Fishing Regulations.—Telegraphs.—Comfortable Clothing of Fishermen.—The Finmarken Boats.—The Start. —Return. —Price of Cod. —Cleaning the Cod.—Fishing Lapps.—Going after Cod.—Signal for Departure.—The Fishing-grounds.—Net-fishing.—An Afternoon with the Fishermen.—Line- fishing.—A Kind Woman.—Stamsund.—Manufacture of Cod-liver Oil.—Rever- ence of Fishermen for God.—A Sunday at Church.—A Worthy Pastor.—Love- making on Sunday Afternoon.—Departure from Lofoden.

There is a group of islands not far from the Norwegian coast, beyond the arctic circle, between lat. 67° and 69°, called the Lofoden. They are unsurpassed in their wild beauty; a tempestuous sea beats almost all the year against their rocky walls; the warm Gulf-stream laves their shores. As one sails among them their fantastic forms are ever-changing in appearance, some of their peaks appearing like needles against the blue sky. Their outlines stand out clear and sharp, and their purple color grows dimmer and dimmer as they fade away from sight, like a vision of the sea. No wonder that in ancient times the mariner regarded them almost with reverence, and believed that a malström* should guard their approach from the south, so beautiful are they. Looking from them towards the main-land, a hundred peaks can be seen on the mountains clad with snow and glaciers, and from the bare brow of the

* In consequence of the great masses of water which the tides force through the narrow sounds between the islands of Lofoden, the current becomes extremely strong, and forms the so-called Malström, which is strongest between Lofoden Cape and Mosken; this, without being of the significance ascribed to it, can in winter, during westerly gales, run in strong whirls, and with a speed of twenty-six miles an hour, according to official statistics.
coast the Lofoden appear like a gigantic uneven wall rising from the sea.

Nowhere have I seen such beautiful sunsets as in those regions. In the spring the glow is so bright that it seems to typify the fire of youth. In the autumn the sunsets are the finest; but, as if foreshadowing the repose of nature before winter comes, their golden hue is more mellow. In summer the midnight sun shines for awhile over the mountains and the sea that washes their shores. In winter furious snowstorms clothe the lofty hills in white, while the gales dash the waves against the immovable walls; but occasionally there comes a clear bright night when the aurora borealis, in all its varied beauties, crowns the Lofoden with a halo of glory. Some of the islands are quite large, and possess fertile tracts, and their shores here and there are lined with hamlets and farms, protected from the stormy sea. The approach, either from the north or south, is very fine.

From Tromsö the sail southward is at times grand in the extreme: jagged wild mountains, alpine in their appearance, their abrupt sides denuded of snow, with here and there a small glacier, are numerous; the West fjord, formed by the Lofoden group on the west and the main-land on the east side, grows narrower towards the north, and gradually loses itself in a labyrinth of islands and the Ofoten fjord.

On the 31st of March, about seven o'clock P.M., as we came towards Lodingen, situated on the island of Hindö, a scene of indescribable splendor was before us; it was one of the finest sunsets I had ever seen. Towards the east were the towering mountains of the main-land, their hollows appearing like golden valleys surrounded by white snowy peaks, while island after island rose from the sea in the soft light. The sight was so extremely beautiful that I could not restrain my enthusiasm. When night came, the fantastic forms of the mountains appeared still more strange; the stars were reflected in the quiet sea, for there was not a breath of wind; it was a fitting close of the last day of March on this bleak, barren, stormy country of the North.

Among the many beautiful sails is the one on the Raftsund,
FISHING SETTLEMENT ON LOFODEN. From a Photograph.
formed by the islands of East Vaagen and Hindö; there the scenery is exceedingly beautiful, and the sound gradually narrows until it looks like a river, flanked by towering mountains rising from the water's edge. The sea is deep, and of a green color. The landscape grows grander and grander. Everywhere rise fantastic peaks of all imaginable shapes, towering above the level of the water. Glaciers and patches of snow cling to the mountain-sides, and beautiful cascades pour down the dark weather-beaten rocks. The ragged mountains and the deep fissures increase the wildness of the scene. Moraines are seen here and there, and boulders seem ready to topple down. Now and then a little log-hut is passed.

On a clear morning, the first of April, I emerged from this sound into a lake-like bay studded with islands, and neared the island of Svolvær, steaming in the midst of hundreds of fishing-boats coming back under sail, and loaded with codfish newly caught. The Lofoden are famed for their cod-fisheries, which begin in the latter part of January and last until the beginning of April. At that time the rocky and deserted islands become full of life; thousands of fishing-craft come, and hundreds of small vessels are seen nestled safely among the islands. The codfish, in untold numbers, make their appearance, whence no one knows, to spawn. They begin to arrive in January, and leave at the end of March or at the beginning of April, migrating towards the North Cape and along the Finmarken coast; they then disappear for the year.

How wonderful is the migration of fish! Whither do they go? How well they know the time for returning to deposit their ova! The codfish are found in large numbers along the coast; they occur in vast shoals only from the Lofoden Islands northward along the Finmarken coast. High above the fishing settlement of Svolvær are twin rocks, looking, as the people said, as if they were kissing each other; they incline towards each other somewhat like the arms of an inverted V. Fishing establishments are located on small islands lying at the base of the towering consorts, but so overshadowed by the high shore that they can only be seen at II.—10
a short distance; they are often clustered so closely as to pro-
tect each other from the wind, and thus enjoy excellent harbors.

We remained but a short time at Svolvær; and after a
pleasant sail we cast anchor before Henningsvær, my place of
destination. Several sharp whistles warned the people of our
arrival. From the deck of the vessel no sign of a habitation
was seen, when suddenly boats emerged from behind the
rocks, and speedily came along-side. I left the steamer and
soon entered a natural canal formed by two islands, Hennings-
vær and Hellandsö, where an unexpected sight burst upon us:
a fleet, hitherto unseen, was at anchor, and in large numbers.
Seventy-five sail had come here this year—sloops, schooners,
and cutters—with crews aggregating 328 men. Most of these
vessels bought their fish directly from the fishermen; several
had stores, and sold sugar, coffee, ship-bread, tobacco, and
many other things. There were 688 fishing-boats, 351 of
which had come to fish with nets, the remainder with hook
and line; the crews of all numbered 3337 men. Craft laden
with fish, some almost to the water’s edge, were going to and
fro, stopping along-side of a vessel to make a bargain, pulling
their loads on board, or making for the land. Immense quan-
tities of cod were piled one upon another on the shore, men
were busy opening and cleaning them, and tens of thousands
of the fish were hanging upon poles to dry. Numerous log-
houses were surrounded by barrels filled with cod livers, and
every rock was covered with heads. Hundreds of boats lined
the shores, crowding the narrow channel. Great numbers of
eider-ducks, as tame as those on farms, were swimming to and
fro, seeming to know that no one would harm them.

We pulled along until we came in front of several large
houses, where we landed. Here was the great establishment of
the place, belonging to a Norwegian, the richest man of Nord-
land, who was worth 300,000 or 400,000 dollars, at the least.
I had made on board the acquaintance of the clergyman and
länsman, who at this time resided here, and they presented
me to the hostess, who kindly offered me the hospitality of
the house, and said I could stay as long as I wished. This in-
vitation was the more acceptable, as there was no other place
where I could have found shelter. The goodness of her heart was marked on her face. Her husband was one of those self-made men who have acquired a large fortune, and have not changed their ways since they started in life. He spent the day in his store, buying and selling fish. He welcomed me, but did not talk much, his mind seeming intent on his business, for it was just the height of the season, and he was an extensive exporter of fish. A large room was shown me, and soon dinner was served. For a wonder, there were no children in the family. A young niece and another lady friend did the honors, and helped the hostess in her arduous duty of house-keeping. Several persons were at dinner—mostly captains of the craft engaged in the fishery. The lensmand, the clergyman, and doctor were guests during the fishing-season, for only two or three families dwell on the island the year round. Henningsvær is the largest fishing-station on the Lofoden—there are years when over 800 boats go there to fish.

The warehouse of my host was a sight worth seeing: long deep rows of freshly-salted codfish, six feet high, were packed together, to be afterwards laid on the rocks and dried. There are three different ways of curing the cod. The first, and the most common, is to cut the fish open, flatten, and salt it, putting it afterwards on the rocks to dry. The second is to open the fish, tie them two and two, without being salted, and hang them on frames. The third is to divide each in halves, connected only by the gills; the spine is then taken out, and the fish hung upon the frames: this method is much the quickest, as the air now operates directly on the exposed flesh of the fish, soon making it as hard as wood. It takes one to two months to dry the fish, according to the season.

In sight was the island of East Vaage, with its towering peak, Vaagökallen, 4000 feet high. At its base were several islands, among them Henningsvær. The settlement is built on both sides of the channel formed by two islands. The houses of the fishermen are of logs, generally with a single large room, around the walls of which are bunks, as in the forecastle of a ship. These rooms could hold from twenty to twenty-five men, two or three sleeping in the same bunk; but,
as there were no women to take care of the premises, the beds were far from being inviting. The houses appeared to be very dirty, and vermin were said to abound. The surroundings were worse; the ground was saturated with blood and offal—fish-heads lay drying on the rocks in every direction; barrels full of rotten livers, salted roes or tongues of cod, and fish hanging out to dry by thousands, combined to make the smell far from agreeable. Each boat pays one hundred and twenty codfish for lodgings during the season, and each house brings four hundred and eighty; all the houses on the island, and the island itself, belonged to my host.

The Norwegian Government exercises a paternal care over the men who form such an important part of its population, and who contribute so much to the wealth and prosperity of the country. If it were not for the fisheries many districts of that rocky coast would be uninhabited. Small hospitals are built on several islands; during the fishing-season doctors sent by the State attend to the sick, giving their advice free; medicines only are paid for, and at a rate that merely covers their cost. A very small duty is paid on the fish sold, and the revenue from this source is applied to defray the expense of medical attendance. There was a project for building a large hospital on Henningsvær.

The sale of spirituous liquors and of intoxicating drinks is, wisely, entirely forbidden; and during my two weeks' stay I saw but a single intoxicated man; he had brought his liquor from some point outside the fishing jurisdiction. This abstinence from intoxicating drinks recalls to mind the warning given in the old laws of the Vikings (“Vikingabalk”):

\[
\begin{align*}
\text{Wine is Valfader's* drink, and} \\
\text{An inebriation (} & \text{rus}^{\dagger} \text{) is welcome to thee} \\
\text{If thou can sensibly bear it.} \\
\text{The one who is reeling ashore can brace up;} \\
\text{But to } & \text{Ran}^{\ddagger} \text{ reelest thou here (on the sea).}
\end{align*}
\]

* Valfader, the name given to Odin.  † Rus, intoxication, inebriation, a drunk.  ‡ Ran, the fickle daughter of Aegir, the god of the sea, called the enchantress, from her peculiar power of enchanting mariners, drawing them to the bottom, and never letting them return. Hence the dread of the people of going to her, and the admonition against drinking while on the deep.
Formerly no nets or lines were laid, nor any fishing permitted, from Saturday afternoon until Monday morning. But a law has been passed (1869) allowing the fishermen to raise their nets till seven o'clock Sunday morning. The maximum fine for fishing during the prohibited time is one thousand dollars.

A naval officer, called *opsynschef*, has the supreme oversight of everything. Under him are lensmend who enforce the rules regulating the fisheries, and arrest those who violate them. There is a circuit judge, holding court at different points, who decides questions in dispute among the fishermen, and punishes any infraction of the laws. Vessels of the navy cruise as police; telegraphic lines connect the main fishing-stations, and the number of fish caught is known every day, not only here but in every port of Norway. Everything seems provided to enable the State to gather her harvest from the sea.

The fishing season commences at the end of January; from the 24th of January to the 8th of February, the fishermen cannot put out from shore before seven o'clock; afterwards, to a date to be fixed, they cannot go before six o'clock; from the 22d of March to the 14th of April, five o'clock. The cod-fisheries are virtually closed after the 14th of April. The fleet of fishermen is classified in three categories: *Liners*, those who fish with lines and numerous hooks; *Garn*, those who fish with nets; and *Dybsagn*, those who fish with a single hook or line. The fishing-grounds in Lofoden are divided into twenty-one districts; at each of these all the boats have to start together, and all must return the same day, and about the same time, if possible. Every fishing district has its own letter, and each boat has a number; the name of every fisherman being registered, with his place of residence, birth, etc., so that in cases of disaster the crew of any missing craft can be identified. Formerly the men were obliged to remain during the whole season in the fishing district they had chosen; but now they can go from one district to another, though they must report at once before beginning to fish.

I was surprised at the very comfortable clothing of the fishermen; none suffered from cold on account of the thinness of
their garments, nor were any ragged; all wore thick stockings, and had water-proof clothing, tarpaulins, and comfortable sea-boots. It spoke well for the humble households of these fishermen, and for the thrift and industry of their families, that almost everything they had was home-made; they all had homes, however humble, either on the fjords by the coast, or on some little island. Every one retired early. The steadiness and good behavior of those hardy sons of the sea I have never seen equalled in any other country. During my sojourn in Henningsvær there was never any fighting or quarrelling; and the lensmand was the only man there to preserve law and order. At all these fishing-stations everything is as safe as on shore; the doors are left open, chests are never locked, and no one would ever think of stealing the fish that were drying.

Two kinds of boats are used; one is open, from thirty to thirty-five feet long, and six to six and one-half feet beam; the Finmarken boats are longer—they have a house on the poop—being from thirty-five to forty feet and more in length, and from seven to seven and one-half feet beam; a pole several feet long is attached to the rudder, and held by the last rower, who steers as well as pulls, thus saving the labor of one man. Their cabins are about eight or nine feet long, affording protection at sea and sleeping accommodations, as the men do not return to land every day. The engraving from one of my photographs (given opposite this page) shows the structure of the boats. There are also little craft used for transporting the fish from the shore to the vessels; these are not more than nine feet long by four feet wide.

The morning after my arrival I was up at four o'clock to witness the start of the fishing fleet. I stood by the flag-staff on the highest point of the island. No one is allowed to leave before the flag is hoisted. The fishermen came one by one, and all were seated in their boats for some time before the signal was given. At five precisely the flag was hauled up by the lensmand, and the air was filled with a heavy booming sound from several thousand oars dipping into the water at the same time, and working with astonishing regularity, which
THE FISHING-STATION OF HENNINGSVÆR.
continued for quite awhile. As they moved away the boats began to scatter, and by the time they reached the fishing banks—about seven or eight miles from Henningsvær, and covered with from sixty to one hundred fathoms of water—they were widely apart. From the height I could see the light-house on the island of Hellandsö, which lies opposite, and forms the canal-like port. Lonely indeed now seemed the low islands; the landscape, so beautiful when seen from a distance, was melancholy and dreary when near at hand.

At ten o'clock, one by one, the boats came back, and by noon the whole fleet was in, with an immense number of fish. Life had returned to Henningsvær. Boats moved to and fro, going from vessel to vessel, the fishermen trying to make the best bargains they could, and everybody was busy. On the decks were piled the fish just caught; these were cleaned on board, washed, salted, and laid in the hold one on top of another. These vessels would, after the fishing season, go home to some solitary farm by the fjord, and their cargo would be dried on the rocks. The price of the fish varied somewhat every day, according to the catch; that day it was seven Norwegian dollars* per hundred, without livers, eggs, and heads; it is sometimes less. Great numbers of ducks and gulls were feeding upon the mass of offal thrown upon the water. On that day the catch was said to have reached nearly three hundred and fifty thousand codfish; I have been told that sometimes it goes as high as half a million a day. Many boats landed their loads along the shore, where men were busy preparing the fish. Those engaged in this work were dressed in large pantaloons,

* The Norwegian dollar is worth $1.12.
aprons, and cuffs of leather. One man cut off the heads; another took out the intestines, and cast them on one side; others put the heads, the livers, and the eggs by themselves; the latter were carefully put in barrels and salted—a barrel containing the ova of 300 fish; these were sold for nine dollars: they are sent to France or Italy, where they are used for catching sardines. The livers were put in barrels by themselves, sold to the merchants, and kept till rotten, when cod-liver oil is made from them. Two barrels of fat livers are said to yield a barrel of brown oil. The tongues were salted, and kept by the fishermen for their own use. The heads were scattered on the rocks to dry, to be used to feed the cattle at home, or to be sold with the bones for fish manure, a manufactory of which is close at hand, on another island.

A few days ago I was roaming over mountains covered with snow, and on frozen lakes and rivers; my coursers were reindeer, and my dress that of a Laplander. Now I was clad like a Norwegian fisherman. I had deliberately made up my mind from the time I landed in Scandinavia to see everything for myself, and not to trust to hearsay for descriptions, so I concluded to go on fishing excursions. The lensmand kindly chose the craft in which I should go. When I came out a profound silence reigned over the fishermen's houses, and nothing was heard but the shrill cry of the gulls; the boats were by the shore, ready to start. The quietness of the scene soon changed; the men came, and within a short time all was activity. I was fortunate in my arrival here, for it was the first fine weather of the winter. Before this there was a continuous series of gales and snow-storms, and the year had been one of the most tempestuous known for a long time. My boat had upon it the letter H—which signified that it came from Henningsvær—bore the number 87, and was manned by six persons. It belonged to Evert Arntsen Kildal, from Melö, a place on the Nordland coast. He was a leading man in the church, and had the reputation of being a good Christian. The crew was composed of two strong elderly men, two younger, of about twenty, and one boy fourteen years of age, who was serving
his apprenticeship. These fisheries of Norway are splendid schools for the making of sailors, and it is no wonder that they are considered among the best by the maritime nations of the world, not only for seamanship but for their honesty, good temper, and respect for discipline. All eyes were watching the flag-staff. Suddenly the flag was hoisted, and thousands of oars struck the water. We pulled to get out of the channel, and, as the wind was favorable, the boats steadily approached their fishing-grounds. The crew were guided entirely by the positions of the surrounding mountains, and with great accuracy came to their lines.

Every fisherman has his distinct buoys, representing the different objects that he may need to recognize. We went to the first one—a pine roller about four feet long—to the centre of which was tied the thick line which held the net. As the line was pulled in, two men stood by, each drawing one side of the net into the boat, which is the hardest work; two others behind placed the nets in good order; near the pullers there was a man who hooked the fish and threw them into the boat. There were some twenty nets tied together in fours, each net twenty fathoms long, and two to three in depth. Eight minutes were passed in raising one set to the surface, and it required fifty minutes to hoist the whole number. The length of time in hauling depends, of course, on the number of fish caught, and on the weather. Though some cod were taken, they were not plentiful, partial migration to some other ground having taken place. We caught only a few more than three hundred, the catch sometimes being more than double this, and heavily loading the boats.

A consultation was now held as to where to cast anew, and seeing others going towards a northern point our crew concluded to go that way also, and leave their nets there for the night. In what direction fish will migrate is only a matter for conjecture, and success during the season depends entirely upon striking the right places. The wind was ahead, and our destination was about ten miles distant; it was a hard pull, consuming five hours in reaching the ground. The boats were evidently too heavy for the crew to row, and they would
sometimes take advantage of or beat against the wind. During this time the men inspected their nets, and four, with their drawing-lines, were replaced by new ones that had been brought. Then we began to sound: the first trial showed no bottom at one hundred and twenty fathoms, the length of the sounding-line; the second, a little farther on, gave one hundred fathoms. All along the nets at intervals there were glass balls, about four and a half inches in diameter, each securely enclosed, and attached by a cord about three feet long; these were to keep the nets afloat, while stones at the bottom kept the lower part downward. We finished by casting the first buoy, one man throwing the net while another threw the float from the stern of the boat. When they reached the last of the nets it was let down, with a heavy stone attached, four buoys being arranged on the upper surface, there to remain till the next day. At three o'clock we reached Henningsvær, none of us having touched a mouthful of food since our start. The fortunate ones that day were those who had lines. The average of each of such boats was about three hundred cod-fish. In the nets two salmon had been caught—a not uncommon circumstance.

I was invited to spend the remainder of the day with my new friends, three other boat's-crews being in the same house. I accepted on the condition that I should partake of their regular fare. The dinner was composed of a sort of porridge or pudding made of ship-bread, liver, and fish. I put on the best face I could, but cannot say I enjoyed the meal.

Wood is very scarce and dear, as it is brought from the other islands or from the main-land; they use as little as possible, and mix pieces of fat with it to promote combustion. Some of the men treated me to a cup of coffee, which I could not refuse. We spoke about the prospect for the fishing season now about to close; they calculated that the fishermen would average sixty or seventy dollars each; in some very fortunate boats the men would make ninety or a hundred dollars. The captain, or one who owns the boat, is entitled to a certain number of fish, and those who own the nets also have a share. We talked over fishing adventures, the terrible storms often
encountered, and the narrow escapes they frequently had. Two or three years before one hundred and twenty-three men were drowned in less than an hour. All spoke very kindly of my hostess, and exclaimed "God bless her!" I learned that in one part of her house she had a store-room, and many a poor fellow went in there by the back-door. She kept flour, coffee, sugar, bread, and many other things; and often when the men could not obtain credit from her husband they came to her. She had friends among the fishermen, and knew those who were poor and had large families to support: many had left that house slyly with a parcel of sugar, coffee, or bread, and not unfrequently a little money for the wife. "She does everything so quietly," said they, "that nobody knows anything about it; but when we see some one leave her house by the back-door, we always know that she has been doing some good deed."

One of the beautiful characteristics of the Norwegian fisherman or seaman who has never left his native land is his reverence for God; he is seldom heard to utter an oath. During the years I have been in the country I never heard any one of them swear, no matter how angry he may have been, or how great the provocation. They reprove the offender without cursing him. In this respect they are better than their brethren of Southern Sweden, and more docile withal.

The next day I went hook-fishing, and consequently had to take another kind of boat, and go with another set of men. Each of these craft generally carries twenty-four lines. The captain with whom I went was Hans Mikel Nikolaisen, from Tennevold, in Ebestad, a place not far distant from Tromsø. He was a married man, with three children, and his eyes glowed with happiness when he talked to me of his wife and little ones. His boat was much smaller than the other one, the fishing by hook being much lighter work, and the whole crew consisted of two Sea Laplanders and three strong men. The Lapps were easily recognized by their short reindeer costumes, with hair inside, and Finland boots. The wind was good from the very start, and we rapidly passed the light-house on the island of Hellandsø. About a thousand boats were
scattered within a few square miles, near Henningsvær, for there were boats from other stations; after four hours we came to the place where our lines were and lowered the sail. Several buoys were taken into the boat, and then began the hauling of the lines by the help of the little roller along-side. There were four lines attached to one another, each being one hundred fathoms long; the hooks were four to six feet apart, generally one hundred and twenty on each line, and at intervals a buoy was attached to the line to prevent it from getting snarled, and sinking too deeply. The lines of all those who fished by hook contained on an average, per boat, about twenty-four hundred fathoms in all. An immense number of these lines are cast into the sea every day with the nets, occupying the waters for miles. We had not pulled in over two hundred fathoms of our own when we found they had drifted into a net, and that some of our hooks had caught it—an awkward yet common accident—but we were able to free the hooks without much trouble. We continued to haul in the fish, which were very abundant. Once again a part of our line became entangled, this time with three or four belonging to other fishermen, and great care was necessary to separate them. The men know well their own lines, as, for greater certainty, each one is marked from place to place with the letter of the district and the number of the boat. The work was hard and tedious, for the tides and currents had done considerable twisting for several different fishermen. After the lines had been separated they were thrown back into the water with the fish attached to them. The end of our third one came to the surface, and we saw that it had been cut by a knife, and the rest lost with all its fish, probably about seventy-five. Sometimes, when too badly mixed up, lines have to be cut and hauled into the boat; in that case the men bring them ashore, and give the fish found on them to the owner, who is always known by the marks on his tackle. We then went to the other buoys, and hauled in another line, capturing in all three hundred and seventy-three large codfish.

After our fishing was over we went to several of the boats near us, and made inquiries about our lost line. In one or two
cases, as we came along-side of the boats, my men looked suspiciously into them. Sometimes, when they find lines entangled in their nets, they draw everything on board, being obliged to do so to separate them, and return the fish. Some of the boats had parts of lines not belonging to them, which they intended to take ashore. When the fish are stolen the tackle is thrown away, but this very seldom happens. Evidently many of the crews mistrusted each other, and I was told that some fishermen would take fish that did not belong to them simply by way of retaliation, thinking that others who had found their lines had done the same. Of course it is very difficult to prove any theft of this kind; but, when caught, the culprits are severely punished by the judges. We cast out again, our hooks being baited with young herrings cut in two. There was a general complaint this year of the scarcity and dearness of the bait. There are men whose only business is to catch bait and sell it to the fishermen; my host had a small steamer employed for this purpose during the fishing-season. When the fishing-ground is near the line fishermen return to the shore and go again, and so also do those with nets.

Another sail, two hours long, from Henningsvær, brought us to Stamsund. The dark rocky hills which tower over the little fishing settlement give it a gloomy appearance, though there are several farms on the island. The harbor is made perfect by many small islands near the shore, among which boats wind their way. Here the fishing-boats were few, for most of the fish on the banks near the islands had migrated, and they seldom return the same season; only a few small vessels were completing their cargoes before leaving. I noted a comfortable house, owned by the leading merchant of the place, used also as an inn. Several buildings were supported partly on piles near the water's edge, and dwellings built of logs were scattered here and there between the rocks at the foot of the hills, and near the boulder masses that have been torn from the side. Vessels and boats were at anchor in the narrow basin, or among the islands, and the place presented a far wilder aspect than Henningsvær. There were birch-trees on the island, and they are said to be common in one of the
valleys. Near the settlement by the sea is a low dale with two or three farms.

My object in coming to Stamsund was to visit Herr M——, a celebrated manufacturer of cod-liver oil which enjoys such great and well-deserved reputation in the United States. The room where the oil is made was not very large, but everything was extremely clean. Several men were engaged in separating the good livers from the bad; all were fresh from fish caught that day. The fat and healthy livers were whitish, while the diseased ones were greenish, and the lean ones red. I was surprised to see the number of diseased and lean livers. The season for the best ones would soon be over, and it happens that the cod arrive at Lofodden when their livers are in the finest condition. The men were very particular in selecting the choicest kinds. After they had been assorted they were put into a large tank, washed thoroughly in warm water, and then placed over an open wire net to let the water drip away. I noticed that extreme care was taken in all stages of the preparation of the oil. There were five large, high, rounded kettles or vessels, surrounded by steam at a pressure never exceeding five pounds. By this process the livers boil very slowly for eight hours, after which the oil is filtered twice through cotton, and put in large tin vessels tightly soldered. The product was clear and white, and appeared to me perfectly pure; but the process does not end here. The oil is shipped to Christiania, where it undergoes chemical treatment which frees it from the microscopic globules of blood, and from stearine; it is then filtered through paper, and is ready for the market. Some sort of brown oil is made from most of the residue, and what is left after this is manufactured into a fertilizer, said to be very rich. The process has nothing of the repulsiveness of the method by which brown oil is usually made, namely, by letting the livers rot, skimming the oil, and afterwards boiling it.

I wished very much to visit the most southern of the islands, the inhabitants of which are said to be very primitive; but steamers touch there but two or three times a year, and then only during the fishing-season, so I preferred returning to
Henningsvær; for, though the weather had every appearance of remaining fair, the falling of the barometer indicated that a change was at hand. I busied myself in taking views of the Lofoden, and of the fishing-quarters. One evening I witnessed one of the grandest displays of the aurora borealis that I ever saw in the North; the corona was superb, and its brilliant red crown seemed to hang over these islands.

There is a church at Henningsvær, and, during the short fishing-season, a resident clergyman. On Saturday no nets or lines are put out, the law not allowing sufficient time in which to return to and raise them on Sunday. Buying and selling cease; the captains come ashore; the fishermen shave themselves and put on their best clothes; and all feel that a day of rest has come.

Sunday, April 6th, the last service of the season took place on the island of Henningsvær. The church was crowded with over three thousand fishermen, every one with his Church-service book. None wore amulets or pictures, for they trusted first in God and then in themselves in the hour of danger. The clergyman gave a most impressive sermon. It was to be the last of the season, and the congregation would soon be scattered; and when it returned in another year, he said, some then present might be missing. With tears flowing down his cheeks, showing the depth of his feeling (for he was a thoroughly good man, with no sham about him), he told them that after this life there was another; that soon death might come, and they must think of their souls, putting their trust in the Lord Jesus Christ. He finished with an earnest exhortation to love God, to hate sin, and follow after righteousness: it brought tears to many eyes, and made every one thoughtful as he went away.

It was really beautiful to see so many men, bred among the rocks of the North amidst storms and privations, come to pay homage to the Creator. I doubt very much if such a sight could be seen in any other Christian country. There was not a fisherman on Henningsvær in his cabin on that day, unless detained by sickness. In the afternoon the room of the worthy pastor, who, by-the-way, was a very handsome man,
was crowded with fishermen, who came to say good-bye, to thank him for his teachings, or to make some religious inquiries. I also made him a visit, and admired his urbanity to these hardy sons of the sea; he was, indeed, a gentleman. During our conversation he told me that he had sold that season 15 large Bibles, at 4 marks; 15 Testaments, at 20 skillings; and 150 books of Psalms, at 6 skillings.* Sunday was the day on which they generally bought them, and willingly, with their hard earnings. They are too proud to ask for one as a gift, but now and then, in a delicate way, the good clergyman would say to a man with a very large family, or who had had an unsuccessful fishing season, "I want you to give this Bible, Testament, or hymn-book to your wife, as a little remembrance from me."

The afternoon was passed in social enjoyment; neighbors visited each other, and talked of home. The younger folks paid their attentions to the maids of Herr D——, and to two others in the neighboring houses. Women were at a great premium, for these few were all—the fishermen not having brought wives or daughters; so the girls had many admirers on Saturday evening and Sunday afternoon; lads, wherever there was an opportunity, would pass before the houses to catch a glimpse of the fair ones; if so fortunate as to meet one, they would address their compliments to her and try to make love, for which there was little chance, as some person on the watch for a favorable time would be sure to interrupt. Nature, in this respect, is the same all the world over.

The fisherman's life is arduous. At dawn of day he goes out, and, when he has to row against a head-wind, often comes back tired and weary. On their return, after the first meal, all are very busy outside; those who do not clean and prepare the fish cut bait for the lines, replace the lost tackle, and repair the nets.

The barometer was not mistaken, for the threatened storm came on the 8th, with a very high wind, at times almost a hur-

* The new coinage at that time was not in use—5 marks, or 120 skillings, made one dollar.
MILD CLIMATE OF THE LOFODEN.

No boat was allowed to leave. Dark clouds gathered in the north-west, and violent squalls drove them overhead; snow fell heavily, and after awhile the land was covered with a thick white mantle to the sea. I went to the highest point of Henningsvær, where I could see the angry waves, as they struck against the rocky cliffs, breaking in foaming spray along the shore, and then dashing themselves into a thousand atoms, apparently harmless; but every billow that struck against that shore was stronger than the rock, and left its mark behind. On the point of Hellandsö the light-house stood unharmed, for the surf could not reach it; and, when night came, its bright light shone like a star over the horizon. Everything in the port was still; the sea there was smooth; the wind blew over the masts of the vessels, and no one would have dreamed, in looking on that quiet narrow channel between Henningsvær and Hellandsö, that outside a tempest was sweeping over a heaving sea. Part of the channel, however, is not well protected against a south wind. At Easter the gale was still unabated, and on the following Sunday it raged with a fury that made one feel thankful to be on land.

The climate in these islands is subject to great variations; violent storms are succeeded by very fine weather, and still, clear days. The temperature was remarkable for this season of the year, being milder than on the main-land. On the 31st of March the snow at the foot of the hills on the latter extended to the sea, while in the Lofoden it was several hundred feet above. On the 1st of April, on deck, the mercury stood at 52° while we traversed the Raftsund; in 1871, in the same region, at the end of July, the mercury stood at 40°, and 43° at the warmest time of the day, with the wind blowing from the north-east. In some of the sheltered nooks at the base of the mountains at Stamsund, where the stones reflected the heat of the sun's rays, daisies blossomed on the 7th of April; and I was assured that the year previous some were in bloom at the end of February. For the last six days the thermometer ranged in Henningsvær from 42° to 45°, and one day reached 52° in the shade, without any influence whatever from the sun's rays; and on the 7th of April, at Stamsund, the lowest
point was from 38° to 40°. This was the finest and warmest weather they had had that year.

The steamer *Nordstjernen* (Star of the North) had arrived in the midst of a very tempestuous time, and lay quietly at anchor outside, protected by the mountains there. The sea was smooth, though the wind swept between the islands with great force; but there was no space for it to rise. For four days no one was allowed to go fishing. The catches even before had been small, and the fishermen who were going north had already left by hundreds, many of them intending to stop for Easter at Tromsö. Hard, indeed, would be their journey in their little open boats—gales and snow-storms, rain and sleet, cold and wet; these hardy sons of Norway must encounter; but the sea is their element, and the wind the music they love. They are still the true descendants of the Vikings.

The steamer waited for the storm to moderate; the gale was at its height on Friday and Saturday, 11th and 12th. I left the Lofoden on the 13th of April, bidding farewell to those who had been so good and kind to me. The deck of the vessel was literally packed with fishermen, and their heavy wooden chests were piled everywhere; so also were numerous nets and lines, and cooking utensils. Every one was good-natured—laughing, talking, and looking forward to the Finmarken fisheries. They were going to sleep wherever they could on deck, for hardly any of them had taken second-class tickets; they wanted to save their money, and were satisfied with third-class. In a few days the Lofoden would be entirely deserted—boats and fishermen gone—and on the shores of many an island not one would be left to watch the sea.
CHAPTER X.

Climate of Scandinavia.—The Gulf-stream.—Temperature of the Sea.—Summer Heat.—A Temperate Strip of Land.—Prevalent Winds.—Table Showing the Temperature beyond the Arctic Circle.—Highest Temperature on the Norwegian Coast.—The Coldest and Warmest Months.—Number of Rainy and Snowy Days.—Foggy Days.—Thunder-storms.—Temperature of Northern and Southern Sweden.—Temperature of the Wells.—Fall of Rain in Sweden.—General Remarks on the Temperature between Haparanda, Stockholm, Petersburg, Copenhagen, Christiansund, Yarmouth, and Valentia.

In the first volume we have spoken of the vegetation of Scandinavia. We will now, before proceeding farther, give a general idea of the climate, which is remarkable, especially in the far North, when compared with that of other lands in the same latitude. In countries like Norway and Sweden, which reach from lat. 55° 20' to North Cape, 71° 10'—an extent as great as that from the most northern part of the State of Maine to Florida—one must, of course, find a great diversity of climate and vegetation. The boundaries include more territory than those of any other country in Europe except Russia, its total area amounting to 294,000 English square miles. An oblique line from Northern Germany through France and Spain would equal the length of the Scandinavian peninsula, but its greatest width is not more than seven hundred miles.

The Gulf-stream sweeps along the Norwegian coast and prevents the formation of ice; only the upper extremity of the fjords are frozen in winter, this being due to the lesser density and greater freshness of the water from incoming streams. On the two following pages are the maps showing the temperature of the sea between Norway, Sweden, Scotland, and Iceland. The sea is warmer than the air from September to May, the reverse being true from June until the
end of August. The Gulf-stream is warmest in summer in the south, the mean temperature of the water during the months of June, July, and August averaging, on the Skager Rack, $62^\circ$; in some places I have found it $75^\circ$ near the shore. It flows
more rapidly as it proceeds northward, and is warmest on the coast of Norway, between Lindesnes and Lyster, in lat. 57° 59' and 58° 6', where the mean temperature is 48° or 49°, falling gradually to 46° or 45° as it reaches North Cape, and thence
losing its heat farther east. The temperature of the sea is at its maximum in August, and minimum in February—both, therefore, coming later than the extremes of the air temperature: the yearly variation in the former is greatest on the southern coast of Norway, and smallest farther out where the sea is deeper. It is especially in winter that the influence of the Gulf-stream is felt. In summer the sun’s heat regulates the motions of the atmosphere; the effect of this is greater inland than on the coast, thus causing a variation of pressure and northward air-currents.

During the autumn the warmth of the sea diminishes: at North Cape in September and October, and November being about 43°. Later the reverse is the case; the temperature of the sea on the Skager Rack is about that of the air, 38°; and the Christiania and some other fjords grow gradually warmer as the current flows northward to Hellisõ, lat. 60° 45', attaining there a mean temperature of 42° to 43°. At North Cape the water is the coldest in March and April, its mean temperature being 48°.

The absolute temperature variation of the air in inner Finmarken and South-east Norway is 126°; at Finmarken fjords, on Dovre, and in Christiania, 108°; on the Finmarken coast, Nordland fjords, the north side of Dovre, along the Lange fjelds and mouth of Christiania fjord, 90°; on the coast from Tromsõ to Christiansund, and Bergen to Lindesnæs, 40°; on the whole west coast, 54°. The number of days having a daily mean below 32° follow the same course.

On a narrow strip of the coast from Folden fjord to Lindesnæs the mean daily temperature never sinks below the freezing-point. In Central Scandinavia the daily temperature is below zero during more than seven months; thence this number decreases, so that at the Bothnia and on the Finmark coast it is six months; at Vesterålen, along the Nordland coast, Trondhjem, in inner Sogne, at Christiania, and Stockholm, four months; and, finally, at the outer Trondhjem fjord, Romsdal fjord, Sogne, Hardanger, and Arendal, two months. This shows the warming influence of the sea.

On the west coast, in Northern Norway, and at the Chris-
tiania fjord, southerly to south-westerly winds are prevalent. In the whole country to the south-west the prevailing breezes are from the south, although easterly winds occasionally occur. The average warmth generally lessens as one gets farther north, but in Norway the heat decreases most towards the east; thus, on the west coast, from Stadt to Lyster, the yearly average is $45^\circ$, which in Sweden is found only as far north as Gothenburg and Wexio.

The contrast between the inland and coast climate is most apparent when observing the yearly variation of temperature in different places. Though the summers in the far North are short, there are days when the heat is greater than that of the country farther to the south.

**The Result of Ten Years’ Observations of Temperature Beyond the Arctic Circle.**

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The heat in the sun is far greater in proportion to the shade than in any other country, sometimes being twice as much.

The days of the year when the temperature is the same beyond the arctic circle are about as follows:

- **Vardö**..............................April 27 .... October 27
- **Hammerfest**........................May 5 .... October 15
- **Kåfjord**...........................April 25 .... October 12
- **Tromsö**...........................May 2 .... November 1
- **Bodö**..............................May 3 .... October 22

The greater heat in summer and the greater cold in winter are both found inland, while the coast has milder winters and cooler summers. The smallest variation on the Scandinavian peninsula, $12^\circ$, is observed from Stadt to Hiteren and Lofoden.

On the coast of Norway the highest temperature in the summer may reach $77^\circ$ to $80^\circ$, while a short distance inland it is $82^\circ$ to $86^\circ$; at Christiania, $88^\circ$; and even on the top of Dovre,
2098 feet above the sea, 84°. Near the Justedalsbræen, in winter, the climate is pretty mild, in consequence of the large rainfall caused by the glacier, which comes down in the shape of snow. In the far North the cold reaches 40° to 45° below zero, and in Central Sweden sometimes 40°.

The coldest days occur generally between the middle of January and the middle of February, and earlier in the east than the west; the hottest weather is between the middle of July and the middle of August. The part of the country having the greatest rain and snow fall is from Sogne fjord to Stadt, where the yearly fall is 72 inches, while Christiania has only 20 and Dovre about 13 inches. On the coast the greatest fall occurs in autumn—in Christiania, in August. The number of days with rain or snow is in Dovre only 90; on the coast of Skager Rack, 100; in Bodø, Tromsø, and Vardø, about 120; Christiania, Romsdal, and the Helgeland coast, 140; Bergen and fjords to the north, and Vesterålen, 160; and Lofoden, 180 days in the year: while inland it rains or snows every fourth day, it does so at Lofoden every other day; in Vardø it rains 54 days, and snows 71; in Dovre there are 42 rainy and 48 snowy days; in Christiania there are twice as many rainy days as those in which snow falls; in Bergen, five times; and in Lofoden, one and a half times as many. Finmarken is generally free from snow in summer. Vardø and Bodø in July and August have no falls of snow, but it has been known to fall in July. In Lofoden snow has fallen three or four times in July within ten years. In Dovre and Vardø it falls as frequently in May as in October; in other places this happens only in April and November; and on the west coast only in March. The fall of snow varies each year considerably. I have known more to fall in one week in my trip northward than during the rest of the winter, and found much less in the Dovre fjelds in January than in September of the previous year. Measurement of its depth is quite difficult, being greatly affected by the temperature; for, though much in quantity, it is often light and spongy; while at other times, though less in bulk, it is dry and compact, and affords excellent sleighing.
DURATION OF ICE ON THE LAKES.

The number of foggy days is, at Vardø, 18; Lofoden, 13; Christiansund, 7; Dovre, 10; Ålesund, Skudenæs, Mandal, and Sandösund, 20; Bergen, 40; and Christiania, 62. A marked yearly peculiarity must be noted here. In the east, from Lindesnes to Christiania, most foggy days occur in winter; on the west coast, on the contrary, almost exclusively in summer; in Bergen they are divided pretty evenly the year round, but occur most often in June.

Thunder-storms are rare, occurring on the west coast only in winter; and after strong westerly winds, generally near the sea; but in South-eastern Norway they take place only in summer, and as often inland as near the coast. Beyond the polar circle they are seldom noted. I learned that snow and hail, which generally accompany the thunder-showers, do very little damage, and that the lightning rarely strikes.

In Sweden the mean temperature for the year in the far North is 34°, while in the South it is from 44° to 46°. At Stockholm it is 41° to 43°. The wells, which give a pretty accurate idea of the earth's temperature, show about the same figures; in Central Sweden they have a yearly average of about 43°; while in the north they are often found covered with ice all summer, and swamps are frozen hard to a depth of five to six feet. Lakes are ice-bound in the south for about 115 days, in the central part 150, and in the north 230. The annual fall of rain is less than in Norway, and is, as a general rule, pretty evenly distributed throughout the country. On the west coast it is about 21 inches; in the interior, in the central part, 16; on the south-east coast 13; and in the north 12. In the southern part of Sweden the winter climate is quite even, and might be compared with that of parts of Western and Northern New York, but in the summer the nights are much cooler than in the United States, and the heat of the sun is not so powerful; consequently Indian-corn does not ripen.

From the meteorological observations noted down in the daily records (1879)—for Haparanda, Stockholm, St. Petersburg, Copenhagen, Christiansund (Norway), Yarmouth, and Valentia (Spain)—I note the following remarkable facts: in June, 1879, the warmest average weather for the month was
experienced in these places in the following order: first at Stockholm, then Copenhagen, St. Petersburg, Yarmouth, Val- lentia, Haparanda, and Christiansund. The hottest day, however, was in Haparanda, on the 5th of June, 66°. In July the latter place had the highest mean temperature of the month, though I have only the records from the 1st to the 15th; it had also the highest mean of a day, 68°. In August, Stockholm, Christiansund, and Copenhagen had the highest temperature, being 62°—Valentia, St. Petersburg, and Hapa- randa being the lowest. In September, Copenhagen, Yarmouth, and Valentia were the warmest. For October, 1878, I have only the data of the last half of the month: Haparanda was the coldest, then Stockholm; next followed Copenhagen, then Valentia, Yarmouth coming fifth in the scale. In Janu- ary of that year St. Petersburg, Haparanda, and Copenhagen were the coldest; Valentia and Yarmouth the warmest. As a general rule, Haparanda is the coldest locality during the winter.
CHAPTER XI.

NORDLAND, TROMSØ, AND FINMARKEN PROVINCES.

The three Northern Provinces of Norway.—The Wildest Scenery on the Coast.—Population.—Products of the Soil.—Occupation of the People.—Fishing.—Great Number of Fishermen.—Homes on the Coast.—Steamers everywhere.—Importance of the Cod-fisheries.—Number of Cod caught.—The Herring-fisheries.—Number of Men employed.—Spring Fisheries.—Migration of the Herring.—How Herring are caught.—Immense Catch of Herring.—Summer Fisheries.—Number of Herring caught.—The Spitzbergen and Nova Zembla Fisheries.—A Sea-faring People.—Norwegian and Swedish Mercantile Navy.

Norwegian Nordland includes that part of the country which extends from about lat. 65° to 70° on the coast, and comprises the old province known under the name of Halogyland, and which is now divided into Nordland and Tromsø provinces, while Finmarken is farther north. The scenery on the shores is the wildest on the coast of Norway, and culminates in its savage and weird grandeur between the cities of Bodø and Tromsø; there the loftiest mountains are found; the highest being between the Lyngen and Ulfs fjords, with an altitude of 6500 feet, and present the characteristics of the Alps. Glaciers and snow-clad peaks are seen from the sea. The abrupt sides of these elevations often cause landslides and avalanches of snow. At the bases of these wild, abrupt, and jagged slopes are sometimes rich wooded land and luxuriant pastures, with here and there a driving-road, and sometimes wild bridle-paths, leading from one fjord to another.

Sailing along that apparently forsaken coast, noting the towering dreary mountains in the background, and remembering how short are the summers and long and stormy the winters, one can hardly believe that fine agricultural land and extended forests are to be found there. In Nordland the population is about 100,000, of whom 7000 are fishermen, and 15,000
farmers. The number of horses is 7500; of cattle, 55,000; of sheep, 108,000; of goats, 24,000; of swine, 5433. Nordland produces 350,000 bushels of grain, and 1,100,000 bushels of potatoes. In the province of Tromsö there are about 53,000 inhabitants, among whom are over 5000 fishermen, and as many farmers. There are over 26,500 head of cattle, 58,000 sheep, 4500 horses, 1800 pigs, and 10,000 goats. An average of 120,000 bushels of grain and 400,000 bushels of potatoes are raised yearly. This part of the country was settled by the Vikings, several of the chiefs being mentioned in the sagas. There are also several old churches of stone, among which are those of Ibestad and Trondenes.

Contiguous to Tromsö lies Finmarken, the most northern province of Norway. The Arctic Sea washes its rocky shores on three sides; its territory has an extent of coast, not including the fjords, of about 350 miles, and covers an area of 2600 square miles, or the seventh part of the territory of Norway. Finmarken proper commences at about lat. 70°, at a point between Kvaenangen and Alten fjords, and extends along the coast to the Russian boundary by Jakob River. Its most southern point inland lies near the mountain Beldovado, while the most northerly is North Cape. A straight line from Beldovado to North Cape measures about 190 miles. In comparison with the country farther south Finmarken is a low land, as its greatest area lies less than 1000 feet above the sea.

The highest mountains are the Gaiser range, reaching about 3000 feet, but they are entirely without snow in summer. In the interior of this province bare rocks are not very common, being generally covered by glacial gravel; while in the river-bottoms nearest to the sea fine sand is quite prevalent. In the Tana, Alten, Laxe, and Eiby rivers gold is found, though not in paying quantities. Five large fjords wind their way far inland—the Alten, the Porsanger, the Laxe, the Tana, and the Varanger—and between each two lies a huge stretch of rocky land, forming peninsulas, upon which the Laplander and their reindeer roam. On the Alten and Laxe rivers there are quite considerable deltas, with clay beds rich in phosphoric acid, making them very fertile for the growth of grass.
Islands dot the sea, in many places protecting the coast, which appears from a distance to belong to a land of desolation entirely uninhabited. On the boundary between Tromsö and Finmarken is the Jökel glacier, the only one in Scandinavia which, like those found in Greenland, sheds pieces. The Tana is the largest river, and is navigable by boats as far as Ulvefos, 210 miles from the sea; its longest tributary is the Karasjoki. The Alten and Pasvig rivers are considerable waters, the latter rising in Enare Lake. The lakes north of the Gaiser mountains empty into the Porsanger fjord through the Laxe River.

This bleak province has nearly 24,000 inhabitants, which number includes 6700 fishermen and 2800 farmers. There are over 9000 head of cattle, 20,000 sheep, 2500 goats, and 400 pigs. Not much grain is raised, but over 30,000 bushels of potatoes. In these two most northerly provinces twenty-eight per cent. of the population are pure Lapps and Finns. Of Lapps proper there are in Norway 17,178; of Finlanders, 7637; of Lapp and Finnish half-breeds, 909; mixed Norwegians, Finns, and Lapps, 2961, among whom the Nomads are only 1577; the merchants are almost always Norwegians. The yearly average of marriages according to population was in Finmarken seven and six-tenths for every thousand inhabitants; in Tromsö, six and one-fifth. The people intermarry closely, and the mixed offspring of the three nationalities form an excellent race. The inhabitants of the Lyngen, Alten, and Skjærvö parishes are better educated, and have finer dwellings.

Fishing is the chief occupation of the inhabitants: many of the farms are owned by fishermen. Wherever there is a good harbor one is sure to see some houses, or a fishing-village consisting of several families who have settled together. Each merchant owns several homes for fishermen, resembling those of Lofoden; every man pays one dollar for the season, and when four or five merchants are settled together there is quite a village. Sometimes two or three families dwell in one place all the year round: they have a few cows, goats, or sheep, which feed chiefly on the heads of fish, which are cooked for them.
In other places the settlement consists of a single merchant's family, with his own men and servants; the warehouse stands on piles by the sea, and the effect is that of a little hamlet. The larger steamers stop during the fishing season at many such places, and there are smaller ones of lighter draught which ply among the fjords and land at the various establishments.

The cod-fisheries are of the utmost importance to Norway; the people live, and even get rich, by them. There are three varieties of the common species, namely, the sea cod (Gadus morrhua), the fjord cod (Gadus virens), and the ling (Molva vulgaris), also of the cod family; the last two are often very large, frequently attaining a length of six feet. In Tromsö the number caught averages 5,000,000, and in Finmarken 12,000,000; including the Lofoden fisheries, the catch averages about 38,000,000 or 40,000,000; on the whole Norwegian coast, 50,000,000: these figures are for the season. A great deal of brown cod-liver oil is made.

Next in importance are the herring fisheries. The herring (Clupea harengus) is plentiful all along the Norwegian coast, but only on that part lying between Lindesnæs and Lofoden is it the object of any extended fishing. As far back as history goes, or from about the ninth century, these fisheries have been of great value; but they have also been subject to greater variations than the cod-fisheries, and only at a comparatively later period did they yield any proper article of trade. In 1416 a Hollander, Beuckel, devised the art of salting the herring, and, when soon afterwards the knowledge reached Norway, this industry at once attained great prominence. They are divided into two principal classes: the spring or large herring-fisheries, which take place in the beginning of the year, when the herring, in immense shoals, go inshore to shed their roes, and the summer and autumn fisheries, at which time the fish is smaller, when they run in near land to feed on the enormous masses of *Copepoda* (very small crawfish), *Annelida*, and *Mollusca*, which are plentiful at that time of the year on certain parts of the coast.

The spring fisheries extend from latitude 57° 59' to 60° 25';
the herring rarely goes east of Lindesnæs, and but seldom north of Stadt. The time and places of their arrival are very irregular, but usually their season is from January till March. At the same time, also, occurs the fishery for large herring, but generally only on the Nordland coast and by Lofoden. The summer herring-fishery is still more uncertain, and occurs at different dates here and there along the coast from Lofoden to the southward; it very much depends on the whereabouts of the food sought by the fish. In this season the herring has, as said, no roe or milt, but fat, and is therefore called fat herring: it is also smaller than the spring herring.

The different names and sizes of the herring depend, according to Professor G. O. Tars, on their various ages; the largest, the "storsild," being six years old. The irregularity in the time of the arrival of the herring, and its periodical disappearance from long stretches of the coast, are hardly caused by any decrease in the mass of fish, as the number caught by man is insignificant in comparison with what is eaten by other enemies of the fish. There is very little probability of its having taken to other runs or sought another coast, but it is more likely that in summer it has found its food farther out at sea, and about the shedding period has not had time to get inshore, and therefore has been obliged to shed its roe on the more distant banks (where the fish has been seen lately) when it did not appear on the west coast at the usual time.

The herring is caught with nets, the meshes of which are about an inch in diameter. These nets are 60 to 75 feet long and 12 feet deep, and are kept at a proper depth by stones and floats, generally of cork. These nets are tied together, set at night, and taken up in the morning. A series of three yields ten, twelve, and sometimes as high as twenty barrels of herring, but the average catch is about six barrels. Each boat carries five to eight series, or fifteen to twenty-four nets. The crew consists of four or five men and boys.

Another mode of catching the herring is with a seine about 750 feet in length and from 90 to 120 feet in depth, which is used to enclose the immense shoals. Several small boats and
a larger vessel, in which the men lodge—generally twenty-five to thirty—form a seine gang. The foreman having charge of the work, and often owning the whole or part of the equipment, is called the seine boss. The complete fishing outfit costs from 6000 to 8000 kronor. The work is done in the following manner: when the herring comes inshore, in a bay or sound, the seine is drawn around the mass of fish, whereby a so-called herring-lock (sildelås) is formed. The approach of the herring is generally indicated by the large fish or birds following the shoals, or in the night by a lead and line, with which a trained fisherman can feel if they have arrived in sufficient numbers. The catch depends, in a great degree, on the skill of the seine boss. When two or more seine gangs have worked at making the lock, the catch belongs to that gang which first gets down its seines. Disputes are settled immediately by the opsynsmånd. When the herring is locked, the men hurry to empty the enclosure by means of a smaller seine or drag-net, which is drawn towards the shore, where the fish are taken up with hand-nets and emptied into the boats, which, after being filled, are sent out, and the fish sold to owners of trading-vessels. It is by no means rare that several thousand barrels are enclosed within the seines, and it has happened that 20,000 to 30,000 barrels have been taken in a single catch, the value of which is very considerable. Sometimes, however, the seines are torn to pieces when bad weather occurs before they are emptied.

Part of the fisheries have of late been managed by vessels of 40 to 60 tons, each carrying four to five boats'-crews, and accompanying the latter over whatever course the fish may take. The spring fishery is often attended by risks, though perhaps not so much so as that for the cod, and is generally more uncertain than the latter. Many a time the fishermen lay-to and consume their provisions, waiting in vain for the herring, and finally have to go home empty-handed, while at times the fishing is so rich that small fortunes are made. The fish are usually sold immediately to merchants, who, with their vessels, are always lying in wait for the fishermen; and as soon as these little vessels, holding from 400 to 500 bar-
rels, are full, they repair at once to the salting establishments, erected either in the towns or near the best fishing-grounds. Here the fish are gilled, which is done by making a cut with a sharp knife over the throat of the herring, whereupon the windpipe and entrails are drawn out with a quick motion, and a little blood escapes. This process is usually done by women. The fish are then packed between layers of salt, in barrels which hold about 480: for a barrel, one-quarter barrel of salt is used. Two skilled gillers can clean and fill thirty barrels a day. Later, the herrings are sorted and repacked.

The summer fisheries, or those for fat herring, begin shortly after the close of the spring fisheries; but the best herring appear in August and September; the fish are then caught partly by nets and partly with seines. Those taken by the latter are left enclosed a couple of days before being removed, so as to allow them to get rid of their food. As the summer herrings are smaller, the nets and seines have smaller meshes, generally three-quarters of an inch in diameter. The nets are 90 feet long and 24 feet deep, and six nets are tied together. When using the seines, the fishermen have to pay the owners of the adjoining coast a percentage of their catch for the right of drawing to the shore, and also have to indemnify such owners for any damage done to their crops. This percentage in the Bergen provinces is six per cent. of the catch—in all other places three per cent.

The aggregate number of barrels of herring caught annually is 1,312,000—it has reached as high as 1,800,000; of sprats (Clupea sprattus—brisling), 342,000; the number of mackerel caught is about 5,000,000. The average value of the catch is: cod, $5,000,000; herring, $3,503,000; other fisheries, $193,000; total, $8,696,000.

To Spitzbergen and Nova Zembla are sent yearly about 30 vessels for seal-fishing, with 268 men, the value of the catch being 44,778 specie dollars; for seal-catching at Jan Mayen Land were sent 15 vessels with 684 men, the value of the catch being 184,000 specie dollars: 1,200,000 lobsters were exported alive to England, and also 140 tons of salmon on ice. The number of seals caught was 63,700; and of whales, 36.
The herring migrates, and is known to have disappeared for years from many districts, but sometimes appears in immense numbers on the west coast of Sweden. The herring fisheries along the east coast are carried on by more than 3000 boats, and in 1873 the catch was about 150,000 barrels. On the island of Gotland 2000 people with 600 boats are engaged in these fisheries. The Baltic herring is a smaller variety of the common kind. On the banks in the Kattegat or the North Sea are employed vessels of 65 to 200 tons burden, with crews of 12 to 14 men. The mackerel-fishery is carried on along the west coast by about 1500 men with nearly 400 boats.

The number of men employed in the fisheries for cod is about 60,000, in the herring-fisheries 50,000, and then come the mackerel-fisheries with 3000, making, with the sailors of the merchant marine, a grand total of nearly eight per cent. of the whole population who live by maritime pursuits.

The Norwegians are pre-eminently a seafaring people, and outrank every other nation in Europe in that respect. England employs a far greater number of seamen in her mercantile navy; but many of the crews of her ships are often chiefly composed of men alien to her soil; besides, many Norsemen are found in foreign bottoms, and vessels on the great American lakes are frequently manned by them. But it is in her fishermen, who are the most hardy of sailors, that Norway outstrips her rival, who is popularly known as the "Mistress of the Seas." Besides the thousands engaged in the large fisheries, there is a numerous home population that almost subsists by fishing.

From the latest statistics (1877) the merchant navy consisted of 8064 vessels, with an aggregate carrying capacity of 1,493,041 tons: 7791 were sailing-vessels, with a tonnage of 1,446,172 tons, and 273 were steamers, of 46,869 tons. In that year of commercial depression the ships earned by foreign freights 98,444,000 kronor, or about 26,600,000 dollars. Of this sum, 21,000,000 kronor represent the freights of the carrying-trade between Norway and foreign countries; between the United States and other countries, 25,000,000 kronor; and
last year more than 1000 Norwegian vessels came to the port of New York, at one time more than 250 barks being seen lying along-side the docks.

The foreign trade was carried by

<table>
<thead>
<tr>
<th>Sailing-Vessels</th>
<th>Capacity</th>
<th>Tonnage</th>
</tr>
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<tbody>
<tr>
<td>5049</td>
<td>1,371,300</td>
<td></td>
</tr>
<tr>
<td>95 steamers</td>
<td></td>
<td>88,974</td>
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<tr>
<td>Only 47 vessels</td>
<td></td>
<td>1,000</td>
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<tr>
<td>1 vessel</td>
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<td>1,500</td>
</tr>
<tr>
<td>2 steamers</td>
<td></td>
<td>1,500</td>
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</tbody>
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In domestic traffic were engaged 163 steamers, only two exceeding 500 tons, the greater number carrying between 20 and 100 tons.

Engaged in the whale and seal fishery were

<table>
<thead>
<tr>
<th>Steamers</th>
<th>Capacity</th>
<th>Tonnage</th>
</tr>
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<tbody>
<tr>
<td>15</td>
<td>3643</td>
<td></td>
</tr>
<tr>
<td>55 sailing-vessels</td>
<td>2200</td>
<td></td>
</tr>
</tbody>
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The sailing-vessels were manned by 58,911 men; the steamers by 3229.

The coasting trade is open to vessels of all nationalities, upon the same conditions as of Norway, and people are at liberty to buy their ships anywhere.

The mercantile navy of Sweden is much smaller than that of Norway. At the end of 1873 it consisted of 3900 vessels of 434,310 tons, manned by 24,750 men; of these vessels 565, carrying 51,590 tons, were steamers. This only included vessels of ten tons and over.
CHAPTER XII.

Continuous Snow-storms.—Difficult Navigation.—Ports of Refuge.—Hammerfest in Winter.—The Magerö Sound.—Fishing Settlements on Magerö.—Immense Number of Birds.—The Laxe Fjord.—Finkirken.—Cape Nordkyn.—Vardö.—An Old Fort.—Reception at the Fort.—Vadsö.—Religious Excitement.—The Catching of Bait.—Finns in Vadsö.—Long Days coming.—The Varanger Fjord.—Remarkable Vegetation and Forests.—The Norwegian and Russian Boundary.—Nyborg.—An Obliging Lensmand.—No Reindeer to be had.—Lapp Houses.

The trip by steamer from the Lofoden was a continuation of gales and snow-storms, against which our vessel with difficulty made its way. We had occasionally to cast anchor for a few hours, both by day and by night, being unable to proceed. This voyage of a day in fair weather often takes a week in a gale. At Tromsö we had to stop until a snow-storm abated. There were there several thousand fishermen, who were waiting for safer wind in order to continue the journey northward with their boats, or for steamers, either to go home or to some fishing-place on the coast of Finnmarken. Many evidently were making up for the solitary life they had led, and I thought the sudden increase of population was not very conducive to the good of the place. The lower part of the town, by the fjord, was entirely in possession of the new-comers, many of whom spent their money freely, to the joy of the store-keepers and others.

At the important fishing-village of Skjærvö, which possesses a splendid harbor—the best between Hammerfest and Tromsö—we were obliged to cast anchor, on account of a violent wind and snow-storm. Thence we steamed slowly towards the fishing settlement of Loppen, on the island of that name; across to Hasvik, on the island of Sörö; and then up the long sound to Hammerfest. The streets of Hammerfest were filled with snow, and the port with fishing-boats at anchor; these had
come from the south and the Lofoden, and were waiting for
the storm to abate so that they might continue their voyage
along the coast. The streets were crowded with idle fisher-
men and Sea Laplanders, in their dresses of reindeer skins.
They did not know what to do with themselves while waiting
for a change.

The thermometer seldom falls to 20° below zero; even in
the depth of winter it stands for consecutive days several
degrees above freezing-point. The discharge of a gun on
board the steamer at midnight notified our passengers to go
on board; the stars were shining; it was the first clear weath-
er for several weeks here, and the tenth day of an almost con-
tinuous snow-storm. But the improvement was maintained
only a few hours. We also had to wait for a lull in the storm.

The route in winter is through the Magerō Sound, steam-
ers not doubling North Cape. On the little island of Frunhol-
men, latitude 71° 5' 45'', is situated the most northerly ligh-
thouse on the globe, guiding the mariner along that desolate
and dangerous coast, and warning him of danger. We passed
a fine mountain, called Kjerringen (old woman), and Cape
Stikkelvaagnaergingen, with its sharp pyramidal mountain peaks.
An indescribable feeling of utter desolation impressed me as
I looked on that bleak land; the steep sides of the mountain
seemedstriped with black and white, which made the scene
appear still wilder. The whole coast, from a distance, seemed
to rise vertically. The dark gray sky was in unison with the
dreary landscape; the wind was cold and piercing.

But even on that bleak island of Magerō the Norsemen
have settlements. Suddenly masts of vessels appeared; fish-
ing-boats were seen at anchor, and houses stood near the shore.
It was the fishing-station of Honningsvaag. Kjelvig is the
most eastern station on the island; and its church, vessels, and
houses soon came in sight. Though the sound was quiet the
wind blew a gale on the mountain-tops; there the snow flew
in thick clouds, which suddenly came together, whirling, like
a water-spout, in a spiral column, which, in turn becoming
broken, sent its particles from Magerō far over the sea.

Here are the highest tides on the Scandinavian coast. At
the Kattegat the tides are feeble, but they increase gradually towards the north. At Stavanger they rise three feet; at Trondhjem, eight, and at the North Cape and Vadsö, nine feet.

From Kjelvig we sailed across the Porsanger fjord to Cape Sværholdtklubben. This fjord extends southward as far as 70° latitude, and is the largest within the arctic circle, having a length of about 85 miles; its shores are dreary; here and there one sees a Lapp hut. Farther inland some of the hills are clad with small birches. There are two or three fishing settlements and two churches. Cape Sværholdtklubben forms the extremity of a long peninsula, dividing the Porsanger from the Laxe fjord, averaging a height of about 1000 feet at its eastern extremity. The scenery is wild near the cape; ragged mountains rise like walls near the abrupt shore, torn in many places, and with huge masses of rock piled up at their base. As we rounded the cape an immense number of small gulls, frightened by our steamer, flew wildly above and around us; the air was thick and every crevice in the rocks white with them; I had never before seen such numbers of birds together; there must have been hundreds of thousands, perhaps millions. The fishermen there ask, "Who is the biggest king in the world?" "The king of Sværholdt; because he has the most subjects." This bird, the Larus tridactylus, is the smallest species of gull, and the number of eggs they lay in the crevices of the mountains and on the plateaus must be simply innumerable. The captain fired a gun, and the view above our heads became extraordinary, in some places the birds being so numerous as to hide the sky.

Then we came to the little fishing settlement of Sværholdt, which takes its name from the cape, and is protected by it; with north or north-west wind the landing is difficult. A single family dwells here all the year round. The year before, in mid-winter, their house was burned, and one of the children was lost; no trace whatever of him was found; the people to this day do not know whether, in the darkness of the night, he fell into the water or was burned.

On the eastern shore of the Laxe fjord, near its entrance,
and almost opposite Cape Svarholdtklubben, is a narrow bay-like arm of the sea, called the Eids fjord. From the deck of the vessel we could see beyond a narrow low tract of land, the Hops fjord, a small eastern branch of the Tana fjord: the Eids is shallow, while the Hops is deep. The distance between these two being very small, the Storthing has been asked to make an appropriation to cut a canal to connect them; this would be of great advantage to the fisheries in bad weather. The configuration of the land reminded me forcibly of that of the island of Magerö, and showed that, when the country was still beneath the sea, the Kjorgosj Njarg, the name of the massive rock, which is indented with bays and fjords, was an island.

On the Laxe fjord is the thrifty fishing settlement of Lebesby, with a church. The northern coast of the Kjorgosj Njarg is the wildest in Finmarken, the cliffs being very rugged. The strata of the rocks were seen distinctly; masses had fallen down near and into the sea in large slabs. One of the great sights is the gammel Finkirken (old Lapp church), situated at the foot of the high hills near the sea. I took this at first for the ruins of an old stone church or monastery, the end walls of which still remained, and I really believed it was an ancient ruin, whose pillars or walls only were standing. The illusion was complete until I came near it; then I noted quite a distance between the two walls, though the slab structure gave the appearance of masonry: it was simply nature resembling the work of man. Finkirken certainly is one of the greatest curiosities of Northern Europe. At the head of the Kjolle fjord a picturesque wooden church and a few houses formed the settlement. The church is at about lat. 70° 55′; this, with that of Kjelvig, are the two most northern churches in Europe.

Continuing to skirt the shores, one doubles Nordkyn, lat. 71° 6′ 50″, the northern extremity. Kjorgosj Njarg is the most northern point of Europe, and is over 700 feet high. In the distance, westward, is North Cape, appearing like a black mass rising perpendicularly from the sea. From Nordkyn the coast gradually becomes lower, and ice was thick at the head of the
fjords. Fishing-stations, where there are a few vessels, continue to be seen, while bright-painted churches testify that the seafaring population has places of worship on that oft-desolate coast. Then one enters the Tana fjord, which pierces through the mass of rocks for a distance of about forty-five miles; its mountains are high, in some places reaching a height of from 2000 to 2300 feet. Here the geological formation is chiefly of sandstone quartz, of white, red, and yellow strata, and is crumbling everywhere. Its upper end is filled with sand-banks formed by the Tana River. This fjord is remarkable for the forest of birches lining its shores to the south; it has several branches.

Crossing the Tana fjord, one sails along the Vargack Njarg, another huge knoll, bounded on the west by the Tana fjord and river, the sea, and the Varanger fjord. From Tana Horn the elevation of the coast continues to decrease, and is not more than three or four hundred feet. Some fishing-stations are passed, and one comes to Vardö, the most important town on the coast of Finmarken. We entered that crowded port in the midst of a violent snow-storm. The place is built chiefly on two bays extending in opposite directions, separated only by a narrow tract of land in the shape of an elongated promontory; an island farther at sea partly protects the shores. The two harbors afford protection, one from the south-eastern, the other from the north-western gales. The port is not good, and it is said to be the most unsheltered town on the whole of that northern coast: to judge by the strong wind blowing through its streets, and the huge snow-drifts, I should say that its reputation is well deserved. It is the coldest place in Finmarken, the mean temperature of the year being only a fraction of a degree above freezing-point; but in cold winters it is exceeded by Kåfjord and Nyborg—the latter situated at the inner end of the Varanger fjord.

There were but few vessels, but hundreds of fishing-boats were stranded on the shores, and a great number were at anchor. The fleet had been unable to get out for more than three weeks on account of storms, and no bait had been caught. The place has a population of about 1200 inhabitants, and dur-
ing the fishing season it is much larger. It had an unfinished appearance; some of the houses were painted, others not, and, owing to the ground, there was no symmetry in the arrangement of the streets. The city is situated on the island of Vardö, and at the most eastern extremity of the Vargack Njarg. Here are seen three very interesting shore-lines, formed of large pebbles, which have been mentioned in Chapter XVIII. of the first volume.

Those large fishing settlements presented a singular sight. Scattered about were hundreds of poles on which the fish were hung to dry. Near the bay were several manufactories of brown cod-liver oil, and projecting over the water were the wharf-houses of the merchants, partly built on piles.

Vardö is the only fortified place on the northern coast of Norway. On the way to the fort (Vardöhus) the wind was so high that we could hardly stand against it, and the flying snow so blinded us that at times we could not see our way. Over the gate leading in was the date 1737. On one side of the house of the commandant of the fort the snow was piled above the door, and the first-story windows were hidden from view. We had to enter by the kitchen, where we found the official engaged in making a pair of boots for one of his children. He had a large family to support, and strict economy was necessary. He received us kindly, and I admired his manliness, for he was not in the least ashamed that we saw him playing shoemaker.

The fort had twenty old-style cannon in battery, and the garrison was composed of twenty soldiers—seamen, no doubt, for, on account of the small pay, six of the garrison fish for the commandant, three for the lieutenant, and two for the doctor; the fish are divided between the fishermen and the respective officers for whom they are caught. This was primitive enough, and showed plainly that the Norwegians did not wish the expenses of their army to fall heavily upon the people. The barracks reminded me much of those of the Cossacks on the island of Torneå.

From Vardö can be seen, on the other side of the bay which forms the entrance to Varanger fjord, Cape Njemetski, the
most northern point of the Gikker Njarg—the last njarg on the coast, unless we except the Kola peninsula (almost an island), and the shores of which form one of the most desolate regions of Russia in Northern Europe.

Continuing to skirt the coast, about seventy miles farther one comes to Vadsö. This last town on the Norwegian shore, with a population of 1800 inhabitants, is divided into the Finn and Norwegian quarters; there are also a few Lapps. It is the seat of a court, and the judge is the chief functionary of the place. Like all fishing-stations, it is filled with framework used to dry the fish. Cod-liver oil, and guano from fish-heads and bones, are manufactured. A small steamer is engaged in the whale fishery in an unusual way. The whales—which are numerous on this part of the coast—are killed by a gun which discharges a peculiar harpoon with an explosive shell. The creatures thus taken are towed into Vadsö. Many have been obtained in this way during the past few years. The large Norwegian coasting steamer goes no farther, but there is generally a small one plying weekly in the fjords. Vadsö is the last telegraphic station. Who would think that even on this lone coast the important news of the world flashes every day over the wires, and is made known to the inhabitants? The postal telegraph has always been used, with but one uniform rate all over the country, and from this northern part of the land a message to the most southern point of Norway costs but one krona. In Sweden it is the same, and, though the distances are so great, the government is no loser; the rates will become still lower as soon as the receipts allow a reduction.

The schools are good; Greek, Latin, Hebrew, French, German, and English are taught. In this district some of the teachers have to know the Norwegian, Finnish, and Lapp languages. In many of the inhabitants’ houses pianos, guitars, violins, and concertinas are found. The homes of the merchants are large and exceedingly comfortable, and their hospitality unbounded. I was invited by a fellow-passenger on board the steamer, Herr W——, to stay at his house. Kindness to strangers seems to be the law of the land, and I was introduced everywhere.
During winter the inhabitants, having nothing to occupy their minds, sometimes labor under intense religious excitement. All through the past season there had been among the Finns a time so threatening that, had it not been for fear of the law, it might have ended seriously. The clergyman was not fanatical enough for these people, so they preached in their rooms; force and threats were used against those who did not seem to be strong in the faith; many declared that they had the spirit of the Lord and power of prophecy; others believed that some were possessed of devils; the clergyman was unwilling to go with them, and in their excitement they threatened him. For awhile the Norwegian inhabitants wore sober faces, not knowing how things might terminate, and fearing that perhaps it would end in bloodshed, as it had in Kautokeino some years before, where people were killed by the fanatics, and the soldiers had to be called upon to quell the disturbance and punish the assassins, who thought they were doing God's will by murdering those who did not believe as they did. History repeats itself.

The catching of lodd (Mallotus arcticus) at the fishing settlements produces great excitement, and the young people are continually on the watch for these little fish. When the shoals are pursued by cod they take refuge near the shore. While we were in Vadsø an immense number of them were caught, to the great joy of the population; they had been waiting for them in order to commence the fishing-season, which was late that year on account of the very stormy weather that had prevented them from going out, and without lodd they had no bait to fish with.

The emigration from Finland into Norway is increasing, and every year new settlers establish themselves on the coast. A strong tide has begun to set towards the United States, the people coming from Finland in sleighs, and starting for America in the spring. Several hundred had left by the way of Vadsø the year before, the steamers taking them either to Trondhjem, Bergen, or Christiania.

The long days came on with remarkable rapidity: the sun was below the horizon in these regions till the latter part of
January; and now, on the 25th of April, in clear weather, I could read a newspaper by the window at midnight.

I found here the largest specimens of reindeer I had ever seen; these had come from the country of the Samoïdes, where they are said to be larger than in Norway and Sweden.

The Varanger is the last of Norway's fjords, and the only one on the coast of Finmarken which runs east and west. It lies between 69° 30' and 69° 50', and is a most remarkable one. Its northern shore is almost entirely bare of vegetation, and even brush-wood is very scarce; but the southern, known under the name of Sydvaranger (South Varanger), has a remarkable growth, and is called Raffe siden (timber side); many of the houses of Vadsø and other places have been built of timber from that forest. Large trees have become scarce near the sea. On Kjö, Bugö, and Neiden fjords, southern branches of the Varanger, birches occur, and heather covers the rocks; the grass is luxuriant; the trees grow larger and larger towards the ends of the fjords, and thriving forests of fir and pine are continuous. Three large rivers, the Jakob, Neiden, and Pasvig, all abounding with salmon, throw themselves into the fjord. As one ascends the latter stream—the largest of the rivers which rise in Lake Enare—the hills are covered to their tops with trees. These forests are said to cover an area of 230 square miles, almost untouched by the axe, except near the water, and many trees are large enough for timber. One wonders at the possibility of the trees attaining dimensions in such a high latitude—69° and 70°—fully comparable with those of more southerly parts of the country. The nearer the sea the less the altitude of the trees, and the better the quality of the wood; the farther north, the poorer the timber becomes. Birch, alder, and asp abound, the latter often attaining three feet in circumference: in many parts fires have made sad havoc among the trees. The shores on the west side of North Cape, though less covered with forests—which doubtless were destroyed in former times—enjoy a much warmer climate than those on the eastern side; for, as has been seen, on Alten fjord, in the same latitude as the Varanger, barley, rye, and fruits grow, while here these are
THE HARBOR OF PASVIG.

not planted. The water of the sea is gradually getting colder, and the winds from the east are also bleaker. The population has very much increased of late years in this extreme north-eastern part of Norway, in spite of the barren soil, on account of the fisheries and easy communication. Two new parishes have been created in South Varanger. The population, which hardly numbered 100 at one time, has increased, according to the last census (1865), to 1171 individuals, comprising 194 Northmen, 68 Nomad Lapps, 339 Lapp farmers, 539 farmers, mostly Finlanders, and 31 of mixed races. Two churches have been built; a doctor and lensmand have been appointed; schools have been established.

The adjoining coast, known as Russian Lapland, abounds in fish. There are many settlements, employing several thousand boats in the fisheries. A vast number of fish are caught, even by Norwegians; but, as the men are not allowed to land, they often encounter violent storms with great loss of property and life.

Pasvig, the last regular port and fishing-station on the Norwegian coast, takes its name from the Lapp word basse (holy): probably the Pasvig Lapps, in former times, had here a place for sacrifices. It has an excellent harbor, nearly circular, surrounded by rocks. The entrance is narrow, but it is said that it can be entered during all winds.

The most eastern part of Norway is bounded by the Pasvig River, which flows into the sea opposite Vadsö, and by the Jakob River. A knowledge of this region now shows that for a certain distance eastward the coast is open all the year round. In regard to the ice-bound coast of Russia, I will simply say, were she so inclined, that country could establish a harbor on her own possessions; that the Kola fjord does not freeze; that the sea remains open, as on the Norwegian coast, for a considerable distance, and forests grow on the banks of its rivers and lakes—facts which show that it is not necessary to conquer the northern part of Norway in order to have an open port all the year round.

From Vadsö to Nyborg—a hamlet made up of a few scattered farms on the brow of a hill, belonging to fishing Lapps,
at the inner end of the Varanger fjord—the distance by water is about thirty-five miles. On the shores are seen two or three fishing settlements, a few Lapp gammer, and the church of Næsby. Several boats, each with two women as rowers, came to our steamer, while at times women alone were seen crossing the fjord.

On the 25th of April I found myself at the head of the Varanger fjord; for a distance of about three miles the sea was frozen, and our steamer had to lie along-side the ice. Sleighs were in waiting to take the mails and passengers.

In a pleasant white house, not far from the shore, lived the Norwegian lensmand, Brun, with his charming family, consisting of wife and two grown-up daughters: books and newspapers came by the weekly or semi-monthly mail, and, with a piano, enabled them to pass the time pleasantly in their solitary home, for they had to depend upon themselves for society. It was very late in the season, and the Laplanders and their reindeer had left. "If you had been here only a week before, you would have had no difficulty in going south," said the lensmand. I ought not to have been later than the 1st of April. "You must stay with me for a day or two, and I will see if any Lapps are still in the neighborhood and are willing to take you." How agreeable was the hospitality of that kind-hearted family, how cosy and comfortable was my bedroom, how luxurious was the feather-bed! I appreciated all the more the luxuries of a civilized and genteel life after the roughing of the winter.

Near Nyborg some Sea Lapps' dwellings are seen on the ridge of a hill. We will enter a gamme—as the sod-houses of the Lapps are called—belonging to Matis (Mathias) Johnsen Laiti—a long, narrow, low house, built entirely of sod. It was divided into three rooms, the entrance being through a low wooden door into a centre room, in which were winter garments hung on poles, a pile of fire-wood, and a heap of sea-weed. In the room on the left, about twelve feet long and ten wide, the family lived. It was paved with flat slabs; in one corner was a bed made of small branches of birch, kept together by large logs. At the foot of the bed was a
small cow, and in the opposite corner another, each about three feet in height. The wife was seated on the bed, dressed in a coarse kind of woollen chemise with long sleeves, woollen pantaloons, and Lapp shoes, wearing on her head one of the queer cask-like caps before described. Between the cow and the bed was a calf; three sheep and two small children completed the family, the owner being absent. Everything was scrupulously clean, and there was a little gutter to receive the dirt of the cattle. The structure of the house was tent-like; there was a strong frame of poles supporting the turf, from the middle of which, under the opening for the smoke, were four poles to which was attached a huge iron pot full of sea-weed, covered by birch-bark. This sea-weed had been cooked for the cows; I tasted it, and found it was not at all salt. The cattle in this part of the world have learned to eat horse-dung, raw fish, dry fish-heads boiled, sea-weed and grass, and even boiled lichens. The rest of the furniture consisted of a few kettles, a coffee-pot, a lamp, and a few chests. These sod-houses often last ten or twelve years, but require frequent repairs, and new layers of turf.

II.—13
Not far distant from Matis's gamme was a small farm belonging to Mikel Iversen, a well-to-do person. The building was long and narrow, one part built of logs, the remainder of layers of turf. In the wooden part was the parlor, kitchen, and bedroom all in one; the roof was made of poles covered with birch-bark, over which was placed earth. The cattle here were kept by themselves. Two cows, two little oxen, and eight sheep formed the wealth of the family. The master with the two oxen had gone for sea-weed; but soon after my arrival he made his appearance with a small cart, having two old-fashioned wheels of solid wood, drawn by his two oxen—dwarfish and wretched-looking creatures.

Near by was the farm of Ole Persen Maja. The dwelling-house was built entirely of logs, and reminded me very much of those belonging to poor Scandinavians in other parts of Sweden and Norway; but inside it made some pretension to luxury and comfort. The little room had two wooden beds, a cast-iron stove, a clock, and three chairs; and here, also, as among the humbler dwellings we have just seen, everything was exceedingly clean. The wife wore the usual coarse vadmal gown, but had a close-fitting cap upon her head, and looked wonderfully like a man. Maja was considered very rich by his neighbors; he owned a horse, with a special stable for him, and his four cows and sheep had also a building for themselves.

Being unable to procure any reindeer, the obliging lensmand concluded that he would go with me part of the way, try to see some Lapps, and help me out of my dilemma.
CHAPTER XIII.

Lapland.—Extent of the Country.—Swedish and Norwegian Lapland.—Character of the Country.—Moss Tracts.—Summer and Winter Wanderings.—The Life of the Mountain Lapp.—Population of Lapland.—Numbers of Reindeer.—Size of Herds.—Honesty of the Laplander.—His Severe Training.—Hard Life.—Physical Structure of the Lapps.—Fine Climate of Lapland.—Diseases of the Country.—Long Life of some Lapps.—Food.—Contentment of the Lapps.

Before proceeding on our journey southward, we will give a general outline of the country inhabited by Laplanders, and known under the name of "The Land of Lapps," which comprises the northern part of Scandinavia; these people are also found in the north of Finland, and in Russia to the most eastern extremity of the peninsula of Kola, and as far as the White Sea.

Russian Lapland has an extent of about 13,000 square miles; Swedish, 10,500; Finnish, 6,000; Norwegian, 3,500: in all, 33,000 square miles. Some parts of Russian Lapland are covered with large forests of coniferous trees; these occupy about 3,000,000 acres, while the hills and valleys towards the north are chiefly clad with dwarfed birch, but there are also extensive tracts of tundra, or treeless desert.

In Norway and Sweden the Lapps are found as far south as 62° in the provinces of Herjedalen and Jemtland, and in Hedemarken and Trondhjem, but very few inhabit these two large Norwegian provinces. Going northward, their number increases steadily, and by far the greatest population is found in Norway in the amts or provinces of Tromsö and Finmarken. The Russian Lapps, according to Friis, are not nomads in the sense that they roam around with herds of reindeer, for they own but few of these; still, although they live in houses of timber or earth, every family changes its dwelling-place three or four times a year. In the spring they go to their
summer quarters, which are by a lake or the sea; some move again in the middle of summer to other fisheries on rivers or lakes. In August they move to their fall stations, where, besides fishing, they also hunt reindeer, birds, martens, squirrels, otters, and bears. About Christmas they move into their winter homes, which generally are in small hamlets. Their mode of living prevents them from having many reindeer.

These Laplanders call themselves Sabme or Same (plural, Samelats); by the Swedes they are called Lapp (plural, Lappar); by the Norwegians, erroneously, Fin (plural, Finner); and the Finlanders are known by them as Kvæn (plural, Kvæner). The Laplander is unlike the Esquimaux, and I have found that they differ materially from the descriptions I have read of them; though by many regarded as branches of the same Mongolian or Turanian stock, I think, with Retzius, that the Lapps and Esquimaux are of entirely different races—the former being short-headed (brachycephalic) and straight-jawed (orthognathic), while the Esquimaux are long-headed (dolichocephalic) and prominent-jawed (prognathic). Finland is called Suomi, and the people Suomalaiset, by the Finlanders. These two words bear a close resemblance to the Lapp words, and suggest people of the same origin. The two languages are said to have some similarity; but a minor people, for obvious reasons, usually adopt the language of the dominant race. Physically, at this day, they are unlike, the Finlander being far the taller, and in personal appearance more allied to the Scandinavian and Teutonic races, as well as their equal in intelligence. But, whatever may be the different characteristics of all those northern people (which it is not the object of this work to consider), the traveller is now and then surprised at finding, when least expected, some of the same features among the Scandinavians, Germans, Scotch, and other Europeans—namely, high cheek-bones, nose retroussé, flat between the eyes, and face short and rounded—which show resemblances to the Mongolian type.

Swedish Lapland is divided into districts, named after the provinces where the Lapps are found. The country is exceedingly well watered, rivers and lakes being found in every
direction; swamps abound, and forests cover an area of over twenty million acres. From the eastern mountain range valleys from 150 to 200 miles long descend to the sea; the hills which separate them average from 400 to 600 feet in height, and, with the lower ground, are covered with forests and swamps. Reindeer-moss is plentiful, and there during the winter the Swedish Laplanders retire.

We have seen that in the extensive territory occupied by the Swedish and Norwegian Lapps law and order prevail, as in other parts of the land; lawlessness and brigandage are unknown, the wildest and least inhabited districts being as safe as any other in this most honest land. All the Laplanders belong to certain parishes, where they pay taxes and tithes, their children receive religious instruction, births and deaths are registered, and the number of reindeer they possess is known. The moss-tracts have to be carefully husbanded, not too much time being spent at one spot, while others must be avoided, to allow a crop to mature. I have been told that it takes from seven to ten years for it to grow again, and in some districts even longer than this. The healthy and growing moss has a greenish-white tinge, and is soft and somewhat spongy. When it ceases to develop it becomes dry. The finest I saw was on the Palajoki.

There are many mountain districts in Norway and Sweden, especially in the first country, where great herds of reindeer could be pastured in summer. Year after year will a family roam over the same tract as did their ancestors, here sleeping with the back resting against the same boulder, there under a huge rock pitching the tent, partly protected from the weather.

The Fjeld Lapp’s time is engaged in adding to his herd, to which he and his family devote all their energies, for their welfare depends on the growth of the animals. It is difficult to ascertain exactly the increase or decrease of reindeer according to the districts; for the people often change, and there has been of late years in the North a large emigration of Norwegian Lapps to the territory of Sweden, especially to Karensando; but, taken as a whole, the population and the reindeer
are increasing. There is a greater number in Norway than in Sweden, owing to the number of stationary bönder (farmers), and Sea Lapps, which far outnumber the Nomads.

According to the late census, there are

<table>
<thead>
<tr>
<th>Country</th>
<th>Number of Laplanders</th>
<th>Reindeer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sweden (1870)</td>
<td>6,702</td>
<td>220,800</td>
</tr>
<tr>
<td>Norway (1865)</td>
<td>17,178</td>
<td>101,768</td>
</tr>
<tr>
<td>Finland (1865)</td>
<td>615</td>
<td>40,200</td>
</tr>
<tr>
<td>Russia (1859)</td>
<td>2,207</td>
<td>4,200</td>
</tr>
</tbody>
</table>

With those that belong to farmers and others, I think we may safely say that the reindeer number about 400,000. The Samoïdes have the largest and finest breeds, which are not numbered among those of the Lapps. In Kautokeino there are Lapps who own 2000 reindeer; in Sorsele, in Sweden, one is said to own 5000, and others 1000 and 2000. Some of the Forest Lapps have 1000. In Luleå Lappmark there are herds of over 2000; in Finmarken of 5000, and some Lapps have owned as many as 10,000. A herd of 2000 to 2500 is said to give about 200 to 250 calves yearly.

Every owner has his own mark branded on the ears of all his reindeer, and no other person has a right to have the same, as this is the lawful proof of ownership; otherwise, when several herds are mingled in the mountains, the separation would be impossible. According to custom no one can make a new mark, but must buy that of an extinct herd; if these are scarce, the price paid to the families that own them is often high; the name of the purchaser and each mark have to be recorded in court, like those of any other owner and property. The tax paid is according to the pasture-land occupied.

There are sometimes hard feelings between Laplanders and Norwegian settlers in the thrifty inhabited districts of the fjords near the coast, especially in the province of Tromsö, on account of the damage done by the reindeer to the meadows or crops. I was told by some Laplanders that on the Alten fjord the farmers upon whose grounds they have to pass by the fjords, in order to go to pasture, ask an extortionate price for the right of way. I hope the Storthing will see that this abuse is remedied if the complaint be true.
The Laplander is so honest that his kâta is often left with no one to take care of the food, coffee, sugar, garments, silver-ware, etc., and these are at the mercy of the first thief among them that comes along. But pilfering is very rare, and the tent is almost held sacred. Reindeer thieves are occasionally found, and they have to be guarded against; these are generally the Fisher Lapps, or the bönder who have settled down; it is hard for them to resist the temptation to take from a herd which is left to itself. Once two men were recommended to me as guides by an official; I learned at the same time that although one of them had been in prison for stealing reindeer, I could trust him. I went with him over the inhabited districts with perfect safety. I never have had a disagreement with any one of them in regard to pay or anything else. I have often been amused, on my return to the Norwegian coast, at the people wondering how I dared to go alone into the mountains among the Lapps, and in more than one instance names of persons never heard from were given to me as a warning; but the fears were groundless, as my experience amply proves.

The Laplander, by the severe training he undergoes from childhood, sleeping on the bare ground, or resting against a stone, suffering hunger, and being exposed to great changes in the weather, has very great powers of endurance. In summer he has constantly to follow his herd, which is for the greater part of the day on the march, as they are not then obliged to dig to get to the moss. He is also compelled to go through swamps and bogs, or to cross patches of soft deep snow, to swim or pass rivers swollen by melted snow or the flow from glaciers, as I have frequently done: often hungry, and obliged to milk a reindeer for subsistence, when he comes to the kâta he is generally overcome with fatigue, and, changing his wet clothes, falls into a sleep brought on by sheer exhaustion. Frequently he wanders over a tract of nearly one hundred miles, remaining three or four days in a district, then moving six or seven miles farther. In winter he travels over dreary wastes, during violent storms, suffering from hunger and cold. On the watch, night and day, for bears, wolves,
and gluttons, perhaps he is suddenly awakened, after sleeping an hour, and summoned for the protection of his stock against enemies which may scatter the herd and reduce him to poverty. All this makes the Mountain Laplander one of the hardiest of men, and his physical structure shows at once that he is equal to the demands of his life. He is of short stature, compactly but slightly built, with strong limbs—his light weight allowing him to climb, jump, and run quickly.

Consumption, cancer, chills and fever, and affections of the liver and kidneys, are unknown. The water is as pure as in granitic countries, and the drinking of sour milk prevents many complaints elsewhere common. But acute diseases are prevalent—often brought on by the perspiration which comes when ascending steep mountains being suddenly checked by the piercing winds of the summit. I am surprised, after having been subjected to such exposure on the mountains of Scandia year after year, that I have yet to know what a rheumatic pain is. I have seen Lapps use the fat coming out of cheese, which they keep before the fire, to rub on their sore spots and sprains. They are subject to measles, and sometimes get small-pox from the sea-shore people. Hernia is not unfrequent, owing to their driving with the legs reversed and acting as a drag on their sleighs. Ophthalmia is quite prevalent, on account of the cold winds and the glare of the snow; in the spring great care has to be taken with the eyes, as the reflection of the sun is very bright in April, May, and the beginning of June; without blue or green goggles one easily becomes snow-blind. The men and women are active to a great age. Their life in the open air and constant wandering on foot preserves the elasticity of the muscles; their simple habits, the keen, invigorating, dry air, and the pure water (which is without lime) all contribute to secure longevity to those who have been able to pass the severe ordeal of childhood. Many attain very great age, some more than a hundred years. When I was in their country in 1873 there were Laplanders living who were born in the years 1773–1775. Although the Lapps live chiefly on animal food, barley-flour is almost always found in the kāta, to be
used for mush, unleavened bread, or blood-pudding. They often mix their milk with sorrel-grass (*Rumex*). They are great drinkers of coffee, inveterate smokers and snuff-takers. The vice of drunkenness, once so prevalent, has now almost entirely disappeared at home; but whenever they go to a town, and can procure spirituous liquors, they generally have a frolic for a day or two.

In Norway the first Christian instruction among the Laplanders began about 1640; in Sweden in 1606; even in far-away South Varanger a school-master named Isaac Olsen, as early as 1703, and under great difficulties, converted the Laplanders of that district. Happy, and contented with his lot in the world, endowed with a religious nature, which a barren and lonely land contributes to intensify, the Lapp believes in God, in his Bible, in the Lord Jesus Christ as the Son of God, and in a future life. From those dreary wastes his songs of praise and prayers are uttered with a faith which ceases only with his breath, and he departs rejoicing that he is going to the “better land.”
CHAPTER XIV.

The Different Classes of Lapps.—The Mountain or Nomad Lapp.—The Sea Lapp.—Dwellings of Sea Lapps.—Appearance and Dress of Sea Lapps.—The River Lapp.—His Mode of Living.—The Forest Lapp.—Dwelling of a Forest Lapp.—His Way of Life.—Fisher Lapps.—Habits of Fisher Lapps.—The Njalla.—Lapp Villages.

The Laplanders may be divided into the following classes, according to their habitat and manner of life: 1. The Mountain or Nomad Lapps, who live upon the increase of their herds, and wander with them all the year round from pasture to pasture, living in tents—these possess by far the largest number of reindeer; 2. The Sea Lapps; 3. The Forest Lapps; 4. The River Lapps; 5. The Fisher Lapps. All are descended from the Mountain or Nomad Lapps.

The Sea Lapps are met along the wild coast of Nordland and Finmarken, and are principally engaged in the cod-fisheries. They are daring and good sailors, and many are employed on the boats commanded by Norwegians. Some own their own little craft; and I have not unfrequently seen such commanded by the husband, while the wife and daughter, sisters, or hired women, formed the crew. The women are very hardy, and excellent sailors. The dwellings of the Sea Lapps are very primitive; they are called gamme (plural gammer), and are very peculiar; they are constructed of earth, and vary in shape; many are round, and some are conical, like summer tents; the fireplace is in the centre, and the smoke finds its way out through the aperture above; two or three of them are sometimes together: these belong to the poorest Sea Lapps. There are others of the shape of ordinary houses, built also entirely of turf, including the roof; walls of stone are occasionally placed outside, to protect the turf and make them more
A SPARE USE OF THE COMB.

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durable. As many have no windows, the light comes only from above; when the fire is low the smoke-aperture is covered with a frame. Houses more pretentious are made entirely of logs; in the best districts they are not distinguishable from those of the Norwegian farmers.

To the occupation of fishing these Lapps add that of farming. Almost every one owns two or three cows, a few sheep, goats, and reindeer; patches of potatoes and grass often surround the gamme. Their principal labor, however, is fishing, which, when successful, is remunerative. The women take care of the barn and the household, often repairing the nets, putting bait on the lines, and splitting and drying the fish. In winter both sexes are clad in reindeer skins with the hair inside: their head-covering, like that of all the Lapps of the mountains, consists of an enormous square cap. The women wear an extraordinary head-dress, shaped somewhat like a cask; its form is owing to a hollow piece of wood. The summer garment of the women is a kind of long chemise, with sleeves to the wrist, often without a belt, made of woollen vadmal—very much the same material as is used for the tents of the Mountain Lapps; the color is usually blackish or gray, and rags and patches are very common. They have generally long, shaggy, dark or deep chestnut hair, with a reddish tinge, which they comb only on Sunday, and on this and their dirty garments vermin are abundant. The men are dressed in like manner, and on the head a cap of bright wool is worn. The women are so accustomed to hard work and exposure that, after a certain age, their features become so coarse as to make it difficult to distinguish a man from a woman; when young, it is hard to tell a girl from a boy.

One can judge of the standard of the Lapps by the number of families who live in houses or gammer. In Alten, Skjærvø, and Lyngen parishes the Lapps are greatly mixed by intermarriage with Norwegians and Finns, the offspring forming a good class of people. Many of them are as intelligent as the Norwegians, and are a valuable addition to the population of that country. The table on the following page gives the number of houses and gammer in different localities.
By this it will be seen that the Lapps stand highest in the first parish, and lowest in the last named.

RIVER LAPPS.

Ascending the streams falling into the fjords, the River Lapps are found. These differ but little in their ways of living from the Sea Lapps, and many during the fishing-season go to sea; they are found in Norway, especially on the banks of the Tana, Karasjok, and Alten rivers, and their affluents. In summer their occupation is salmon-catchimg, or serving as sailors. Almost every family has a small farm, on which are kept cattle, horses, sheep, and goats; they cultivate the soil, and during the summer their reindeer are taken care of by the Mountain Lapps; they extend hospitality to their mountain brethren, and take care of them in sickness.

FOREST LAPPS.

Ascending the Lule, Pite, Byske, Skellefte, Ume, and other rivers, or near the lakes, the Forest Lapps are met here and there in the woods. Many of their dwellings are peculiar in shape; in some districts the lower part is square, built of three or four logs well joined together, the upper portion being pyramidal, of split trees covered with birch-bark, over which boards are put. A large flat stone is in the middle for fire, at the place where the cooking is done. There is the usual hole in the centre for the escape of smoke. In some the floor is covered with stone slabs, in others with young branches of the birch, and, as in the kata, skins are spread for the family to sleep upon. Near the dwellings are large enclosures where, at a certain season of the year, the reindeer are penned every day. Many of the Forest Lapps own extensive herds,
LAPP GAMME, OR SOIL HUT.
which are milked two or three times a day. They have kåtas built from distance to distance, for they are obliged to move in order to pasture their herds.

In Herjeådalen the reindeer are sometimes allowed to roam all summer; at the breeding-time, in October, they are collected again, and not let loose till spring. It is often necessary to make fires around the enclosures, that the smoke may drive away the swarms of mosquitoes which otherwise would set the herd frantic. In the southern part of Lapland the reindeer (both in Norway and Sweden) do not go to the sea.

The several herds are frequently mixed, but are easily separated when necessary, each owner knowing his own by distinctive marks. The Forest Lapps make a great deal of cheese, and smoke reindeer meat and tongues, which are bought extensively by Swedes and Norwegians.

The Fishing Lapps are another class, derived, like the others, from the Nomad or Mountain Lapps, who, becoming impoverished, and unwilling to serve, prefer to live independently. By lonely lakes and on the banks of streams these Lapps build
their habitations, surrounded generally by forests of fir, pine, or birch. A family may own several kâtor, and when the fishing ends at one place they go to another. During the summer they subsist on fish, and smoke and salt a large number for winter use, and for sale. Besides fishing, they are engaged in several other industries—making wooden vessels, baskets, shoes, etc. Often at a place where the pasture is good and fish abundant, they improve the kâta, get a cow or two and a few reindeer, and become settled Laplanders. These little places during the winter are the rendezvous of the Mountain Lapps.

In the parish of Arvidsjaur, on the banks of Lake Jerfojaur (which forms the upper basin of the series of lakes of which Arvidsjaur is one) and of Byske River, which flows directly into the Bothnia above Skellefteå, is the picturesque dwelling-place of a Fisher Lapp, with two
larders on posts: to the left is a frame for drying fish, and in the foreground a hässja for drying hay.

One sees now and then in some districts queer little houses (the njalla) built of logs, supported by a single post, or sometimes by four, so high above the ground that the winter snow will not cover them, nor can the wolves, foxes, or other wild animals get into them in summer. In these the Mountain Lapp keeps the stores which he does not wish to carry with him, such as cheese, skins, and pulverized milk. A ladder is necessary to reach the door, the njalla being used, in case of emergency, as a place of refuge for the night from storms.

We have also seen that Lapps live together in small hamlets. These are always situated on the shores of rivers or lakes. The church, parsonage, and school-house are the prominent buildings of the place. These Lapps are farmers. In many districts of Sweden their houses are of peculiar shape, and resemble those of the Forest Lapps. The following engraving shows a street in the village of Arvidsjaur, Pite Lappmark.
CHAPTER XV.

Departure from Varanger Fjord.—On the Way Southward.—Little Snow by the Sea.—Meeting Laplanders.—No Reindeer.—Polmak.—The Tana River.—Goodbye to the Lensmand of Nyborg.—Reindeer Coming.—Leave Polmak.—Sirma.—Difficulties of Travelling in the Spring.—The Reindeer Weak.—Slow Speed.—A Dangerous Start.—Upsetting.—Travelling on the Tana.—Utsjoki.—Dirty Quarters on the Way.—Segelnaes.—The Karasjoki River.—Arrival at Karasjok.—Comfortable Quarters.—Friends in Need.—No Reindeer to be Had.—The Karasjok Lapps.—Forests.—Variations of Temperature.—A Funeral.

The journey from the Tana or Varanger fjord to the Gulf of Bothnia is comparatively easy in winter. There are no steep mountains to cross; the road is on the Tana River, which flows in the valley, and is only a continuation of the fjord; after the Glommen it is the largest river in Norway. The distance to Karasjok is about 142 miles, from there to Kautokeino 126 miles, from Kautokeino to Karesuando 63 miles, and from the latter place, by the route we have followed in summer, about 260 miles more—in all, from 590 to 600 miles.

Along the Varanger fjord the snow was only about three inches in depth. Among false popular notions is one that the farther north one goes the greater is the fall of snow. Explorers who have tried to penetrate towards the pole have found less and less snow as they went in that direction. The Swedish explorer, Nordenskiöld, and Dr. I. I. Hayes, whose charming work many of us have read, state that in high latitudes the fall of one year was sixteen inches, and another year two feet. The snowy tracts of Norway and Sweden are not the farthest north; the great snow-belt is, as I have said, between lat. 61° and 64°.

From Nyborg to Polmak, on the Tana River, the distance is about eighteen miles. We wended our way, after leaving the fjord, through a wood chiefly of birch-trees, with here and there
ARRIVAL AT POLMAK.

a fine asp. There was no road, so we drove slowly. After a few miles the barking of dogs, which soon came in sight, warned us of the approach of Lapps, who shortly made their appearance, with ten loaded kerres, *en route* for Nyborg. They had been upon the mountains towards Nordkyn, and were going to join their people. The lensmand urged them to take me, promising good pay. They finally said they would stop at Polmak as they went south. The only way left for me was to pay well, for the tariff season was now over, and no reindeer were provided at any of the post-stations; and coaxing only could induce people to transport a traveller from one place to another. Farther on we came to a kāta, whose herd had also left; the inhabitants were waiting for those who were coming to carry the luggage and tent; the promise of good pay did not tempt them to undertake the trip.

Both sides of the river were lined with alluvial terraces showing the elevation of the land; here and there through the birches we could see the gammer and log-houses of the River Lapps. After a drive of a few hours we came to Polmak, situated at the junction of the river of that name with the Tana. The source of this little stream is a small lake, and the scenery about it is quite picturesque. The hostess and her daughter could hardly find words to express their admiration of the river. "You ought to come here in summer!" "How are the mosquitoes here in July?" "Very thick, very thick," was the answer; "but come after the mosquitoes are gone."

No reindeer could be procured. A gray sky warned the lensmand to leave, and, as we parted, he said, "We shall soon have the pleasure of meeting you in Nyborg again." He was mistaken; for early the next morning two of the Lapps we had met on our way, with three reindeer, were ready to convey me to Karasjok.

The Tana above Polmak forms for quite a distance the boundary between Russian Finland and Norway. The river flows through a fine hilly country clad with birch, and, higher up, with pines and fir; the dwellers on its shores are chiefly, if not altogether, River Lapps. Farms, generally two together,
and sometimes small hamlets, far apart, were seen from time to time. The route was on the frozen river. We stopped at Sirma, about twenty-one miles from Polmak, where men had to go into the mountains for fresh animals—ours being exhausted—promising to return the following day. At this time of the year—the end of the season—the reindeer were very feeble, and it was the worst time to travel with them; they were shedding their coats and horns, and were lean and weak from their winter digging; they felt the heat of the sun, and seven or eight miles an hour was all they could travel in the softening snow. The place contained four or five farms; I was left at one where the wife could speak Norwegian. The accommodations were simple enough; there was a small room for strangers, having an open fireplace, with reindeer skins for a mattress on the bed, the wife's woollen dresses for a pillow, and skeepskins for blankets; but we found good coffee, reindeer meat, butter, and cow's milk. The people were comparatively rich: the farm had three buildings, and they owned three cows, an ox, several sheep, and a number of reindeer. Before my hostess was married she used to go on fishing-boats, and in that way learned to speak Norwegian. At this time of the year many of the men were on the coast engaged in the fisheries, so the man of the house was not at home.

The fresh reindeer, apparently not very well trained, appeared wild, and were harnessed with great care. Before reaching the river we had to pass through a birch wood. The young man who was to be my guide seemed distrustful even at the start; to guard against accident or a wild runaway our three kerres were tied together. I was the first seated, holding the rein of my courser. As the Laplander jumped in, and before he was fairly ready, the animal started at a furious speed, but the driver managed to hold on. The second one gained on the first, mine wanted to go faster than the other two, and the spare one, instead of keeping at the back of my sleigh, went ahead. We started, therefore, in the greatest disorder, bumping against the trees; from the rapidity of our course there was constant danger of being dashed against them. I immediately unfastened the rein around my wrist, so that if I
upset I should not be dragged against a rock or tree. As we came near the banks of the river the reindeer became still wilder, and they went at a very rapid pace. Suddenly the first vehicle touched the stump of a tree, and all the dexterity of my Lapp could not prevent him from upsetting just as we reached the base of the river-bank. His leg became entangled in the rein, and his kerres ran over him. The second beast made a turn to the left, and the sleigh containing the baggage struck the first one, happily not touching the Laplander. Mine was coming double-quick against both; the spare reindeer behind rushed ahead, turning mine the wrong way, and I went broadside against one of the kerres, when, as if by magic, the animals came to a stand-still.

This took place in a great deal less time than I have taken to describe it, and was the only dangerous overturning I had experienced during the winter. My guide arose, angry at the mishap but not hurt. After this we were in no danger, as we were once more on the river, where there were no trees to be guarded against, and where, if our reindeer chose to go at railway speed, it was all the better for us.

After taking breath and adjusting the harness we jumped into our kerres. After a few miles the animals showed signs of getting tired, for the sun was warm, and the snow had become quite soft. We tarried at Utsjoki, the next important hamlet from Sirma, on the Finnish side; it has a church, situated by the river of that name at its junction with the Tana: it belongs to Russian Finland. Here we found Finn farmers, and one large dwelling-house; it was also the residence of a lensmand. The number of reindeer belonging to the district then amounted to over 40,000. In the afternoon it began to freeze, and after the snow had become crisp we started again. The track continued on the river, with short cuts overland to avoid the bends. Another accident happened here. As we were driving through a birch wood one of the kerres caught in a tree, and stopped suddenly, breaking the trace. The reindeer got loose and ran for some distance, and how to capture him was the question. My Laplander attempted to lasso him, but had to be exceedingly wary, for, as he approached, the animal
quickly moved off. He stepped slyly and softly, appearing not to go specially for the beast, and finally succeeded in lassoing and re-harnessing him. A short time after, as we went down the steep bank of the river at great speed, a sudden curve threw me out of my sleigh with such violence that, notwithstanding the deep snow, I saw stars, and the granulated particles left their imprint on my forehead.

The traveller has great trouble in finding tolerably clean quarters, and even those in which he is finally obliged to stay are clean only by comparison. Many of the River Lapps are terribly dirty, but sheer exhaustion compels the traveller to stop in their abodes. In fair winter weather he knows exactly where he can stop and rest, free from such discomfort.

At midnight we came to a single house, where we found a man fast asleep, lying quite naked between two dirty black sheepskins. The filth of the place was such, and the vermin apparently so plentiful, that I could not remain. My Lapp, who was tired, did not seem to share my feelings, as he was accustomed to dirty, and wanted to stop. After a drive of about sixty miles from Sirma I reached Port, having been fifteen hours on the way, including four hours at Utsjoki and an hour of rest, on the river, for the reindeer. The principal room here was quite a sight, and another picture of filth. The dirty beds were filled with old hay: in one were three children, in another an old and young woman, and in the third were the husband, wife, and a child. None had clothes on; all were wrapped in unclean sheepskins. It was not easy to arouse the man, but at last, after a good deal of shaking, I succeeded. He put on a long woollen shirt, went through the entry into another room, and lighted a fire in a stove. I was glad to see the wooden bedstead bare. He took from a corner a clean reindeer skin; if this had ever contained vermin they had been frozen out of it. My companion offered to lie by my side, but I declined without offending him; he thought we might be warmer if we slept together.

Above Utsjoki, at a distance of perhaps seven miles, I had seen a solitary fir-tree, on the right bank of the river, in the forest of birch; I knew by that that the fir forests were not
far distant. Farther on there were two groves, and others became more numerous on the left bank of the river. Farms were seen now and then along the way, till we came to the hamlet of Segelnses, the last before reaching Karasjok. Here the house was comfortable; but the room for travellers presented a curious sight: a great number of empty beer and wine bottles were on the floor, with the remains of wax candles, tin plates, cups and saucers, knives and forks; a looking-glass and a few coarse colored pictures hung on the walls. Only an old woman and two young Lapp girls were at home; they were rather good-looking, though one was freckled, and both had dark-brown hair. This was a rich man's farm, for he owned a horse. He had gone into the forest to get the moss they had gathered during the summer for winter use. The old lady was very much delighted with a ring I gave her, and the girls with necklaces of large beads.

A short distance above Segelnses the Karasjoki opens into the Tana. Ascending that river a few miles, we came to Karasjok, lat. 69° 35', and within a few miles of the longitude of North Cape—the distance by road from the Tana fjord or Nyborg being about 120 miles. Our arrival was announced by the furious barking of the dogs, and twice I was nearly overtaken by one more fierce than the others. The people had already retired, and not a soul was to be seen; but the smoke curling over the chimneys showed that they were not all asleep. My Lapp stopped before a large, well-built two-story log-house, the winter home of Herr F——, the merchant of the place. Nobody was at home, and there were no reindeer; Herr F——, with his daughter, had gone the day before to the Alten fjord with twenty-five of them. He generally went on the 1st of April, and returned by the 1st of December; but this year he had remained later than usual. A clerk was left in charge of the place, to whom I delivered the letter I had for his employer. The hospitality of the house was extended to me, and I became the sole occupant of the large comfortable building, enjoying the luxury of an excellent feather-bed, which, however disagreeable in summer, is very enjoyable in this climate in winter.
Karasjok is entirely a Norwegian Lapp village, with about 125 inhabitants; it derives its importance from being one of the chief centres for Nomad Lapps. It has a church with a parsonage, whose pastor remains only in the winter time, and a school that is open six months in the year; it is also the residence of a lensmand. The hamlet is composed of about twenty farms, having 20 horses, 60 cows, 12 oxen, over 150 sheep, and a large number of reindeer. From the south, horses are found as far north as Karesnando; from the north southward, as far as Karasjok—thus leaving about sixty miles of the inland country where the animal is not raised. Like man, horses seem to thrive in every climate. Here they are used to draw timber, and are fed on hay; but, for travelling, reindeer only are used. The tax from Karasjok to Bosekop was one specie dollar and one mark, or almost five kronor of the present money, for every reindeer. All the houses were built of logs. The people here live, as do the River Lapps, on the products of the dairy, by raising a few horses, fishing for salmon, and on the increase of their deer. It is the only place in Swedish or Norwegian Lapland where spirits are allowed to be sold, owing to an old patent-right owned by Herr F—. As in all small places, the arrival of a stranger created some excitement. The school-master and the under-lensmand, both of them Lapps, called upon me. I was particularly pleased with the latter, named Johnsen, for his honesty and kindness: he had received a good common-school education.

The lensmand, for whom I had a letter, was not at home; but his wife received me with true Norwegian kindness, and insisted that I should come and take my meals at her house. The plain log-house—some of the timbers forming the walls measured sixteen inches in diameter, and were from the surrounding forests—was a pattern of cleanliness, and, with that of the merchant, a shining example to the dirty population. In the parlor windows carnations and roses were in full bloom, and, as it were, looking down through the panes of glass at the snow, and in one corner of the room stood a piano. A family of tidy young children made the mistress forget her isolation.
MOUNTAIN LAPPS FROM KARASJOK.
To the Lapps the spring had come, and they were all dressed in their long woollen vadmal costumes, the women wearing no belts at home, and thus appearing as if they wore long nightgowns. The Karasjok Lapps, and those in their vicinity, are remarkable for their fine physique, and are the tallest among this strange people; the school-master was probably six feet high: the women also are tall and strongly built; they have high cheek-bones; few are fair, and most have dark hair; their eyes are generally gray or light-green, but numbers have dark eyes: blue eyes and fair hair are rare. Many of them are of mixed blood, and have the characteristics of the predominant race. The men wore square caps of bright red or blue flannel, lined with eider-down; the women put a wooden framework in their caps which make them appear odd. The summer dresses are generally blue; some wear white, with bright colored bands.

There were remarkably fine forests of fir on the banks of the Karasjok and on the Tana, some of the trees reaching eighteen to twenty inches in diameter; they grow on the alluvial terraces, gradually disappearing as the land rises, and reappearing on the other side of the slope towards Karesuando. Once cut, they do not grow again, as farther south, and hardly any young trees were to be seen; under favorable circumstances two to three hundred years are required for their full growth. The country at large is covered by glacial gravel, the bottom of the river-courses and valleys with stratified materials, in some places fine sand, in others with coarse gravel. We have before said that gold is found in these regions, but no attempt has been made to utilize the discovery. The forests here belong to the government, and special permission must be obtained to fell them, the trees to be cut being marked by the lensmand, and the people pay so much per tree. The regulations are so strict that the places for cutting are indicated, and even those to be used for fuel are marked every year. The summer is too short for the growth of cereals. The climate of Karasjok is warm in summer and exceedingly cold in winter, the thermometer falling sometimes to $45^\circ$ and $48^\circ$ below zero. At this time of the year, in these high latitudes, the
daily variations of temperature are very great. On the 29th and 30th of April at Sirma the thermometer stood at 35° for several consecutive hours during the day; at ten p.m. it had fallen to 1° below zero—a difference of 36°. On May 2d the heat of the sun on a thermometer perfectly protected from the wind sent the mercury up to 86°, while it stood at 42° in the shade, and at night fell to 8°. These great changes were scarcely felt, as there was no wind, and the cold increased gradually and almost imperceptibly.

The sun was now so hot that travelling was impossible during the day, and had to be done at night. At five in the afternoon the snow would begin to freeze; then the reindeer could travel and the kerres would glide easily. Here at Karasjok, on the 2d of May, the twilight was not so bright as at Vardø on the 24th of April, it being farther south. The darkest part of the night was a little after eleven o’clock, but even then one could see to read. Jupiter and Venus were seen till about half-past one, but no other stars were visible.

One afternoon, just before sunset, a funeral cortege passed through Karasjok. A Laplander, who had come from a long distance, was leading a kerres, to which was attached a decked one—the coffin—and at some distance behind a young Lapp woman followed. These two people came from Gjusjavre, a farm about sixty-three miles distant, to bury an old man, who had died at the very ripe age of ninety-six. The next morning I followed the procession to the grave; three extra men, having cords and a saw, with the man and woman, composed the party. The winters are so severe in Lapland, and in many parts of Scandinavia, that the ground is frozen to a considerable depth, and is as hard as a rock; in the autumn, therefore, a deep common grave is dug, in which the dead are deposited until the spring, when they are removed to their respective family burial-places. As the cemetery was near by we walked slowly, talking until we came to the gate. The tops only of three wooden crosses could be seen above the snow; on one of these was written, in large coarse letters, M. I. D., which probably meant Marit, Ivor’s daughter. The planks that covered the pit, to prevent the snow from filling it,
had been removed, and at the bottom were seen four coffins; these were decked kerris, the extremities of which had been sawed off. They also sawed the ends off the one we had brought, lowered it down, and replaced the boards over the grave; but not before each of us had thrown a little earth on the coffin, and engaged in silent prayer.
CHAPTER XVI.

Out of a Dilemma.—Reindeer procured.—Nils Piersen Gjusjavre.—Leave Karasjok.—An Unruly Reindeer.—Travelling on the Karasjoki.—Assebagli.—Sleep on the Snow.—Difficult Driving.—Gjusjavre.—Nils’s Hospitality.—Good-bye to Gjusjavre.—A Warm Sun.—Deep Snow.—Birch-trees in Bloom.—Lapps’ Encampments.—An Interesting Conversation.—Lapps in the United States.—The Alten River.—Birki.—Kautokeino in Winter.—The Place crowded.—Moving Season.—Toilet of Baby Lapps.—Herds of Reindeer.—A Fine Sight.—Reindeer and Lapps.—Departure from Kautokeino.—Game on the Way.—Suajärvi.—Arrival at and Departure from Karesuando.—A Hearty Welcome at Kuttainen.—Songamudoka.—An Honest Fellow.—Arrival at Pajala.—The First Rain of the Year.

Nils Piersen Gjusjavre, who had come with the funeral party, had agreed to take me to Kautokeino. Herr F——’s clerk was as delighted at my getting out of my dilemma as if he was to undertake the journey himself. “I know the man,” said he, “and he is reliable. The price, ten dollars, is dear; but when he reaches his farm he will be obliged to send far to find the reindeer.” I knew that I should have to pay dearly all the way, as each would tell how much he had received; moreover, the season of the tariff had passed, and travelling had become bad, and had to be done at night; why should they not try to make a good bargain, so long as it did not amount to extortion?

The distance to Bosekop is about 130 miles; and the fare, during the post season, one dollar, and one krona for every three reindeer. There are three fjeldstuer (houses of refuge), two of which are inhabited. The distance to Kautokeino is about the same.

The lensmand’s wife would not let me go without two or three loaves of bread she had baked specially for me; and before getting into my pulka insisted that I should take a cup of chocolate. Nils Piersen was tall, but not full blooded;
there was something so pleasant about his face that I liked him at once. His maid, who had accompanied him, was a good specimen of the Mountain Lapp—small, wiry, and strong. The reindeer which Nils drove was a powerful and magnificent animal with superb horns, but it had been lately trained, and was still wild and unruly. The one the girl had and mine were also splendid creatures, and well broken to the harness. My luggage and the girl went in the same kerres; we had no spare animal. Nils led; his reindeer started wildly and at great speed, but would not follow the furrowed track. Two or three times he made a sudden turn back, and would then run across the river, and Nils had to get out and lead him for awhile. The wild course of the leader made our deer unruly, and as we could not proceed in that way, we decided to let the girl lead. We attached our kerres to each other, that of Nils being the last; his reindeer would not follow, but went ahead, knocking my kerres against the first one, the force of the contact often threatening to throw me over. Once or twice the legs of the deer came into my sleigh. I insisted on having the order changed, each vehicle being free. The unruly brute was harnessed to the girl's kerres, and Nils was to lead her reindeer. This way was no more successful, for the girl could not manage the creature, not being strong enough, and she was thrown over several times. Nils, who had now rested, took him in hand again, and finally his wild capers and the powerful hold of his driver tired him out, and he became manageable.

We glided swiftly over the frozen-crusted snow, our course being along a well-beaten track on the Karasjoki River; the banks were flanked with terraces, and the hills were clad with leafless birch and large fir trees. A few miles higher up the river was Assebagli, with its numerous hay-houses. Here many Lapps from the hamlet of Karasjok come in summer, on account of the fine hay which is kept for the horses. A stream, the outlet of the small lake Cejnojavre,* flowed into the river at this point. Farther up we left the Karasjoki

* Javre or järvi.
and ascended the Jesjoki, another of its affluents. The fir-trees had become scarcer, and looked like sentinels watching over the country and the forest of birches which they overhung.

We stopped and allowed the animals to graze, making them fast by long cords, as we were afraid they would wander from the place in search of moss. Most of the reindeer belonging to Lapps will not eat moss that has been gathered, as they have not been trained to it. Nils and the girl were exhausted, for they had hardly slept for three days. I covered my face with a mask and fell fast asleep on the snow, resting two or three hours.

No more furrows were seen, though now and then we could perceive the traces which Nils and his funeral cortège had made on their way to Karasjok. At times our track was near the icy banks of the river, and great care was necessary to prevent our sleighs from sliding and going down in the deep cracks of the ice, under which we could hear the water rushing. The numerous boulders in the stream and the rapids made the ice so uneven that we could not follow the river-bed. After a few miles we entered the Gjusjavre, a narrow lake of which the river is the outlet, on whose banks was the farm of Nils Piersen; it is about sixty-three miles from Karasjok, and we had been seventeen hours on the way. The country is undulating, and the scenery bleak and dismal; the snow was several feet deep, and over it appeared the leafless birches, among whose branches the wind sounded mournfully, and beyond the frozen lake the farm looked very lonely. It was snowing when we arrived, but the few flakes that fell were fine and light, for it was 5° below zero.

There were fourteen old, weather-beaten, queer log-houses in the place, some supported by pillars several feet high, and all with earth-covered roofs. Several of them belonged to the Lapps, and were used as storehouses. Near the farm-house was the little Vuoadasjoki. The dwelling-house was quite comfortable, composed of two good-sized rooms, divided by a large hall, where firewood, shoes, fur garments, and other clothing were hung or laid at random. In one room the family and
friends lived, and it presented a lively appearance all day long. A bright fire was burning in the open fireplace under a large kettle full of reindeer meat. Lapps were seated on the floor, dressed in fur and skins, some eating, others smoking. At night the guests slept anywhere on the floor.

Nils's wife was much older than himself, and apparently a half-breed between a Lapp and a Finn; he had also a tall, grown-up daughter, rather handsome; both were dressed in a loose, coarse, blue woollen garment of vadmal, described before. A woman nearly ninety years old, the widow of the man who had been buried, was living with the family.

I was under the impression, before visiting this part of the country, that the long-continuous daylight or dark short days must degenerate man; I found the contrary; the farther north I travelled in Norway or Sweden the more healthy seemed the people, the larger the families, and the greater the number of births according to the population; these reaching in Tromsö thirty-four and one-tenth, and in Finmarken thirty-six and three-tenths yearly, for every thousand inhabitants. It is not uncommon to see a family of fifteen and eighteen children by one wife, and sometimes, though rarely, twenty to twenty-four. Fish and milk are evidently good diet for the increase of the human race. I met many people living to a great age, showing them to be strong men and women.

On my arrival the mother and daughter made a general sweeping of the house, and the guest-room was thoroughly cleansed; the floor and the windows were also washed, the articles scattered about were put in their places, fresh reindeer skins from the storehouses and new hay were put on the bed, snowy white sheepskins were spread over it, and numerous nets hanging about were put in a pile in the corner. A very hot fire was kept up in the stove in order to dry the floor quickly. Four cows, ten sheep, an ox, and one calf composed the live-stock of the farm; Nils also possessed a herd of reindeer. Besides, he had a small store, and sold to the Lapps flour, coffee, sugar, salt, tobacco, and matches, and bought from them skins, shoes, and gloves. He was a wide-awake and energetic man. "There is good salmon-fishing and fine shooting
here," said he; "there are plenty of ptarmigan, and I wish you would come and stay with me."

The clear water of the lake, the pretty little river Vuodas-
joki, the grassy slopes, the beautiful foliage of the birches, and the long undulating hills were no doubt picturesque, but the mosquitoes would destroy all comfort in the summer. I could not drink sufficient milk or coffee, or eat reindeer meat, cheese, or butter enough to please this good-hearted, generous fellow. The Lapp visitors also had a lively time, for Nils had brought with him from Karasjok some spirits, and after a glass or two they seemed pleased with themselves and all the world.

This farm was a rendezvous for the Mountain Lapps, who liked to come and rest and smoke for a few days; they would bring their food with them, and at night sleep on the floor. Their wives and children would also come, and were sure to be welcomed at the farm. I did not wonder that Nils had a host of friends.

On the 4th of May I left Gjusjavre with Nils. The day was cloudy, the thermometer standing at 15° above zero, consequently a capital day for travelling. The dogs followed us in spite of the vociferous shouts of recall. Our course at first was on the Vuodasjoki, where the animals went very fast; then, leaving the stream, we skirted the Lappojavre, about 1200 feet above the sea-level, the ascent having been very gentle from the fjord. The snow was perforated everywhere with deep holes which the reindeer had made to get at the moss. The surface looked as if it had been roughly ploughed, the holes having been partly refilled by the wind. The heat of the sun had begun to tell on vegetation in spite of the depth of the snow, which was in that district about five or six feet, and yet the birches were in full blossom.

We had reached the top of the plateau dividing the watershed of the Alten and the Tana rivers. The Laplanders were wandering with their herds, walking on snow-shoes, the dogs keeping the reindeer together: they were moving to new pasture-grounds, where the snow had least depth, or where it had been partly blown away.

In one place we met a family on the march, some of the
women carrying their babies on their backs in the *kätkem* (cradle), and leading the luggage animal at the same time; then a family composed of an old man, three women, and several children, who had recently arrived, and had just put up their tent. Farther on I came to another encampment. The reindeer that had been drawing the luggage had been unharnessed, the children were walking around on their snow-shoes after juniper and dwarf birch for fuel, and near by was a large herd of deer, almost all of which were lying in the snow. They had come a long distance, and were evidently too tired to begin digging for moss. The dogs were crouching by the fire, apparently exhausted.

We were made welcome in the tent, and then coffee, which was clarified with dry fish-skin, and milk were immediately served, and the silver spoons were taken out of a little bag. I was astonished, as the milking-season had not yet come; the woman remarked that this was cow’s milk, which her mother, living in Kautokeino, had given her the day before. “So your mother is not a Mountain Lapp,” said I. “No,” she replied; “but I have married a Mountain Lapp, and I have to follow the reindeer; but I often go to Kautokeino to see my people. I have a sister in America,” said she. I thought I did not understand well. “Yes,” said she again, “I have a sister in Chicago; her name is Ella. She married a man from Tromsö, and they have emigrated to Chicago. My mother will give you her address when you go to Kautokeino.” I was much interested in the statement. While she talked she was busy washing the cups and spoons with water from snow which had been melted in an iron pot over the fire. Afterwards she took some sugar from a little chest for my especial use, cracked it with her teeth, and filled the cup to overflowing; this they always do, for they dislike to appear stingy. As I left she said, “Do not forget to go and see my sister, and tell her that we are all well, and that God is kind to us. God bless her! is often our prayer.”

I saw her sister in Chicago in the winter of 1878. No one would ever think her to be a Lapp; her comely dress, her black eyes, dark hair, and high cheek-bones did not show it.
Her husband was a tailor, and they lived humbly but comfortably, and the piety of her northern home had followed her to her new one. Several Finmarken Laplanders have migrated to America, where they call themselves Norwegians. Some have become rich; one, especially, who lives in a brown-stone house, and has a large store. Many of the Lapps are well educated, and some are merchants and teachers in Norway; they are very intelligent and successful in business, and are much respected by the Norwegians.

Coming to the steep hills which led to the river, Nils stopped and tied our kerres together, with two of the reindeer behind to act as a drag. He gave me a short stick, the end of which I was to force into the snow, to steer by. Everything being ready he jumped into his kerres, with his legs out behind, and off we started at great speed. It would have been impossible to go directly down, for the snow was smooth and crusted, and the kerres would have run upon the legs of the reindeer; we therefore descended in zigzag, I expecting at every sharp turn to be thrown out.

We stopped at a farm called Birki, on the left bank of the river, having travelled from Gjusjavre, nearly ninety-four English miles. The farm was composed of four buildings. The dwelling-house was low and built of logs, with a roof heavily covered with earth. The room was about nine or ten feet long and seven or eight wide; a rough chimney in one corner; a bed and a wooden chest to sit upon formed the furniture. The annex was built of sod, and in the entry were wood, skins, and nets, while the other room was practically empty. Another house was built entirely of turf, and consisted of three rooms; one room contained a large quantity of moss for the cattle and reindeer, the central room was empty, and in the third were three cows, a calf, and five sheep; a huge kettle, in which moss was softening for the cows, hung beneath a large aperture in the roof. Two little log-houses, supported on wooden pillars, were the storehouses, and contained the flour, salt-fish, skins, clothing, and the worldly goods of the family. The mother and daughter fished in the river, mowed the hay, collected their winter moss, went after wood,
and worked as hard as any man; a faithful dog was their constant companion and protector.

It was late when we reached Kautokeino, and though it was the 7th of May the twilight was dimmer than at Vardø twelve days before. I did not recognize the Kautokeino of summer in the winter hamlet. I could not have come at a better season of the year; a week sooner or later would have been inopportune for my purpose. The beginning of May here is the moving season of the Laplanders. They were leaving their winter pasture-grounds, in the low lands by the rivers and woods, and were on their way to the higher lands and summer pastures near the fjords. It was important that they should leave before the thawing of the snow which floods the lower lands. Over sixty-five thousand reindeer are in the province of Finmarken alone.

Many reindeer passed before the hamlet. The sight of a large number moving on the vast snow-clad and trackless hills is very fine, especially when several herds are following each other. In the distance I often mistook them for black patches made by the tops of the birch-trees buried in the snow, and was undeceived only by discovering that the dark masses were moving forward. From the bluff overlooking the river, and 920 feet above the sea, I could see the Lapp girls and the men on snow-shoes urging on the herds, while the dogs brought the stragglers into the ranks, the mass gradually advancing till it appeared in the twilight like a black cloud on the horizon.

The hamlet was full of life. In summer, as we have seen, no one is at home. Every house was full of Laplanders, coming to see their friends and relatives, or to leave what they did not wish to transport, and to buy flour, coffee, sugar, etc. They slept as usual on the floor, on skins: the houses at that time being very full, were particularly dirty, and could not be cleaned till the crowd had left. In each room half a score of people had quartered themselves with the family, where they cooked their meat and fish, the bones and refuse of which were often thrown on the floor; all were either smoking or snuffing (for they are great snuff-takers),
singing, playing cards, laughing, or talking. The welcome to their friends was hearty, because several months would elapse before they would meet again. On such visits the guests bring their own provisions. The hospitality of the host is unbounded concerning lodgings; he generally receives a large piece of reindeer meat, or a pair of gloves or shoes, when a friend goes away. During his stay the guest treats his host and family to coffee, and they return the compliment with the same beverage; when they are very good friends, the wife will bake bread for them: the principal food is reindeer meat, but bread, butter, and cheese are also used. The amount of coffee drank by the Laplanders is very great, the coffee-kettle being constantly on the fire. The great bustle in Kautokeino begins at Easter, and continues till the 10th or middle of May.

It always amused me to see the Lapp babies in their kätkem or komse. These are made of a single piece of wood, and are

![Lapp Cradle](image)

about two and a half feet long by fifteen or eighteen inches wide, and are slung around the mother's shoulders, who often endures fearful storms in her winter wanderings. In cold weather an extra skin is thrown over it. The infants are kept in these cradles most of the time till they begin to walk.
The Lapp babies were kept very clean, each being thoroughly washed every day. Entering one of the houses, I saw a youngster lying on a skin on the floor, crying furiously. His mother, a tall, rather handsome woman, with dark chestnut hair and deep blue eyes, was standing by his side, and making preparation for the little fellow’s toilet before putting him to sleep in his cradle. The mother had before her a large wooden vase filled with warm water, in which she was dipping her hand to test its warmth, occasionally adding some that was cold. When all was ready she undressed the child, and, putting him in a long oval wooden basin or wash-tub, spread on it a cotton sheet; she then laid him in the sheet, the sturdy fellow yelling lustily all the time, when she sprinkled water over him, which acted like a charm, and he stopped crying at once; she washed him all over with her hand, and then rubbed him dry very gently. The cradle was covered at the bottom with fine, soft, well-dried lichens, over which a little cotton sheet was spread. The babe, stark naked, was laid in, the sheet turned down, with a coarse piece of vadmal and sheepskin over it; the whole was made fast by a cord laced through holes on each side of the cradle. This process did not entirely suit him, and he kept on crying till all was finished, and he was quieted by being nursed. Every day in summer the child went through the same process, which kept it free from vermin.

Late in April and early in May is the reindeers’ calving season; the period of gestation is thirty-three weeks: the little ones are either carried or put into a sleigh. When the reindeer cows call for their young they utter a peculiar grunt, which is answered by the calves. Many of the animals had already dropped their horns. The large ones resembled those of stags, but they are smaller: the reindeer is clumsier than the deer, with stouter limbs, shorter head, and a larger and wider muzzle, more like that of a cow; the hoofs are broader and much larger. The hair is gray, very coarse and thick, especially in winter, and sometimes two inches in length; the color is much darker on the back, and almost white under the belly; the young are lighter-hued than the adults. The color
often varies considerably among different herds, and frequently by this the ownership can be known.

The reindeer are never housed, for they like cold weather and snow. Food is never given them, and they will not touch the moss that has been gathered, unless brought up to do so.

Norwegian Lapp.

They often will not even raise their heads as you approach them, and remain quiet when the Lapps pitch their tents, as we have seen. Some years prove unfavorable to their increase on account of the amount of snow, which prevents them from digging for food; the herd then becomes weak and emaciated, and many die. The spring is also a bad time for them; the snow melts during the day and a thick crust forms at
night, so that their feet break through, causing lameness and disease. The horns of the males, which often weigh forty pounds, attain the full size at the age of five or six years, those of the cow at about four years. The time of dropping the horns in a herd varies from March to May; in the adult animal they attain their full size in September or at the beginning of October. After the age of eight years the branches gradually drop off. The shoulder-blades appear a little high, occasioning a slight hump or protuberance. Without the reindeer the Laplander could not exist in those northern regions: it is his horse, his beast of burden, his food, his clothing, his shoes, and his gloves.

Domestic reindeer are a curious admixture of wildness and tameness. In some respects they are greatly superior to other cattle; in a herd they are very easily managed; they usually keep close together, and in the winter season remain where they have been left to feed. When on the march, with the help of dogs, they go in a solid mass, and a herd does not scatter unless wolves are after them; but in summer they often wander a long distance when left by themselves, as is often the case. When harnessed they become uneasy and distrustful, and great caution has to be taken not to startle them. Often trained reindeer, like horses, become refractory or vicious and very difficult to manage, and then the Lapp shows his skill. In rutting time the meeting of two herds is very imposing, the bulls of each herd often advancing to charge each other.

The speed of the reindeer varies very much according to the time of the year, October, November, and December being the months in which they are fleetest, as then they are fresh from their summer pasture; the cold weather strengthens them, and they are not exhausted from digging the snow, not yet very deep, to procure their food. The rapidity of their gait depends much on the state of the surface. If this is well packed or crusted, and if previous furrows have been made, they go very fast. Much depends, too, upon the distance, and whether the country is hilly or not, with a long range of slopes. On the rivers, over well-packed snow and a good track, the animals can go twelve or fifteen miles the first hour, and down a
long mountain slope twenty miles, and even more. They can travel five or six hours without stopping; the first hour rapidly, the second more slowly, and towards the fifth or sixth quite slowly, for by that time they require rest and food. Early in the winter, when they are in good condition, one can travel with a swift reindeer one hundred and fifty miles in a day, where the country is not very hilly and the way good, and easily enough one hundred miles; the colder the weather the greater is the speed: seventy or eighty miles is a good average, but they were slow at the season of which I write.

From Kautokeino to Karesuando the country I had crossed in summer was left to the eastward. Time was so precious that I did not dare to go and see old Adam Triumph, and Kristina his wife; besides, Henrik Pintha, my guide, was in a hurry, for he knew that no time should be lost. We crossed the plateau dividing the waters of the Alten from those of the Muonio, the hills being sparsely clad with birch; and again, as in the summer, we passed over that part of Finland which is wedged between Norway and Sweden. We came across hundreds of ptarmigan on the route; they were losing their white feathers and turning gray, as also were the hares.

The Lapp is naturally a hunter, and from his youth knows how to handle a gun. Often after a heavy fall of snow he pursues the wolf on his snow-shoes and overtakes it, as the animal cannot run fast through the soft mass, and it is either shot, speared, or clubbed. In the North are numerous foxes, of which there are several varieties—the red, the white, the blue, and the black; the latter becomes tipped with white, and is then commonly known as the silver fox, while the blue becomes white in winter. The bears are superb, and vary in the color of their fur, some being black, but generally of different shades of brown. Birds of prey are not uncommon—among them the celebrated hunting falcon (*Falco gyr* *fa* *l* *e*); this bird is very rare; but the finest of all is the royal eagle (*Aquila chrysaetos*). There are several varieties of owls, including the snow-owl (*Strix nyctea*). The Swedish statistics for the province of Norbotten alone show that during ten years the government paid a premium on 257 bears, 437
wolves, and 787 gluttons. These wild animals are quite common in Norway. There had been killed over 5000 reindeer, and a large number of cows and sheep.

Our reindeer were not in the least afraid of guns, remaining perfectly still while the birds were shot from our kerres. The air was so rarefied, and the firing of our pieces made so little noise, that I thought they had been scantily loaded, until I saw the game fired at, a good distance off, fall dead. The birds were so little frightened that they would allow us to approach to within a few yards of them. The number of ptarmigan within the arctic circle is enormous; in Kautokeino alone the Lapps often trap and carry to the coast over ten thousand. When the sun began to thaw the snow we stopped at one of the lonely farms found in these northern wastes, on the banks of a small lake called Suajärvi, and bought a few ermines that had been trapped the night before. As we descended the slopes towards the Muonio fir-trees once more made their appearance. We crossed the river, and after a journey of twenty-four hours without sleep we reached Karesuando.

On the 10th of May I left Karesuando for the south. The weather was very stormy, snow falling heavily. My pesh, or fur dress, too warm the day previous, was comfortable now. Large herds of reindeer were met on the Swedish side, and now and then Laplanders with their baggage. Like the men the women walked, some carrying babies, who were carefully protected from the cold. These were the last Laplanders I was to see on this winter trip. I had already met over 60,000 reindeer; in a short time they would be unable to draw sledges, and the luggage would have to be carried as the engraving (from a photograph) represents, and the animals led in the manner I have described in the first volume (pages 131, 132).

In the midst of the storm I reached Kuttainen. I had to stop at the farm of good Ephraim Person, who had helped me so much on the journey across the mountains from Karesuando to Norway. The reader may remember how he cared for me then—how he deprived himself of his own bear-skin for my sake, for he had an idea that I suffered in that great storm. I
had promised to make him a visit on my return, and I could not pass the noble fellow’s home without saying farewell. The welcome was hearty, and nothing was too good for me. The hamlet was composed of ten or twelve farms, with about eighty head of cattle, six horses, and a large number of sheep.

The ice cracks and breaks were already numerous, and in many places the river was unsafe, though the snow was still deep on the surface. The sun was warm, and melted the upper crust, and the water filtered through. Numerous detours had to be made to avoid the dangerous places. Ephraim’s horse often floundered in the soft mass, though at night the thermometer stood at 22°. As it now became hazardous to travel with a horse, Ephraim and I had to part.

I stopped at Songamnudk, where fortunately the farmer had reindeer at home. Here I had still another illustration of the great honesty of the people. More than an hour after I left the farm the next morning I heard loud shouts behind, and saw a man coming towards us as fast as he could on snowshoes; he was in a dripping perspiration, for the surface was in a condition to make walking very fatiguing. He brought
me my gold watch and chain, which I had left under my pillow; the honest fellow had come eight or ten miles to overtake me. I had some difficulty in making him accept a small sum of money for his trouble, and I succeeded only by showing that I paid him for his loss of time, and not because he returned what did not belong to him.

I journeyed south as far as I could, fearing every day the breaking of the ice on the river. We had for a short time stopped wearing our winter shoes, they being only good for cold dry weather, when the surface is crisp, otherwise the skin becomes wet and soft. The summer foot-covering is made of leather prepared against moisture, and is of the same shape as the others, having a band to fasten above the ankle.

On the 17th of May I crossed the Torne, and breathed freely when I reached Pajala and the high-road. There was at least four feet of snow in the surrounding forest, but it was fast disappearing at the time of my arrival; and near the hamlet the fields were already bare. During the day the mercury reached 45° and 48° in the shade, and 86° and 88° in the sun; the nights were still cold, the thermometer marking 20° above zero, but every day the weather became milder. On the 22d of May it snowed, but the flakes were large and damp. On the 23d it rained, the first rain of the year, a thick mist falling all day, with the thermometer at 42°. This day was the advent of spring, which comes on quickly.

I had about a month to spare before the first steamer of the season would come to Haparanda. I could now converse in Finnish, though not so fluently as I wished, and I accordingly
wandered among the hamlets of the kind and hospitable Fin-
landers. I was no longer a stranger among them, but was
everywhere treated like a friend and brother, and I learned
more of their ways and language in that month than I had
during all my preceding journeys or visits to that part of the
country.
CHAPTER XVII.

Primitive Customs.—"Evil to Him who Evil thinks."—An Arcadian People.—The Sauna or Badstuga.—The Custom of Bathing every Saturday.—My First Steam-bath.—A Remarkable Sight.—Running for the Badstuga.—Inside the Badstuga.—Terrible Heat.—Raising more Steam.—Cold Water.—Flagellating each other.—Leaving the Badstuga.—The Delightful Sensation in the Cold Air.—Rolling on the Snow.—Back to the Farm.—Visitors to my Room.—A Primitive Scene.

The primitive customs described in this chapter exist in the most northern part of Sweden, Norway, and Finland, and are still met in some out-of-the-way places in other provinces, more especially in the region between the Gulf of Bothnia and North Cape, though formerly they were prevalent farther south, and probably all over Scandinavia. Some of them showed an innocent simplicity, which at first astonished me. What struck me most forcibly was that the people did not see the slightest immodesty in them, and there was an utter unconsciousness of any harm; which brought to my mind the English motto, *Honi soit qui mal y pense*—"Evil to him who evil thinks;" and on the principle of this motto the reader is requested to read this chapter. I am simply describing things I have seen during my travels. These customs, like many others, will disappear, and I wish to put on record what will soon be a thing of the past.

Had I been only once or twice on a visit to this country, unless staying very long each time, I should have been entirely ignorant of many of its customs. What I here state is not from hearsay, but the result of my own personal observations, which verify the fact that the more removed people are from the great centres of civilization the more primitive they are, the more strange their habits, and the more honest and simple their ways. Wherever I went I was received with demonstrations of joy or shouts of gladness. "Welcome back,
Paulus, from among the Lapps!” were the first words that greeted me at the farms or hamlets where I had tarried several times before. My way of living among the people as if I were a native, had won their confidence and esteem. In various ways they had heard who I was, and if any fear had ever come into their minds it had been entirely banished. Only as a friend and brother can one enter the privacy of the household, and get an actual insight into their real life.

My usual experience ran thus: I express the wish to take a warm bath, and at once the preparation begins. The cow-house undergoes a complete transformation; the great iron pot, encased in solid masonry in a corner, used to cook food for the cattle, is thoroughly cleansed and filled with water; when this has become heated the fire is extinguished; everything has been thoroughly swept, and new straw is spread around for me to step upon, so I shall not soil my feet: I am just in the kettle when a stout girl of twenty summers, more or less, jumps in, dress and all, saying, “Paulus, I have come to help you.” The words are hardly spoken before she begins to rub me with soap in a most forcible manner, and then to switch me with birch-twigs! The only thing to be done is to consider myself her little brother, and I submit in the meekest possible manner. I have been subjected to the same treatment, minus the switching, in Stockholm and other places, but by women old enough to be my grandmother.

One of the most characteristic institutions of the country is the Sauna (bath-house), called Badstuga in Swedish. It is a small log-house, built very tight, with no windows, having a single aperture above to let the smoke out; in the centre is an oven-like structure built of loose stones, under which a fire is kept burning till they are very hot; then the fire is extinguished, and the women clean the place thoroughly of ashes and soot, the smoke-hole having been in the mean time closed. A large vessel filled with water is placed within; a number of slender twigs, generally of young birch-trees, are put into it, to be used as switches. The bath-house stands by itself, and at some distance from the other buildings, for safety in case it should take fire. Every Saturday evening, summer
and winter, all over that northern country smoke is seen issuing from these structures. It is the invariable custom for all the household, on that day, to take a bath, for the work of the week is ended and the beginning of Sunday has come. After washing, all put on clean linen and their best clothes.

The stranger, the passing inhabitant of the cities, does not bathe with the people, for they are shy: he may have his bath, but all alone. It was only when they had come to regard me as one of themselves that I was allowed to accompany them; then the neighbors, old and young, would often come to bathe and keep company with Paulus. I remember well my first bath en famille. One Saturday afternoon a couple of young fellows, friends of mine, as the girls were giving the last touches in cleaning the badstuga, shouted, "Paulus, take a bath with us to-day!" "Yes, do," exclaimed the rest of the company, among whom were the father and mother of the large family. The weather was piercing cold, the ground covered with snow, and I was glad that the bathing-place was within a stone's-throw of the dwelling. From my window I noticed several maidens wending their way with rapid steps towards it, in a costume that reminded me of Africa, minus the color. I did not wonder at their speed, for the thermometer stood below zero. Soon three rather elderly women took the same route from a neighboring farm, but the two oldest were clothed with old skirts around their waists; other young women followed, and all were quickly lost to sight behind the door, which they at once shut. They must be about to hold a sort of levee in the bath, thought I. Several aged men then made their appearance, followed in quick succession by younger ones, and children of all sizes; none had on any clothing whatever, and they also joined the throng inside.

When I saw the field clear, I thought it was time to make a rush for the building. I emerged from my room at a running pace, for I was dressed as scantily as those who had preceded me. I hastily pushed the door open, and was welcomed by the voices of all the company as I closed it behind me. The heat was so intense that I could hardly breathe, and I begged them not to raise any more steam for awhile; the sudden II.—16
transition from twenty degrees below zero to such an atmosphere overpowered me. As my eyes became accustomed to the darkness of the place, by the dim light which came through the cracks of the door I began to recognize the faces of my friends. There were more people than usual, for all the neighbors had come to have a bath with Paulus. At first I seated myself on one of the lower benches built around, after awhile getting on the other above. More water was poured on the hot stones, and such a volume of steam arose that I could not endure it, so I jumped down again, and reclined in a half seated posture in order to breathe more freely. In a short time I was in a most profuse perspiration; again and again steam was raised by pouring water on the stones, till at last the hot air and steam became extremely oppressive.

Now and then we poured water on each other, which caused a delightful sensation of relief; then with boughs every one's back and loins were switched till they smarted severely. "Let me give you a switching, Paulus," a fair-haired damsel or a young fellow would say; "and after you get yours I want you to give me one." This operation is beneficial, as it quickens the circulation of the blood in the skin. In about half an hour the people began to depart, first submitting to a final flagellation, after which cold water was poured upon the body; then all went home as naked as they came. As I emerged from the hut the sensation was delightful, the breathing of the cold air imparting fresh vigor and exhilarating my spirits; I rolled myself in the snow, as did some others, and afterwards ran as fast as I could to the farm-house. In some places the men and women, as if by agreement, do not return together, and the old women wear something around their loins as they go to or come from the bath. I have gone out of the bath-house with the mercury at thirty-two degrees below zero. It is not dangerous to walk a short distance, as long as the perspiration is not suddenly and entirely checked.

On returning one does not dress at once, for he must get cool gradually and check the dripping perspiration. I had hardly been fifteen minutes in my room, when suddenly the door opened (the people here, as is the case in most parts
of Sweden, never knock at the door) and the wife, who had dressed herself, came in, and was not in the least abashed at my appearance; she talked with me as if I were in my morning-gown. The door opened again, and a grown daughter entered, and then another. I began to fear that all the neighbors were coming, as if to a reception. Though they did not seem in the least troubled, I was; I seated myself on a chair, however, and for a short time we carried on a rambling conversation; they then left, and I dressed myself and went into the stuga, or family room. At first I could hardly keep my countenance, for the sight was extremely ludicrous. There was a crowd of visitors, neighbors of different ages, and among them three old fellows—a grandfather, father, and an uncle—who were sitting upon one of the benches with legs crossed, minus a particle of clothing, shaving themselves without a looking-glass. Nobody seemed to mind them, for the women were knitting, weaving, and chatting. This was certainly a scene primitive enough. When the men had finished shaving clean shirts were brought, and they then dressed themselves while seated. The men usually shave once a week, oftener when courting, and always after the bath, for the beard then becomes soft.

These people are the only peasantry in Europe who take a bath every week, and they are very healthy. I never failed to bathe every Saturday. The custom described has come down from olden times; the Norsemen called Saturday Laugadag (washing-day), later Lögadag, and at present Lördag, but it is now chiefly observed in the regions of Scandinavia which we had crossed during the winter. Such habits can prevail only in a neighborhood remote from cities, where simplicity of manner has not been tampered with or modified by what are called higher types of civilization, and where a dissolute life is entirely unknown. From childhood the people have gone to the bath together, and their children are brought up in the same way; innocent of guile, they no more imagine harm in what they do while at the bath than if they sat down together at dinner in the customary way; still more, the statistics show no more moral a people in Europe. After the bath the wom-
en wear high-necked dresses, and are very particular in their deportment; no debased woman would be tolerated in any hamlet in that part of the country.

The custom of promiscuous bathing is a very ancient one in Europe, and prevailed extensively among our forefathers. Caesar, in his Commentaries, speaks of the Germans of his time as follows: "Those who remain chaste the longest bear the highest reputation among them; this they consider insures stature to some, to others manliness and strength. * * * They all bathe promiscuously in rivers, without distinction of sex, and wear skins or slight coverings of deer hides, a large part of the body being nude;"* and Tacitus, Pomponius, and other Latin writers add their testimony to the chastity and purity of the people.

Here, as in many districts of Norway and Sweden, the family, including even the men-servants, sleep in the same room; the women wear garments with long sleeves, and rest with their skirts on, while the men remain partly dressed. A manservant would feel himself greatly insulted, and believe the people of the farm thought him an unworthy person, if a special room were set apart for him, and no one would be willing to serve such a master. Servants, especially the girls, expect to be treated as members of the family. No farmer in those regions would venture to break through this long-established custom of equal rights, for it would raise a great outcry against him, and he would appear proud and haughty in the eyes of his neighbors. I asked the wife why she had not a special room for her working-man. He answered me himself: "Do you think I would remain in a family where I was treated like a dog, and sent to sleep in a room all alone, as if I were a villain? No, indeed; I will sleep only where the family does."

We must not be too hasty in condemning what we have

* "Qui diutissimé impuberes permanerunt, maximam inter suos ferunt laudem: hoc ali staturam, ali hoc vires nervosque confirmari, putant. Intra annum vero vicessimum foeminae notitiam habuisse, in turpissimis haben rebus: cujus rei nulla est occultatio, quod et promiscue in fluminibus perluuntur, et pellibus aut parvis rhenonum tegmentis utuntur, magna corporis parte nuda."
outgrown, or never known. Every day we witness customs which are not according to our ideas of propriety. We at times see a mother nursing her babe in public, but that certainly does not make her a woman deserving of reproach. In considering the subject we should bear in mind that if much has been gained by our advancing civilization, our ancestors were free from many of the vices which are the outgrowth of some civilized habits.
CHAPTER XVIII.

The Advent of Spring within the Polar Circle.—Rapid Transition.—Farmer's busy. —Whit-Sunday.—Emotional Religion in Church.—At Sattajärvi once more.—Whit-Monday.—A Warm Welcome.—Leave Sattajärvi.—Touching Parting.—The Farm of Varra Perrai.—Welcome Back everywhere.—A Fine Singer.—End of the Winter Journey.—Arrival at Haparanda.

The spring was coming now with rapid strides, although earlier than usual. On the 29th of May the highest temperature was 63° in the shade and 104° in the sun; on the 30th, 66° in the shade and 105° in the sun, with about the same temperature on the 31st; and the last three nights had been without white frost, which the people said was over. The grass in sheltered spots by the rocks was green; swallows made their appearance, and cuckoos were heard in the woods. These were the forerunners of summer, and the people hailed their appearance with joy. The birches were yet leafless, but the buds were ready to burst forth, and the pines and firs had already started with new life. People were busy everywhere, ploughing and manuring the fields. At the farm of Varra Perrai, about nine miles south of Pajala, I saw on the 29th of May the men ploughing, and a mother, two daughters, and myself sowed barley. The Varra Perrai farm was said to be more forward than those around Haparanda. The last week in May had been a hard one for the farmers. When Saturday came all were well-nigh exhausted, and the day of rest was awaited for as the day of relief.

May 31st was Pingst (Whit-Sunday). I went to church at Pajala, and witnessed there a striking scene of emotional religion. As the pastor was preaching a woman became greatly excited; she wept, shouted, and fell into a sort of hysterical fit; she thought her sins would never be forgiven, and that
she was doomed to everlasting punishment. Those near her tried to pacify and comfort her, but she only laid her head upon their shoulders and wept bitterly. During this time the clergyman was not in the least disturbed, but continued his sermon, in which there was nothing at all emotional or sensational. Even here persons sometimes become insane from religious excitement.

After the service I wended my way southward to the hamlet of Sattajärvi, where I was received with expressions of great joy. The natives of this place and myself had formed a mutual liking for each other from the first, and there is no village in the far North which has left more pleasant impressions of primitive simplicity and truthfulness on my mind than this one. These were the people who, in 1871, wanted Kristina to go to America with me, and who, this last winter, had brought Elsa Karolina to me as my interpreter and guide over the mountains to Norway. Father, mother, sons, and daughters were all very glad to see me again, and often would say, "Paulus, you are no more a stranger among us, and we think of you as one of ourselves." "Come dine with us to-day, Paulus," one would say, "for we have very nice fish, which we have just caught." (Enormous pike are found in those small lakes; they sometimes attain the size of four feet; there was a case in Kajana Lake where a man was bitten by one while swimming.) "Come and dine with us to-morrow," another exclaimed; and as I passed by, "Come in, Paulus, I have cooked a cup of coffee for you," would call some kind poor mother who could not afford more. Still others would bake fresh bread and make waffles, and the milk that had the thickest cream was sure to be for Paulus.

Monday was also kept as a holiday; no one was in the fields, and, as in many other hamlets, the young people enjoyed such innocent pastimes as blind-man's-buff, tag, singing in chorus, leaping, and a little flirting. I joined in the amusements, and was glad to find that none of the young farmers could leap as far as I did.

On the 4th of June there was quite a commotion in the place, for I was to leave that morning. They had come
from far and near to say good-bye, and many were to accompany me along the road for some distance; this was, indeed, a great compliment, for at that time of the year every hour was precious and could hardly be spared. When the horse and cart were ready, I was greatly touched by their demonstrative friendship—the warm clasping of hands, and the tears flowing down the cheeks of several mothers. They were really sorry I was leaving, and I felt sorry also. As we started the people shouted, “Farewell, Paulus! farewell, Paulus!” “Happy journey to America!” “God be with you, Paulus!” “Come again to Sattajärvi—come again!” As I passed the farm of Varra Perrai, the farmer Johan and his wife Brita Kajsa, with Eva Mathilda, their daughter-in-law, and the two daughters, Brita Kajsa and Sophia Helena, were watching for me. “Come in, Paulus, come in!” they cried; “you cannot pass Varra Perrai without eating,” and I had to tarry awhile; and so it went all the way. Wherever I was known I was requested to stop, either to take a meal or drink a cup of coffee, and was entertained to remain for the night, so that the journey of a couple of days took two weeks. Silver rings, buttons, scarf-pins, brooches, photographs, were given to me as mementos and keepsakes; and these, however humble they were, I have kept as souvenirs of this simple people.

Remains of heavy drifts were common on the hilly country between Kunsijärvi and Ruokojärvi. At Ruskola I was warmly welcomed by Grape and his wife. Farther on I spent a Sunday; in the afternoon we all met at one of the farms, and a young girl, eighteen years of age, delighted us with her sweet voice; she sang song after song, and I thought it was the sweetest and most pleasing uncultivated voice I had ever heard, which is saying a great deal for one who has travelled in Sweden.

The journey was drawing to a close. The last few days impressed me with the sudden change of the season; the heavy mass of snow disappeared very quickly, especially on the protected fields. Vegetation seemed to grow visibly; three days ago there were no leaves on the birches, now their buds had opened, the meadows were green almost all over, nature
smiled everywhere, and one could hardly credit the sudden transformation. The spring burst into summer at once; and the birds heralded joyously the advent of the short and beautiful season of that northern land. The cattle were let loose in the woods by the roads, to feed on the dry old grass of the preceding year; insect life appeared, and I even heard the hissing sound of the snok (*Coluber laevis*)—a snake two or three feet long, of a grayish color, which I had never met but in summer—as it crawled from under the stones which still protected a little patch of snow.

On the 16th of June I was once more in Haparanda. My winter journey was ended. Only a few snow-drifts, protected by the rocks, were here to be seen; on many of the fields the barley had now germinated, and the birches, with their young leaves, presented a charming sight. We were but a few days in advance of the season I had spent here in 1871, when on my way north.

We have wandered together, dear reader, in summer and in winter in these high latitudes, and I have gained my object if I have been able to give you a correct idea of "The Land of the Midnight Sun."
CHAPTER XIX.

Dalecarlia.—Remarkable Characteristics of the Dalecarlians.—Independence of the People.—Their Beautiful Traits.—Their Simple Life.—Children Tolls.—Falun.—The Copper-mines.—Reception by the Governor.—A General Letter of Introduction to the People.—From Falun to Leksand.—Thrifty Small Farms.—The Crowded Inn at Leksand.—A Friend in Need.—A Cordial Reception at Bröms.—Superb Specimens of Manhood.—Costume of Leksand.

There is a beautiful province in Central Sweden, lying north of the great lakes, called Dalecarlia,* with nearly two hundred thousand inhabitants. The people are peculiar and primitive, adhering with great tenacity to their old customs and national costume, and are the handsomest of the peninsular population of Scandinavia. I know of no peasantry or people in Europe who present a prouder bearing or possess a more independent spirit. They are manly, honest, and kind-hearted; proud of their ancient history, and of the warlike deeds of their forefathers, who, under the lead of Engelbrekt the Stures, and later led by a Wasa, expelled the invaders under whose yoke Sweden groaned. They are fond of equality, addressing every one, even their king, by the prefix du (thou). Their representatives in the Diet come to Stockholm dressed in the costume of their parish, and go in like manner to the receptions of the court. Entailed estates are unheard of among them; the torpare of the south of Sweden and the husmand of Norway are not known. Perfect social equality has always prevailed. Every parish has its church, and each has a costume which distinguishes its people from all others; one of their peculiarities that struck me was that the people of one parish very seldom marry with those of another. They are imbued with a deep religious feeling, and from their earli-

* Called by the Swedes Dalarne.
characteristics of the Dalecarlians.

Est childhood are taught to do right because it is right, and to hate wrong because it is wrong; and as, in their poor country, there are no great temptations to pursue wealth, they follow the even tenor of a simple and virtuous life. Though shy of strangers, their confidence won, they are kind and warm-hearted. To gain their affections one must put aside all pride and presumption, and, in a word, be like one of them. Quick to appreciate a kindness, they are grateful for even the smallest token of friendship. When admitted to their intimacy and regard, a stranger is heartily welcomed to their homes; he has hardly entered before the wife or the daughter is busy arranging on the table a simple meal of the best they have, of which he is earnestly requested to partake, and entreated to eat more. I was constantly hearing such expressions as, "Paul, you must eat more; you must drink more; you must not be bashful." The best room and bed were invariably for me. They are not rich, for the farms are small and poor in most districts, and the families are large; but they are very thrifty and happy in their simple life, and merry when the hours of work are over. Often on a summer evening one hears in the distance the sound of music (an accordion or a violin), for the young men are on their way from farm to farm to serenade the maidens. On Sunday morning crowds are seen driving or walking to the large parish churches; in the afternoon visits are made; and in the evening the young folks often indulge in innocent plays or in a dance.

One should visit the country between the middle of May and midsummer, for after that the hamlets and farms are deserted, and especially should one spend Sunday there. To the tourist the four most interesting parishes are Leksand, Rättvik, Mora, and Orsa, for in these the people have preserved a more Arcadian simplicity; I know of no other province in Scandinavia that has left on me a more delightful impression. The landscape in Dalecarlia is soft and sylvan; many of the hills are clad with woods, and streams and lakes abound; there are also large tracts of swamp-land covered with forests. As you drive through the charming and diversified district, and luxuriant fields dotted by farm-houses, you are suddenly arrested
by a gate built across the road to prevent the cattle from straying, and to protect the distant fields and meadows; as you approach, the children, who have been on the watch, are seen coming to open the gate, and as you pass they range themselves in a line, trying to look unconcerned, but really greatly excited. Their looks seem to say, "We have been here all day long, and you have not been obliged to get out and open the gate yourself." On giving them a few öre as a reward, an amicable scramble occurs for their possession; but there is no quarrelling, and an honest division takes place.

Three days before midsummer I found myself in the clean little city of Falun, with a population of about six thousand; it is the chief town of Dalecarlia, celebrated for its copper mines, which have given the län the name of Stora Kopparberg (big copper hills). These mines are among the oldest in Europe, and are known to have been worked for more than six hundred years. In a document of King Magnus Smek, seen in the Museum at Stockholm, dated 1347—which begins, "Magnus, King of Norway, Sweden, and Skåne"—these mines are mentioned as very ancient, and certain privileges are granted to the miners. In old times the master miners considered themselves equal to the highest of the land, and were called bergsadel (mining nobles); many of their properties were exempt from taxes, except in men or horses for the king's army. At that period the miners came out early on Saturday, bathed themselves, and on Sunday followed their bergsmänn to the church. It is said that at weddings or feasts each wealthy noble came with his retinue of miners. Some of the mine-masters were very rich, and their horses are said to have been shod with silver.

The city of Falun is comparatively modern, and was founded by Queen Kristina in 1641. Charles XI. took great interest in the well-being of the miners, and in their spiritual welfare. He composed a prayer expressly for the mining population. After his death, Charles XII. sent a number of texts, chosen by his father, as the subjects most fit to be preached to them, viz.: Gen. iii. 17–19; Deut. viii. 7–9; Deut. xxxiii. 19; Gen. xlix. 25; Deut. xxxiii. 25; Job xxii. 23, 24, 25, 26, 27, 28;
Job xxviii. 1, 2, 3, 9, 10; Psa. xxiii. 4; Psa. lxvii. 6, 7, 8; Psa. xc. 17; Psa. xci. 11, 12; Psa. cvii. 21, 22.

A museum connected with the mines is well filled; and the mines themselves are well worth visiting, as the most improved machinery is used. The fumes from the smelting-house destroyed for a considerable distance all kinds of vegetation; but the same influence, as a compensation, has hitherto preserved this region from the cholera and other pestilences.

I tarried awhile in the city, in order to present my letter of introduction to Herr De Maré, the Governor of the province, who received me with the unpretending but none the less earnest Swedish manner, and expressed much pleasure at meeting me before his departure, on a vacation, for the southern part of the country. Like myself, the Governor was of French descent; he was also of Huguenot extraction. His accomplished consort, like himself, spoke English and French. "When do you intend to start?" inquired he. "Immediately after my visit to you," said I. "We cannot let you go without taking a quiet Sunday dinner with us to-morrow," he said, adding, "it will give me time to write some letters of introduction for you; and then we can talk quietly together, and I may perhaps give you some good advice." I gladly accepted the kind offer, saying that I should feel obliged if the letters were addressed chiefly to the Dalecarlian bönder, for I wanted very much to become acquainted with them. The next day I spent some delightful hours at his residence. Three friends had been invited to meet me, and I found, as I always did in Swedish gentlemen's homes, that affable simplicity of manner which refinement and good-breeding only can give, and which makes the stranger feel at ease at once. When I left, the Governor handed me five letters, explaining for whom they were; and, besides, gave me a general letter of introduction to every one in the province:

As the bearer hereof, Mr. Du Chaillu, from New York, world-renowned both for his travels of exploration (undertaken especially into the interior of Africa), and as an author, has the intention of going through Dalecarlia and spending some time there, in order to acquire a knowledge of its nature, country, and people, it is therefore my friendly request to every one of its inhabitants, whom Mr. Du Chaillu
may solicit, to extend to him all the assistance and all the information he may require for the attainment of the object of his visit, and to make his sojourn in Dalecarlia an agreeable one to him.

De Maré,
Governor of Stora Kopparbergs Län.

Falun, June 22d.

The high-road to Leksand, just after leaving Falun, presents for some distance a very barren aspect, because of the masses of mineral refuse piled there for centuries, and the absence of vegetation due to the fumes of sulphur; but after awhile the landscape becomes cheerful, and all the more beautiful from the sudden contrast. The farms are numerous, their buildings painted red with white borders; the houses are not large, but look tidy and thrifty, being often surrounded by orchards of apple-trees, and little plantations of hops; luxuriant fields of wheat, rye, barley, oats, potatoes, flax, and hemp, and wooded hills gladdened the eye. Many vehicles of all sorts and carts loaded with goods were passing along the dusty road. Hours had to be spent at the post-station by those who had not ordered in advance a forbud, and even by some who had: it was amusing to watch those who upon their arrival expected to get a horse or two at once, and who with smiling faces made the request: the sudden change of countenance when told that they would have to wait six or eight hours, or perhaps till the following morning, seemed not to indicate satisfaction.

The perfume of that beautiful little flower, the Linnaea borealis, at this time filled the atmosphere; wild raspberries and brambles lined the roads, and the yellow anemone and other wild-flowers enlivened the landscape. After driving through a charming country for about thirty-five miles I crossed the Österviken on a floating bridge, and alighted before the comfortable inn at Leksand. The place was crowded by Swedish tourists who had come to see the midsummer festival, and I could obtain only a small room with two other travellers. Knowing the dread Swedish people have of open windows and draughts for ventilation, and being certain, as the weather was very warm, that no fresh air would be allowed to enter at night, I concluded that, as the choice of evils, I would rather
sleep under a tree, wrapped in a blanket, or in a hay-barn. I declined, therefore, the accommodations at the inn, and the landlord expressed himself as being very sorry not to be able to provide for me.

In my dilemma I suddenly remembered that one of my letters of introduction was to a farmer by the name of Bröms Olof Larson, who, I had been told, lived not far from the church. In Dalarne, as in Norway, every farm has a name, but here it is put before the name of the person. His house was near the bridge I had crossed; so, leaving my luggage at the inn, I inquired the way there. When I reached the place, I was shown up-stairs, and found myself in the midst of a gathering of Leksand farmers, who impressed me at once by their noble bearing; they seemed astonished at my sudden arrival, as they knew me at once to be a foreigner. "Is Bröms Olof Larson here?" I inquired. A handsome man came towards me, and said, "Here I am." I gave him the letter of the Governor, after reading which he shook hands cordially, and bade me welcome to Bröms, the name of his farm. "Welcome to Dalarne," they all said, after I had been presented to each. Swedish punch and wine were served, and in the course of conversation I mentioned that I could not get a room at the inn. "You shall have one here," said Bröms Olof. "Where is your baggage?" "At the gästifvaregård." "Wait a little," said he; "we will go with you; we have some business to transact relating to the affairs of our parish."

Such was my first acquaintance with Dalecarlia. I could not help admiring the men who surrounded me, as I was introduced to one after the other, for some of the handsomest specimens of Dalecarlian manhood were here represented. "I have a letter for the riksdagsman of the present Diet, Liss Olof Larson." "There he is," said my host, pointing to a man six feet three inches in height, and stout in proportion, with beautiful and expressive eyes, and honest face. Near him stood his father, who had formerly been riksdagsman, still taller—within a fraction of six feet four inches. Bröms Olof himself was of medium height, with regular features, bright eyes, and exceedingly intelligent expression of countenance.
Soon afterwards Bröms Olof, the riksdagsman, and I were on our way to the inn for my luggage; both insisted on carrying it themselves, and no others, not even myself, were allowed to touch it.

The holiday costume of the men of Leksand is sombre: they wear long dark-blue or black coats, falling below the knee, knee-breeches of the natural color of the hides, a waistcoat of the same material, or sometimes of cloth, thick white woollen stockings, shoes—many now wear the modern laced boots—and a woollen scarf around the neck; they part their
hair in the middle, and wear round felt hats; as they leave the church on a Sunday in this costume they look very demure. On week-days they wear a long yellow leather apron, which hangs from the neck.

The Leksand woman's skirt, of a thick blue-black wool, nearly reaches the ankles, allowing the shoes and white stockings to be seen; the body of the dress is made either of leather, red wool, or silk, disclosing the white sleeves of the chemise; the apron is of a bright color, with longitudinal or transverse bands. The head-dress is ungraceful, as the cap fits closely to the head and hides all the hair in front and back; it is of a bright color, with a white border; on Sundays or festive days those of married women are of white linen. The children, both boys and girls, are most picturesquely dressed in canary-colored clothes, with little caps, from under which the hair hangs on the back. In winter the Dalecarlians of both sexes, of the four parishes I have mentioned, wear sheepskin coats with the wool inside.

I was not long in making friends in Leksand. The news spread that an American had come with letters from the Governor to Bröms Olof and the riksdagsman, and that he had been welcomed at the parsonage, and had dined there. Those who had relatives in America wished me to come and see them, and consequently it was natural that I should easily win the regard of these kindly people, and gain a hearty welcome during my different visits in their country; and if the many hundred letters I have received in America—some of them breathing most intense friendship, as the reader will see hereafter—are any proof of love and regard, I can truly say that I entirely succeeded in gaining their affections.
CHAPTER XX.

Midsummer in Sweden.—Gala Appearance all over the Country.—The Majstång, or May-pole.—Where to be on a Midsummer-day.—Midsummer by Lake Siljan.—The Boats coming towards the Church.—The People flocking to Church.—An Impressive Sight.—Communion-service.—Babies in Church.—A Special Room for Babies.—A Large Parish.—Leaving the Church.—The Parsonage at Leksand.—Åkerö.—The Farm of Knubb.—A Characteristic Room.—Going to the Fair.—On a little Steamer.—Good-natured Folks.—Mora.—A Crowded Inn.—Comfortable Quarters at a Farm.—The Parish Church of Mora.—A Representation of the Devil.—Utmland a Sacred Spot.—The Mora Costume.—The Fair.—The Crowded Booths.—The Goldsmiths' Booths.—Warm Weather.—A Country Show.—A Tame Bear.—A Lull at the Fair.—The People Feeding.—Love-making.—A Hilarious Crowd.—The End of the Fair.

Midsummer (24th of June) is, after Christmas, Sweden’s most merry festival; the longest days have come, and the whole population seem to be bent on celebrating the advent of summer. At the seaports vessels are dressed with boughs of birch; in the towns the horses, driving-wagons, omnibuses, and other vehicles are clad with branches of trees; but it is in the country that the festival is most popular, and there the people flock in great numbers towards the Majstång (May-pole), which is raised in every hamlet and village. On midsummer-eve the maidens and lads adorn it with evergreens and garlands of flowers, and in some districts with colored egg-shells, gilded hearts, and festoons of light paper.

On this occasion the traveller in the country sees everywhere signs of gladness; on the porches of the farm-houses, around the windows, at the gates leading to the lanes, green boughs and festoons are conspicuously displayed. He hears music in every direction, and sees crowds of merry dancers around the May-poles. There are no parts of Scandinavia where the midsummer-day is more interesting than on the shores of Lake Siljan, in the parishes of Leksand, Rättvik,
Mora, and Orsa, on account of the great number of people who crowd the large churches, and the stranger should not fail to be at one of these places for this festival.

All over Dalecarlia, on midsummer-eve, the dalkulla (young woman) comes with flowers, and the dalkarl (young man) with evergreens, to adorn the May-poles, amidst joyous shouts and merry-making. The fervid religious nature of the Scandinavian rural population leads them to celebrate all festivals by first going to church.

Early morning found me in a fir grove on a bluff overlooking Lake Siljan; the Leksand church, though near, being hidden from view. The weather was delightful, the water of the lake without a ripple, and like a sheet of glass. At five o'clock I was watching the boats from the hamlets rowing along the shore on their way to the church. Many were so distant that they appeared at first like black spots, which gradually became larger as they came nearer, and the number increased rapidly; then the moving of oars could be seen, and the shapes of the boats distinguished: the red bodices of the women's dresses shone brightly as their wearers also assisted in the pulling. As they came to the shore I saw that the boats were thirty-five to forty-five feet in length, and crowded, some containing as many as seventy persons. Now and then from a boat came a whole family, from grandfather to great-grandchildren, and babies in arms: all looked as demure as Quakers as they wended their way towards the church, whither I followed the crowd. By land, also, vehicle after vehicle discharged its load of people, the horses being hitched around the church. Many were seen coming on foot; every girl carried in one hand a little bouquet of wild-flowers, while in the other was her prayer-book, carefully wrapped in a handkerchief which she had herself embroidered; this handkerchief is thick, and frequently partakes somewhat of the character of a small table-cloth. From her apron hung a pouch, also adorned with embroidery, containing a lunch of bread, butter, cheese, and a few young onions, of which the people are very fond. The leather strings of the apron are sometimes worked with colored wools, ending in leather tassels or pieces of gaudy silk.
The church-yard was crowded with men and women, each sex by itself, waiting for the service to begin—some wandering among the tombs to place flowers on the grave of a relative or friend. On the shady side of the church, near one of the entrances, some people were busy reading their prayerbooks while the children were playing. The scene was strikingly like that of the painting by Exner, of which I give a copy, and no sketch could be more truthful. The women who were to participate in the communion were especially solemn; they wore a peculiar broad white cap, somewhat similar in shape to those worn in Hardanger as a sign of mourning, to indicate that they were sorry for their sins. The young maidens are so particular at this time that their lovers for a week beforehand do not venture to visit them, and even a few days must elapse after the ceremony before they are allowed to continue their courtship.

The parish church at Leksand is in the shape of a Greek cross, and is an imposing structure; it is situated on the southeastern side of Lake Siljan, near its outlet, where its white walls, embowered in shady trees, glisten in the rays of the sun. About five thousand persons were in the sacred edifice, which can seat nearly four thousand people, the women and the men apart. I was in the gallery facing the altar, in the pew of the old riksdagsman, who now and then showed me where I could follow the service in my book. The sight was very impressive; during the singing the whole congregation accompanied the organ with a fervor which could not be surpassed; and the colors of the dress of the women, with the sober costume of the men, made a scene picturesque in the extreme. The sermon was listened to with attention; even the shrill cries of several babies—of whom there were, perhaps, two hundred in the church—did not seem in the least to disturb the worthy pastor or his congregation, who evidently were accustomed to that accompaniment of the service. Mothers would often get up and go to the room which was built especially for their use, and which is entered from the church, to minister to the wants of the little creatures.

On account of the great extent of the parish, and the large
OUTSIDE THE CHURCH AT LEKSAND. FROM A PAINTING BY EXNER.
PARTAKING OF THE COMMUNION.

number of parishioners, the communion is administered every Sunday. A great many advance to the altar—an equal number of men and women—each sex taking half of the space at the railing, and after partaking of the bread and wine retiring, with bowed heads, to their seats. During the ceremony the whole congregation participates in chanting the old tunes used at the time of the Reformation. On some occasions only a very few people were seen at the communion-table, for those who partook of the sacrament could not engage in the festivities of the day. At the conclusion of the service the vast congregation retired, slowly and quietly, in a most demure and sober manner. Beyond the church-yard groups were formed, greeting each other, and many protected themselves from the sun beneath the shade of a very fine avenue of birch-trees. Others went to pay their respects to the pastor, who, with his wife, welcomed all with a pleasant smile, inquired about their families, congratulated some on their good fortune, or had a word of sympathy for those who were sorrowful, while two or three of the leading farmers were invited to remain for dinner. The parsonage was a fine building, surrounded by extensive grounds, and having an excellent view of the river. The living was considered one of the best in Sweden. As the parish is large, the pastor has two or three assistants to aid him in his duties.

The people of Leksand are among the most thrifty and prosperous in Dalecarlia; their soil is pretty good, and the farmers are quite energetic; some of the more far-seeing had succeeded in buying in various parishes (from their more simple brethren) large wooded tracts at comparatively small prices: this species of property had risen so much at one time that some had thereby become wealthy, much to the chagrin of those who disposed of their land and trees at a time when prices were lower. The farms are models of tidiness; the houses are painted a bright red, with white borders around the windows, and porches have tiled or shingled roofs; nearly all houses have a kitchen-garden, with gooseberries and currants, and often an apple-orchard. The people are exceedingly fond of onions, and every one cultivates a bed or two of these.
Before going farther, let us wander awhile among the people of Leksand. On the other side of Södra Noret is the hamlet of Åkerö, and among its farms are Knubb, Lång, and Ersters. Knubb may be considered a typical farm of the parish. The buildings form a square, entered through a porch, on one side of which is a dwelling-house, with two rooms exclusively for guests; opposite is the hay-barn, used for threshing grain, etc.; here also is a porch.

The dwelling-house proper is entered by a small hall, from which a door near the front opens into the daughter's room. On the sides of the hall are two doors, leading into large rooms which form the rest of the house; that on the left is the dagligstuga (or family-room), in which is a large loom for weaving linen or wool and two or three spinning-wheels; in one corner is the open fireplace where the cooking is done; also a table of plain boards, with a few benches and chairs. In the chamber on the right, where the clothing of the family is kept, are some chests and a looking-glass; and on one wall, written on a piece of paper, "The congratulation of Erik to his wife," commemorative of one of her birthdays. On poles hang numerous woven skirts belonging to the wife, many of them new, with bodies of the dresses in bright colors or skin, and some belonging to the daughters, with stockings, undergarments, white bodices, aprons, and bright embroidered handkerchiefs in which to carry prayer-books to church. The girls had taken several years to weave these, and felt great pride in their wardrobes, the products of their own industry, which are always ready when they are about to be married, that they may have a trousseau worthy of their station and the wealth of the family. Several rolls of broadcloth, to be made into garments, the Sunday clothes of the husband and boys, and others for the daily use of the children, are distributed in an orderly manner; and winter garments of sheepskin, as soft as chamois, some trimmed with fur, have their appropriate places.

On the other side, opposite the porch, is a house, the lower floor of which is used as a store or larder; the upper part, reached by steep, ladder-like stairs, is the weaving-room in